Yoga BINGO

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Safety First!

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 3 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/yc8jn

Play

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next page you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 3.

Virtual Bingo

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to myfreebingocards.com/virtual-bingo.

Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to https://myfreebingocards.com/faq where you will find solutions to most common problems.

Share

Pin these bingo cards on Pinterest, share on Facebook, or post this link: mfbc.us/s/yc8jn

Edit and Create

To add more words or make changes to this set of bingo cards go to mfbc.us/e/yc8jn

Go to myfreebingocards.com/bingo-card-generator to create a new set of bingo cards.

Legal

The terms of use for these printable bingo cards can be found at myfreebingocards.com/terms.

Have Fun!

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

Bingo Caller's Card

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

Boat Pose	Plank Pose	Triangle Pose	Staff Pose	Lunge Pose	Tree Pose	Easy Pose
Flower Pose	Child’s Pose	Mountain Pose	Chair Pose	Warrior 2 Pose	Locust Pose	Dancer’s Pose
Warrior 3 Pose	Cat Pose	Cobbler’s Pose	Cow Pose	Downward-Facing Dog Pose	Eagle Pose	Happy Baby Pose
Hero Pose	Resting Pose	Squat Pose	Extended Mountain Pose			

Bingo Card ID 001

Yoga BINGO

Resting Pose	Chair Pose	Happy Baby Pose	Cow Pose	Lunge Pose
Extended Mountain Pose	Mountain Pose	Squat Pose	Locust Pose	Cobbler's Pose
Staff Pose	Dancer's Pose	FREE SPACE	Triangle Pose	Cat Pose
Warrior 2 Pose	Eagle Pose	Boat Pose	Flower Pose	Warrior 3 Pose
Easy Pose	Downward-Facing Dog Pose	Child's Pose	Plank Pose	Hero Pose

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Bingo Card ID 002

Yoga BINGO

Squat Pose	Hero Pose	Mountain Pose	Resting Pose	Eagle Pose
Extended Mountain Pose	Dancer's Pose	Plank Pose	Staff Pose	Cow Pose
Warrior 2 Pose	Easy Pose	FREE SPACE	Child's Pose	Cat Pose
Flower Pose	Cobbler's Pose	Chair Pose	Triangle Pose	Boat Pose
Happy Baby Pose	Lunge Pose	Downward-Facing Dog Pose	Tree Pose	Locust Pose

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Bingo Card ID 003

Yoga BINGO

Plank Pose	Locust Pose	Squat Pose	Easy Pose	Flower Pose
Tree Pose	Cow Pose	Warrior 3 Pose	Chair Pose	Triangle Pose
Dancer's Pose	Hero Pose	FREE SPACE	Resting Pose	Cat Pose
Mountain Pose	Downward-Facing Dog Pose	Staff Pose	Boat Pose	Eagle Pose
Warrior 2 Pose	Lunge Pose	Happy Baby Pose	Extended Mountain Pose	Cobbler's Pose

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Bingo Card ID 004

Yoga BINGO

Triangle Pose	Happy Baby Pose	Staff Pose	Cobbler's Pose	Hero Pose
Cat Pose	Locust Pose	Lunge Pose	Warrior 2 Pose	Squat Pose
Resting Pose	Plank Pose	FREE SPACE	Warrior 3 Pose	Dancer's Pose
Child's Pose	Easy Pose	Eagle Pose	Cow Pose	Tree Pose
Extended Mountain Pose	Mountain Pose	Chair Pose	Flower Pose	Boat Pose

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Bingo Card ID 005

Yoga BINGO

Happy Baby Pose	Cobbler's Pose	Triangle Pose	Dancer's Pose	Boat Pose
Eagle Pose	Squat Pose	Mountain Pose	Cat Pose	Tree Pose
Warrior 3 Pose	Chair Pose	FREE SPACE	Warrior 2 Pose	Extended Mountain Pose
Flower Pose	Cow Pose	Child's Pose	Locust Pose	Easy Pose
Resting Pose	Downward-Facing Dog Pose	Staff Pose	Plank Pose	Hero Pose

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Bingo Card ID 006

Yoga BINGO

Happy Baby Pose	Chair Pose	Resting Pose	Cow Pose	Warrior 3 Pose
Child's Pose	Mountain Pose	Dancer's Pose	Hero Pose	Squat Pose
Locust Pose	Boat Pose	FREE SPACE	Plank Pose	Lunge Pose
Flower Pose	Eagle Pose	Staff Pose	Triangle Pose	Warrior 2 Pose
Extended Mountain Pose	Easy Pose	Tree Pose	Cobbler's Pose	Cat Pose

