

Mental Health Bingo

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Safety First!

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 3 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/xscq9n

Play

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next page you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 3.

Virtual Bingo

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to myfreebingocards.com/virtual-bingo.

Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to <https://myfreebingocards.com/fag> where you will find solutions to most common problems.

Share

[Pin these bingo cards](#) on Pinterest, [share on Facebook](#), or post this link: mfbc.us/s/xscq9n

Edit and Create

To add more words or make changes to this set of bingo cards go to mfbc.us/e/xscq9n

Go to myfreebingocards.com/bingo-card-generator to create a new set of bingo cards.

Legal

The terms of use for these printable bingo cards can be found at myfreebingocards.com/terms.

Have Fun!

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

Bingo Caller's Card

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

Regulation	Relationship	Communication	Attachment	Trauma	Stress	Anxiety
Depression	Loss	Grief	Triangulation	Personality disorder	Oppositional defiant	ADHD
Autism	Dissociation	EMDR	Play therapy	Psychoanalysis	Phobias	Abuse
Neglect	Parenting skills	Friendship skills	Nutrition	Soothed	Safe	Secure
Empathy	Listening	Understanding	Acknowledging	Resources	LPCC	LMFT
Psychiatrist	Diagnostic assessment	Treatment plan	Release of information	HIPPA		

Bingo Card ID 001

Mental Health

Loss	Acknowledging	Psychiatrist	Friendship skills	Autism
Release of information	LMFT	Psychoanalysis	EMDR	Relationship
Neglect	LPCC	HIPPA	Attachment	Triangulation
Nutrition	Treatment plan	Regulation	Abuse	Parenting skills
Communication	Diagnostic assessment	Personality disorder	Stress	Soothed

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Bingo Card ID 002

Mental Health

Neglect	Grief	LPCC	Play therapy	Resources
Loss	Diagnostic assessment	EMDR	Treatment plan	Triangulation
Soothed	Communication	Psychoanalysis	Nutrition	Autism
Secure	Listening	Personality disorder	Understanding	Relationship
Psychiatrist	Safe	Dissociation	Anxiety	Regulation

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Bingo Card ID 003

Mental Health

Neglect	HIPPA	Regulation	Listening	Relationship
Psychoanalysis	Release of information	Dissociation	Empathy	Trauma
Psychiatrist	Secure	Play therapy	Autism	Oppositional defiant
Parenting skills	Phobias	Grief	Triangulation	Communication
Acknowledging	Loss	Abuse	LPCC	Depression

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Bingo Card ID 004

Mental Health

Trauma	Parenting skills	Triangulation	Regulation	Safe
Nutrition	Friendship skills	Attachment	Psychoanalysis	Grief
HIPPA	Play therapy	Abuse	LMFT	Resources
Personality disorder	Secure	Phobias	Communication	Soothed
Neglect	Loss	Listening	Relationship	Treatment plan

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Bingo Card ID 005

Mental Health

Attachment	Parenting skills	Friendship skills	ADHD	Psychoanalysis
Communication	Soothed	Relationship	Treatment plan	Stress
Diagnostic assessment	Neglect	Triangulation	Oppositional defiant	Abuse
LPCC	Phobias	Acknowledging	Personality disorder	Safe
EMDR	Empathy	Autism	Anxiety	Dissociation

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Bingo Card ID 006

Mental Health

Stress	Acknowledging	Friendship skills	Regulation	Resources
Loss	Release of information	Anxiety	Autism	Phobias
LPCC	Understanding	Relationship	Communication	Grief
Neglect	HIPPA	Treatment plan	ADHD	Triangulation
Secure	Listening	Empathy	LMFT	Psychoanalysis

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Bingo Card ID 007

Mental Health

Personality disorder	Anxiety	Nutrition	LMFT	Regulation
Phobias	Relationship	Safe	Stress	Neglect
Depression	Secure	LPCC	Release of information	Psychiatrist
Trauma	Empathy	Autism	Play therapy	Listening
Abuse	HIPPA	EMDR	Communication	Friendship skills

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Bingo Card ID 008

Mental Health

Personality disorder	Loss	Diagnostic assessment	EMDR	Release of information
Secure	ADHD	Trauma	Treatment plan	Anxiety
Parenting skills	Abuse	Resources	Psychoanalysis	Triangulation
Friendship skills	Play therapy	Understanding	Attachment	Stress
Listening	Regulation	Neglect	HIPPA	Communication

