

Recovery Bingo!

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Safety First!

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 3 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/wgpddca

Play

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next page you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 3.

Virtual Bingo

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to myfreebingocards.com/virtual-bingo.

Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to <https://myfreebingocards.com/fag> where you will find solutions to most common problems.

Share

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Edit and Create

To add more words or make changes to this set of bingo cards go to mfbc.us/e/wgpddca

Go to myfreebingocards.com/bingo-card-generator to create a new set of bingo cards.

Legal

The terms of use for these printable bingo cards can be found at myfreebingocards.com/terms.

Have Fun!

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

Bingo Caller's Card

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

Name one person you can go to for support	What are some characteristics of an addict?	What is your definition of addiction?	Name three barriers to success in recovery	How does your substance use affect your relationships?	Name two situations that are triggers for you	Give two reasons why you used in the past
Name three things you are grateful for	Name two of your triggers	Name something that you lost in your addiction	Name your drug of choice	How many days sober from your drug of choice are you?	How does substance use affect your health?	What are two important elements of a successful recovery?
What recovery tools have you found most helpful?	Describe one fear you have about recovery?	What is your definition of recovery?	Name three goals you have for yourself this year	Name three different slang terms for different drugs	Name one coping skill for your cravings	Name one thing you've gained in your recovery
Name three of your values	Name three things that you can control	What is something that you do for self care?	What is something that you learned about yourself in your recovery?			

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What are some characteristics of an addict?	How does substance use affect your health?	Name three of your values	Name one coping skill for your cravings	Name two of your triggers
Name three different slang terms for different drugs	Name two situations that are triggers for you	What are two important elements of a successful recovery?	Name three things you are grateful for	How many days sober from your drug of choice are you?
What is something that you do for self care?	Name one person you can go to for support	What is your definition of addiction?	Give two reasons why you used in the past	What is your definition of recovery?
Name something that you lost in your addiction	Describe one fear you have about recovery?	Name three goals you have for yourself this year	What recovery tools have you found most helpful?	Name three barriers to success in recovery
Name one thing you've gained in your recovery	How does your substance use affect your relationships?	Name your drug of choice	Name three things that you can control	What is something that you learned about yourself in your recovery?

Recovery Bingo!

What are two important elements of a successful recovery?	Name three things that you can control	Name two situations that are triggers for you	What are some characteristics of an addict?	Name something that you lost in your addiction
Name three different slang terms for different drugs	Name one person you can go to for support	Name your drug of choice	What is something that you do for self care?	Name one coping skill for your cravings
What is your definition of recovery?	Name three barriers to success in recovery	How does your substance use affect your relationships?	Give two reasons why you used in the past	Name three goals you have for yourself this year
How many days sober from your drug of choice are you?	How does substance use affect your health?	What is your definition of addiction?	Describe one fear you have about recovery?	Name three of your values
Name two of your triggers	Name one thing you've gained in your recovery	What is something that you learned about yourself in your recovery?	Name three things you are grateful for	What recovery tools have you found most helpful?

Recovery Bingo!

Name your drug of choice	Name three things you are grateful for	What are two important elements of a successful recovery?	Name three barriers to success in recovery	Name three goals you have for yourself this year
What is something that you learned about yourself in your recovery?	Name one coping skill for your cravings	What recovery tools have you found most helpful?	How does substance use affect your health?	What is your definition of addiction?
Name one person you can go to for support	Name three things that you can control	What are some characteristics of an addict?	Give two reasons why you used in the past	Name two situations that are triggers for you
Name one thing you've gained in your recovery	What is something that you do for self care?	Describe one fear you have about recovery?	Name something that you lost in your addiction	What is your definition of recovery?
Name two of your triggers	Name three of your values	Name three different slang terms for different drugs	How many days sober from your drug of choice are you?	How does your substance use affect your relationships?

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What is your definition of addiction?	Name three of your values	What is something that you do for self care?	How many days sober from your drug of choice are you?	Name three things that you can control
Give two reasons why you used in the past	Name three things you are grateful for	Name two of your triggers	What is your definition of recovery?	What are two important elements of a successful recovery?
What are some characteristics of an addict?	Name your drug of choice	What recovery tools have you found most helpful?	Name one person you can go to for support	How does your substance use affect your relationships?
Name three barriers to success in recovery	Name something that you lost in your addiction	Name one coping skill for your cravings	What is something that you learned about yourself in your recovery?	Name three different slang terms for different drugs
Name two situations that are triggers for you	How does substance use affect your health?	Name three goals you have for yourself this year	Describe one fear you have about recovery?	Name one thing you've gained in your recovery

Recovery Bingo!

