#### myfreebingocards.com

#### **Safety First!**

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 3 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/y6xmzh8

#### **Play**

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next page you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 3.

#### **Virtual Bingo**

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to <a href="mailto:myfreebingocards.com/virtual-bingo">myfreebingocards.com/virtual-bingo</a>.

#### Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to <a href="https://myfreebingocards.com/fag">https://myfreebingocards.com/fag</a> where you will find solutions to most common problems.

#### **Share**

Pin these bingo cards on Pinterest, share on Facebook, or post this link: mfbc.us/s/y6xmzh8

#### **Edit and Create**

To add more words or make changes to this set of bingo cards go to mfbc.us/e/y6xmzh8

Go to <u>myfreebingocards.com/bingo-card-generator</u> to create a new set of bingo cards.

#### Legal

The terms of use for these printable bingo cards can be found at <a href="mailto:myfreebingocards.com/terms">myfreebingocards.com/terms</a>.

#### Have Fun!

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

#### **Bingo Caller's Card**

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

Left work at a reasonable time	Went for a walk	Tried something new	Ate something sweet!	Went to bed at a reasonable time	Was kind to myself when I could have been hard on myself	Ate something good for me
Took a relaxing bath	Took quiet time	Read for fun	Did something fun	Took a nap	Enjoyed a beverage of my choosing :)	Spent time outside
Vented to someone I trust	Made a gratitude list	Meditation	Pampered myself	Ate something delicious	Did something I've been putting off	Spent quality time with someone I love
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