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Bingo Card ID 007

Yoga BINGO

Warrior 2 Pose	Child's Pose	Lunge Pose	Staff Pose	Warrior 3 Pose
Downward-Facing Dog Pose	Squat Pose	Mountain Pose	Cow Pose	Flower Pose
Dancer's Pose	Plank Pose	FREE SPACE	Extended Mountain Pose	Cat Pose
Locust Pose	Happy Baby Pose	Hero Pose	Easy Pose	Boat Pose
Triangle Pose	Resting Pose	Eagle Pose	Cobbler's Pose	Tree Pose

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Bingo Card ID 008

Yoga BINGO

Warrior 2 Pose	Resting Pose	Eagle Pose	Extended Mountain Pose	Boat Pose
Child's Pose	Triangle Pose	Cat Pose	Happy Baby Pose	Cobbler's Pose
Squat Pose	Plank Pose	FREE SPACE	Locust Pose	Dancer's Pose
Cow Pose	Tree Pose	Chair Pose	Warrior 3 Pose	Flower Pose
Lunge Pose	Easy Pose	Downward-Facing Dog Pose	Mountain Pose	Hero Pose

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Bingo Card ID 009

Yoga BINGO

Eagle Pose	Easy Pose	Hero Pose	Staff Pose	Cat Pose
Happy Baby Pose	Cobbler's Pose	Cow Pose	Flower Pose	Resting Pose
Plank Pose	Locust Pose	FREE SPACE	Warrior 2 Pose	Dancer's Pose
Mountain Pose	Tree Pose	Downward-Facing Dog Pose	Lunge Pose	Child's Pose
Extended Mountain Pose	Boat Pose	Squat Pose	Chair Pose	Warrior 3 Pose

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Bingo Card ID 010

Yoga BINGO

Triangle Pose	Staff Pose	Lunge Pose	Chair Pose	Child's Pose
Mountain Pose	Downward-Facing Dog Pose	Dancer's Pose	Cat Pose	Boat Pose
Hero Pose	Warrior 3 Pose	FREE SPACE	Resting Pose	Easy Pose
Squat Pose	Flower Pose	Warrior 2 Pose	Happy Baby Pose	Tree Pose
Cobbler's Pose	Extended Mountain Pose	Plank Pose	Eagle Pose	Cow Pose

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Bingo Card ID 011

Yoga BINGO

Chair Pose	Tree Pose	Resting Pose	Cat Pose	Cow Pose
Locust Pose	Eagle Pose	Happy Baby Pose	Hero Pose	Squat Pose
Downward-Facing Dog Pose	Warrior 2 Pose	FREE SPACE	Lunge Pose	Warrior 3 Pose
Flower Pose	Mountain Pose	Plank Pose	Staff Pose	Child's Pose
Triangle Pose	Boat Pose	Dancer's Pose	Cobbler's Pose	Extended Mountain Pose

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Bingo Card ID 012

Yoga BINGO

Mountain Pose	Downward-Facing Dog Pose	Locust Pose	Chair Pose	Dancer's Pose
Easy Pose	Hero Pose	Extended Mountain Pose	Tree Pose	Cow Pose
Flower Pose	Squat Pose	FREE SPACE	Cat Pose	Warrior 3 Pose
Warrior 2 Pose	Happy Baby Pose	Triangle Pose	Resting Pose	Eagle Pose
Child's Pose	Boat Pose	Plank Pose	Lunge Pose	Staff Pose

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Bingo Card ID 013

Yoga BINGO

Squat Pose	Warrior 3 Pose	Cobbler's Pose	Eagle Pose	Easy Pose
Hero Pose	Child's Pose	Cow Pose	Warrior 2 Pose	Locust Pose
Mountain Pose	Staff Pose	FREE SPACE	Resting Pose	Dancer's Pose
Downward-Facing Dog Pose	Boat Pose	Lunge Pose	Cat Pose	Extended Mountain Pose
Triangle Pose	Chair Pose	Flower Pose	Happy Baby Pose	Tree Pose

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Bingo Card ID 014

Yoga BINGO

Easy Pose	Warrior 3 Pose	Cobbler's Pose	Flower Pose	Hero Pose
Child's Pose	Squat Pose	Plank Pose	Extended Mountain Pose	Locust Pose
Dancer's Pose	Tree Pose	FREE SPACE	Mountain Pose	Boat Pose
Happy Baby Pose	Lunge Pose	Cat Pose	Triangle Pose	Cow Pose
Staff Pose	Resting Pose	Warrior 2 Pose	Eagle Pose	Downward-Facing Dog Pose