Name three of your values	How many days sober from your drug of choice are you?	What is your definition of addiction?	Name one person you can go to for support	Describe one fear you have about recovery?
Name something that you lost in your addiction	What are two important elements of a successful recovery?	Name two situations that are triggers for you	Give two reasons why you used in the past	What is something that you learned about yourself in your recovery?
What recovery tools have you found most helpful?	How does substance use affect your health?	What is your definition of recovery?	Name three different slang terms for different drugs	Name three goals you have for yourself this year
Name one coping skill for your cravings	How does your substance use affect your relationships?	Name three things you are grateful for	Name three barriers to success in recovery	What are some characteristics of an addict?
Name one thing you've gained in your recovery	What is something that you do for self care?	Name your drug of choice	Name three things that you can control	Name two of your triggers

Recovery Bingo!

Name three of your values	How does substance use affect your health?	What are some characteristics of an addict?	Name one coping skill for your cravings	What recovery tools have you found most helpful?
How does your substance use affect your relationships?	Name two situations that are triggers for you	Name one person you can go to for support	Name three things that you can control	What are two important elements of a successful recovery?
Name three things you are grateful for	Describe one fear you have about recovery?	Name your drug of choice	Name two of your triggers	Name three goals you have for yourself this year
Name something that you lost in your addiction	What is something that you do for self care?	What is your definition of addiction?	What is your definition of recovery?	Name three different slang terms for different drugs
Name three barriers to success in recovery	What is something that you learned about yourself in your recovery?	How many days sober from your drug of choice are you?	Give two reasons why you used in the past	Name one thing you've gained in your recovery

Recovery Bingo!

What is your definition of recovery?	How does your substance use affect your relationships?	Name two of your triggers	What is something that you do for self care?	What recovery tools have you found most helpful?
Name one thing you've gained in your recovery	What are two important elements of a successful recovery?	Name two situations that are triggers for you	Name one coping skill for your cravings	Name three goals you have for yourself this year
Name one person you can go to for support	Name your drug of choice	Name three different slang terms for different drugs	Give two reasons why you used in the past	Name three things you are grateful for
Name three of your values	Name three things that you can control	Name three barriers to success in recovery	Describe one fear you have about recovery?	What is your definition of addiction?
What are some characteristics of an addict?	Name something that you lost in your addiction	How many days sober from your drug of choice are you?	What is something that you learned about yourself in your recovery?	How does substance use affect your health?

Recovery Bingo!

What is your definition of recovery?	What are some characteristics of an addict?	Name something that you lost in your addiction	Name three different slang terms for different drugs	Describe one fear you have about recovery?
How does your substance use affect your relationships?	What is your definition of addiction?	Give two reasons why you used in the past	Name three of your values	How many days sober from your drug of choice are you?
What are two important elements of a successful recovery?	Name your drug of choice	Name three things you are grateful for	Name one person you can go to for support	Name one coping skill for your cravings
What is something that you learned about yourself in your recovery?	How does substance use affect your health?	What recovery tools have you found most helpful?	Name three goals you have for yourself this year	Name two of your triggers
Name three barriers to success in recovery	Name one thing you've gained in your recovery	Name two situations that are triggers for you	Name three things that you can control	What is something that you do for self care?

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Name something that you lost in your addiction	Name three barriers to success in recovery	Name three things that you can control	What is something that you do for self care?	Give two reasons why you used in the past
Name three of your values	How many days sober from your drug of choice are you?	Name one coping skill for your cravings	Name three goals you have for yourself this year	What are some characteristics of an addict?
Name your drug of choice	Name three things you are grateful for	What is your definition of recovery?	Name one person you can go to for support	Name two situations that are triggers for you
What is something that you learned about yourself in your recovery?	Name one thing you've gained in your recovery	Name two of your triggers	How does your substance use affect your relationships?	Name three different slang terms for different drugs
Describe one fear you have about recovery?	What are two important elements of a successful recovery?	How does substance use affect your health?	What recovery tools have you found most helpful?	What is your definition of addiction?

Recovery Bingo!