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Bingo Card ID 009

Mental Health

Diagnostic assessment	Resources	Soothed	Play therapy	Grief
Stress	Release of information	Dissociation	Understanding	Psychoanalysis
Abuse	Nutrition	Friendship skills	Empathy	Triangulation
Attachment	Autism	HIPPA	Secure	Listening
Loss	Safe	Communication	Psychiatrist	Personality disorder

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Bingo Card ID 010

Mental Health

Nutrition	Soothed	Parenting skills	LMFT	Acknowledging
LPCC	Anxiety	Secure	Regulation	Play therapy
Depression	Treatment plan	Communication	Psychoanalysis	Abuse
Psychiatrist	ADHD	Grief	Understanding	Phobias
Loss	Dissociation	Neglect	Resources	Personality disorder

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Bingo Card ID 011

Mental Health

Understanding	Acknowledging	Resources	Oppositional defiant	Release of information
Triangulation	Soothed	Abuse	Loss	Treatment plan
Autism	Secure	HIPPA	Regulation	Diagnostic assessment
Neglect	Friendship skills	Relationship	Grief	Depression
LMFT	Phobias	Empathy	Personality disorder	Nutrition

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Bingo Card ID 012

Mental Health

LPCC	HIPPA	Depression	Acknowledging	Communication
Dissociation	Grief	EMDR	Psychoanalysis	Trauma
Release of information	Stress	Treatment plan	Empathy	Oppositional defiant
Autism	Neglect	Abuse	Phobias	Triangulation
Personality disorder	Understanding	Resources	Secure	Safe

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Bingo Card ID 013

Mental Health

Neglect	Trauma	Phobias	Diagnostic assessment	Grief
Attachment	Dissociation	Stress	Autism	Anxiety
Personality disorder	HIPPA	Release of information	Play therapy	Resources
LPCC	Loss	Nutrition	Triangulation	Communication
Depression	Safe	ADHD	LMFT	Abuse

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Bingo Card ID 014

Mental Health

Understanding	Dissociation	Phobias	Attachment	Regulation
Empathy	Grief	Resources	Neglect	Anxiety
Soothed	HIPPA	Listening	EMDR	Secure
Communication	Treatment plan	Oppositional defiant	Psychiatrist	Trauma
ADHD	Friendship skills	LPCC	LMFT	Abuse

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Bingo Card ID 015

Mental Health

Depression	Secure	Diagnostic assessment	Friendship skills	Triangulation
Acknowledging	Listening	LPCC	Grief	Parenting skills
Abuse	HIPPA	Regulation	Safe	Autism
Psychoanalysis	Attachment	Nutrition	Release of information	EMDR
Loss	Neglect	Phobias	Communication	Relationship

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Bingo Card ID 016

Mental Health

HIPPA	Abuse	Empathy	Treatment plan	Trauma
Communication	Personality disorder	Play therapy	Oppositional defiant	Parenting skills
Understanding	Soothed	Neglect	Regulation	Relationship
Phobias	Grief	Safe	Psychiatrist	ADHD
Listening	LMFT	Friendship skills	Loss	LPCC

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Bingo Card ID 017

Mental Health

Soothed	HIPPA	Friendship skills	Safe	Phobias
Attachment	Autism	Release of information	Personality disorder	Resources
Trauma	Nutrition	Acknowledging	Depression	Dissociation
Diagnostic assessment	Regulation	ADHD	Grief	EMDR
LPCC	Empathy	Play therapy	Psychiatrist	Anxiety

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Bingo Card ID 018

Mental Health

Empathy	Acknowledging	Triangulation	ADHD	Stress
Attachment	Trauma	Grief	Neglect	HIPPA
Loss	Resources	LMFT	Listening	Treatment plan
Parenting skills	Secure	Understanding	Friendship skills	Nutrition
Diagnostic assessment	EMDR	Dissociation	Safe	Communication

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Bingo Card ID 019

Mental Health

EMDR	Communication	Triangulation	Play therapy	Empathy
Dissociation	Phobias	Anxiety	Diagnostic assessment	Safe
Attachment	Regulation	Resources	Grief	LMFT
Understanding	Soothed	Listening	Personality disorder	Psychiatrist
Loss	Nutrition	Autism	LPCC	Release of information