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Bingo Card ID 015

Yoga BINGO

Downward-Facing Dog Pose	Eagle Pose	Happy Baby Pose	Mountain Pose	Chair Pose
Plank Pose	Triangle Pose	Hero Pose	Cow Pose	Cat Pose
Locust Pose	Cobbler's Pose	FREE SPACE	Staff Pose	Squat Pose
Resting Pose	Warrior 3 Pose	Extended Mountain Pose	Dancer's Pose	Warrior 2 Pose
Boat Pose	Tree Pose	Child's Pose	Lunge Pose	Flower Pose

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Bingo Card ID 016

Yoga BINGO

Cat Pose	Locust Pose	Flower Pose	Warrior 2 Pose	Dancer's Pose
Triangle Pose	Tree Pose	Squat Pose	Warrior 3 Pose	Hero Pose
Plank Pose	Lunge Pose	FREE SPACE	Boat Pose	Happy Baby Pose
Easy Pose	Mountain Pose	Resting Pose	Extended Mountain Pose	Eagle Pose
Staff Pose	Cobbler's Pose	Downward-Facing Dog Pose	Chair Pose	Cow Pose

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Bingo Card ID 017

Yoga BINGO

Happy Baby Pose	Locust Pose	Cow Pose	Warrior 2 Pose	Warrior 3 Pose
Cobbler's Pose	Downward-Facing Dog Pose	Chair Pose	Staff Pose	Eagle Pose
Easy Pose	Hero Pose	FREE SPACE	Boat Pose	Extended Mountain Pose
Mountain Pose	Flower Pose	Child's Pose	Tree Pose	Lunge Pose
Plank Pose	Resting Pose	Triangle Pose	Cat Pose	Dancer's Pose

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Bingo Card ID 018

Yoga BINGO

Flower Pose	Chair Pose	Boat Pose	Cobbler's Pose	Squat Pose
Hero Pose	Resting Pose	Locust Pose	Lunge Pose	Plank Pose
Triangle Pose	Happy Baby Pose	FREE SPACE	Extended Mountain Pose	Easy Pose
Eagle Pose	Staff Pose	Dancer's Pose	Downward-Facing Dog Pose	Cow Pose
Child's Pose	Cat Pose	Mountain Pose	Tree Pose	Warrior 2 Pose

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Bingo Card ID 019

Yoga BINGO

Dancer's Pose	Extended Mountain Pose	Warrior 3 Pose	Flower Pose	Easy Pose
Child's Pose	Eagle Pose	Cobbler's Pose	Hero Pose	Lunge Pose
Plank Pose	Warrior 2 Pose	FREE SPACE	Resting Pose	Cow Pose
Staff Pose	Mountain Pose	Downward-Facing Dog Pose	Squat Pose	Cat Pose
Boat Pose	Happy Baby Pose	Tree Pose	Locust Pose	Triangle Pose

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Bingo Card ID 020

Yoga BINGO

Hero Pose	Staff Pose	Dancer's Pose	Locust Pose	Boat Pose
Mountain Pose	Lunge Pose	Downward-Facing Dog Pose	Happy Baby Pose	Chair Pose
Warrior 3 Pose	Tree Pose	FREE SPACE	Extended Mountain Pose	Flower Pose
Eagle Pose	Squat Pose	Child's Pose	Triangle Pose	Warrior 2 Pose
Plank Pose	Cat Pose	Cow Pose	Cobbler's Pose	Easy Pose

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Bingo Card ID 021

Yoga BINGO

Staff Pose	Lunge Pose	Locust Pose	Downward-Facing Dog Pose	Resting Pose
Plank Pose	Happy Baby Pose	Triangle Pose	Cobbler's Pose	Cat Pose
Child's Pose	Cow Pose	FREE SPACE	Warrior 2 Pose	Warrior 3 Pose
Easy Pose	Mountain Pose	Squat Pose	Boat Pose	Hero Pose
Flower Pose	Dancer's Pose	Chair Pose	Extended Mountain Pose	Tree Pose

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Bingo Card ID 022

Yoga BINGO

Flower Pose	Boat Pose	Cobbler's Pose	Easy Pose	Lunge Pose
Happy Baby Pose	Mountain Pose	Chair Pose	Eagle Pose	Cat Pose
Warrior 2 Pose	Squat Pose	FREE SPACE	Tree Pose	Extended Mountain Pose
Resting Pose	Child's Pose	Hero Pose	Staff Pose	Cow Pose
Downward-Facing Dog Pose	Triangle Pose	Warrior 3 Pose	Plank Pose	Locust Pose

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Bingo Card ID 023

Yoga BINGO

Extended Mountain Pose	Easy Pose	Boat Pose	Mountain Pose	Child's Pose
Staff Pose	Warrior 2 Pose	Plank Pose	Triangle Pose	Eagle Pose
Squat Pose	Flower Pose	FREE SPACE	Dancer's Pose	Downward-Facing Dog Pose
Warrior 3 Pose	Hero Pose	Tree Pose	Lunge Pose	Locust Pose
Cobbler's Pose	Cow Pose	Resting Pose	Cat Pose	Chair Pose

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Bingo Card ID 024

Yoga BINGO

Tree Pose	Plank Pose	Dancer's Pose	Chair Pose	Extended Mountain Pose
Lunge Pose	Locust Pose	Warrior 3 Pose	Triangle Pose	Happy Baby Pose
Hero Pose	Downward-Facing Dog Pose	FREE SPACE	Cobbler's Pose	Flower Pose
Eagle Pose	Mountain Pose	Boat Pose	Child's Pose	Easy Pose
Cow Pose	Resting Pose	Staff Pose	Cat Pose	Squat Pose

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Bingo Card ID 025

Yoga BINGO

Plank Pose	Hero Pose	Triangle Pose	Cobbler's Pose	Child's Pose
Eagle Pose	Flower Pose	Boat Pose	Easy Pose	Warrior 2 Pose
Extended Mountain Pose	Locust Pose	FREE SPACE	Chair Pose	Staff Pose
Tree Pose	Squat Pose	Warrior 3 Pose	Cow Pose	Resting Pose
Lunge Pose	Downward-Facing Dog Pose	Happy Baby Pose	Mountain Pose	Cat Pose

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Bingo Card ID 026

Yoga BINGO

Boat Pose	Downward-Facing Dog Pose	Easy Pose	Squat Pose	Dancer's Pose
Cat Pose	Warrior 2 Pose	Flower Pose	Staff Pose	Extended Mountain Pose
Cobbler's Pose	Mountain Pose	FREE SPACE	Happy Baby Pose	Child's Pose
Lunge Pose	Plank Pose	Tree Pose	Hero Pose	Warrior 3 Pose
Locust Pose	Resting Pose	Eagle Pose	Chair Pose	Cow Pose

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Bingo Card ID 027

Yoga BINGO

Happy Baby Pose	Downward-Facing Dog Pose	Warrior 2 Pose	Triangle Pose	Hero Pose
Staff Pose	Cat Pose	Boat Pose	Warrior 3 Pose	Tree Pose
Cobbler's Pose	Plank Pose	FREE SPACE	Flower Pose	Child's Pose
Resting Pose	Eagle Pose	Lunge Pose	Locust Pose	Easy Pose
Extended Mountain Pose	Chair Pose	Mountain Pose	Squat Pose	Cow Pose

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Bingo Card ID 028

Yoga BINGO

Extended Mountain Pose	Resting Pose	Warrior 2 Pose	Mountain Pose	Dancer's Pose
Staff Pose	Tree Pose	Triangle Pose	Boat Pose	Locust Pose
Child's Pose	Plank Pose	FREE SPACE	Squat Pose	Easy Pose
Eagle Pose	Cobbler's Pose	Chair Pose	Downward-Facing Dog Pose	Cow Pose
Hero Pose	Warrior 3 Pose	Lunge Pose	Cat Pose	Flower Pose

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Bingo Card ID 029

Yoga BINGO

Extended Mountain Pose	Chair Pose	Tree Pose	Boat Pose	Cobbler's Pose
Downward-Facing Dog Pose	Cat Pose	Child's Pose	Flower Pose	Eagle Pose
Hero Pose	Locust Pose	FREE SPACE	Warrior 3 Pose	Triangle Pose
Dancer's Pose	Plank Pose	Squat Pose	Staff Pose	Cow Pose
Warrior 2 Pose	Lunge Pose	Mountain Pose	Resting Pose	Easy Pose

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Bingo Card ID 030

Yoga BINGO

Lunge Pose	Downward-Facing Dog Pose	Cat Pose	Dancer's Pose	Triangle Pose
Cow Pose	Locust Pose	Staff Pose	Extended Mountain Pose	Warrior 2 Pose
Resting Pose	Hero Pose	FREE SPACE	Happy Baby Pose	Cobbler's Pose
Chair Pose	Flower Pose	Squat Pose	Plank Pose	Easy Pose
Child's Pose	Boat Pose	Tree Pose	Mountain Pose	Eagle Pose

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