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Bingo Card ID 020

Mental Health

Nutrition	Communication	Relationship	Grief	HIPPA
Understanding	ADHD	LPCC	LMFT	Depression
Psychoanalysis	Friendship skills	Acknowledging	Phobias	Trauma
Secure	Stress	Psychiatrist	Release of information	Treatment plan
Oppositional defiant	Diagnostic assessment	Empathy	EMDR	Neglect

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Bingo Card ID 021

Mental Health

Nutrition	Regulation	LMFT	HIPPA	Depression
Trauma	Safe	Loss	Listening	Parenting skills
Friendship skills	Play therapy	Abuse	Psychiatrist	Attachment
Soothed	Secure	Autism	Anxiety	Psychoanalysis
Dissociation	Personality disorder	Phobias	Stress	Resources

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Bingo Card ID 022

Mental Health

Empathy	Safe	Stress	ADHD	Attachment
LMFT	Dissociation	Friendship skills	LPCC	Acknowledging
Triangulation	Personality disorder	Abuse	Neglect	Understanding
Diagnostic assessment	Play therapy	Loss	EMDR	Oppositional defiant
Psychoanalysis	Anxiety	Grief	Relationship	Regulation

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Bingo Card ID 023

Mental Health

Dissociation	Triangulation	EMDR	ADHD	Anxiety
Psychiatrist	LPCC	Soothed	Nutrition	Listening
Personality disorder	Diagnostic assessment	Neglect	Parenting skills	Empathy
Release of information	Relationship	Trauma	Regulation	Understanding
Depression	Communication	Phobias	Safe	Grief

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Bingo Card ID 024

Mental Health

Communication	Oppositional defiant	Listening	Acknowledging	Trauma
Relationship	HIPPA	Psychiatrist	Stress	LMFT
EMDR	Safe	Parenting skills	Friendship skills	Phobias
Grief	Depression	Attachment	LPCC	Diagnostic assessment
Soothed	Empathy	ADHD	Anxiety	Play therapy

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Bingo Card ID 025

Mental Health

Understanding	Listening	Safe	Grief	Triangulation
Psychiatrist	Parenting skills	Attachment	Secure	Anxiety
Diagnostic assessment	Regulation	Empathy	Trauma	ADHD
Dissociation	Personality disorder	Psychoanalysis	EMDR	HIPPA
Relationship	Play therapy	Acknowledging	Stress	Resources

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Bingo Card ID 026

Mental Health

ADHD	Depression	Resources	Dissociation	Understanding
Neglect	Communication	Abuse	Personality disorder	Empathy
Secure	Safe	Nutrition	EMDR	Play therapy
Attachment	Trauma	LPCC	Relationship	Stress
Friendship skills	Anxiety	LMFT	Listening	Oppositional defiant

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Bingo Card ID 027

Mental Health

Friendship skills	Depression	Personality disorder	Triangulation	Relationship
Psychiatrist	Parenting skills	Grief	Regulation	ADHD
Phobias	Abuse	Nutrition	Psychoanalysis	Oppositional defiant
Attachment	Empathy	Listening	Safe	Anxiety
Release of information	Loss	Stress	Diagnostic assessment	Resources

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Bingo Card ID 028

Mental Health

Personality disorder	EMDR	Loss	LPCC	Soothed
Communication	Release of information	Psychiatrist	Relationship	Understanding
Trauma	Safe	Play therapy	Secure	Parenting skills
Oppositional defiant	Nutrition	ADHD	Psychoanalysis	Stress
Anxiety	Listening	Neglect	HIPPA	Acknowledging

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Bingo Card ID 029

Mental Health

Understanding	Relationship	EMDR	Acknowledging	Secure
Play therapy	Oppositional defiant	Triangulation	Psychiatrist	Treatment plan
Release of information	Regulation	ADHD	Attachment	Depression
Abuse	Trauma	Soothed	Empathy	Anxiety
Grief	Diagnostic assessment	Psychoanalysis	HIPPA	Phobias

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Bingo Card ID 030

Mental Health

Understanding	Depression	LMFT	Abuse	Communication
HIPPA	Treatment plan	Secure	Psychiatrist	Parenting skills
Nutrition	Autism	Stress	EMDR	Personality disorder
Grief	Psychoanalysis	Attachment	Loss	Friendship skills
Resources	Regulation	Safe	Soothed	Acknowledging

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