What is your definition of addiction?	What is something that you do for self care?	Name two of your triggers	How does substance use affect your health?	How does your substance use affect your relationships?
Name two situations that are triggers for you	Name one thing you've gained in your recovery	Name one person you can go to for support	Give two reasons why you used in the past	Describe one fear you have about recovery?
Name three things that you can control	What recovery tools have you found most helpful?	What are some characteristics of an addict?	Name three barriers to success in recovery	What are two important elements of a successful recovery?
Name three goals you have for yourself this year	What is your definition of recovery?	Name three of your values	What is something that you learned about yourself in your recovery?	How many days sober from your drug of choice are you?
Name three different slang terms for different drugs	Name your drug of choice	Name something that you lost in your addiction	Name one coping skill for your cravings	Name three things you are grateful for

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How does substance use affect your health?	What is something that you learned about yourself in your recovery?	What are some characteristics of an addict?	Give two reasons why you used in the past	Name one coping skill for your cravings
Name three things you are grateful for	Name something that you lost in your addiction	Name three of your values	Name three things that you can control	What are two important elements of a successful recovery?
Name one thing you've gained in your recovery	What is your definition of recovery?	Name two of your triggers	What recovery tools have you found most helpful?	Name three goals you have for yourself this year
Name two situations that are triggers for you	Name your drug of choice	What is something that you do for self care?	How does your substance use affect your relationships?	What is your definition of addiction?
Describe one fear you have about recovery?	Name one person you can go to for support	How many days sober from your drug of choice are you?	Name three different slang terms for different drugs	Name three barriers to success in recovery

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Name two situations that are triggers for you	Name one thing you've gained in your recovery	Name three things you are grateful for	How does substance use affect your health?	Name one person you can go to for support
Name three barriers to success in recovery	Name three things that you can control	Name three different slang terms for different drugs	What is something that you learned about yourself in your recovery?	Name one coping skill for your cravings
Name three goals you have for yourself this year	What are two important elements of a successful recovery?	Give two reasons why you used in the past	What recovery tools have you found most helpful?	What is your definition of recovery?
Name three of your values	What is your definition of addiction?	What are some characteristics of an addict?	Name something that you lost in your addiction	How does your substance use affect your relationships?
Describe one fear you have about recovery?	Name your drug of choice	Name two of your triggers	What is something that you do for self care?	How many days sober from your drug of choice are you?

Bingo Card ID 013

Recovery Bingo!

What are two important elements of a successful recovery?	What recovery tools have you found most helpful?	How many days sober from your drug of choice are you?	Name something that you lost in your addiction	Name three barriers to success in recovery
Name three things that you can control	How does your substance use affect your relationships?	Name one coping skill for your cravings	What is your definition of recovery?	Name three things you are grateful for
Name two situations that are triggers for you	What is something that you do for self care?	What are some characteristics of an addict?	Name one person you can go to for support	Name one thing you've gained in your recovery
Describe one fear you have about recovery?	Name two of your triggers	Give two reasons why you used in the past	Name three different slang terms for different drugs	What is your definition of addiction?
How does substance use affect your health?	Name three goals you have for yourself this year	Name three of your values	What is something that you learned about yourself in your recovery?	Name your drug of choice

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Bingo Card ID 014

Recovery Bingo!

Name three barriers to success in recovery	What recovery tools have you found most helpful?	How many days sober from your drug of choice are you?	Name three goals you have for yourself this year	Name three things that you can control
How does your substance use affect your relationships?	What are two important elements of a successful recovery?	Name your drug of choice	Name three different slang terms for different drugs	Name three things you are grateful for
Name one person you can go to for support	What is something that you learned about yourself in your recovery?	Name two situations that are triggers for you	Describe one fear you have about recovery?	Name three of your values
Name two of your triggers	Give two reasons why you used in the past	What is your definition of addiction?	Name one coping skill for your cravings	What is something that you do for self care?
What are some characteristics of an addict?	What is your definition of recovery?	Name something that you lost in your addiction	Name one thing you've gained in your recovery	How does substance use affect your health?

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Name one thing you've gained in your recovery	Name something that you lost in your addiction	Name three of your values	Name two situations that are triggers for you	How does substance use affect your health?
Name your drug of choice	What is your definition of addiction?	Name three things that you can control	Name one coping skill for your cravings	Give two reasons why you used in the past
Name three things you are grateful for	How many days sober from your drug of choice are you?	What is something that you do for self care?	What are two important elements of a successful recovery?	What are some characteristics of an addict?
What recovery tools have you found most helpful?	Name three different slang terms for different drugs	Name one person you can go to for support	What is your definition of recovery?	Describe one fear you have about recovery?
What is something that you learned about yourself in your recovery?	How does your substance use affect your relationships?	Name two of your triggers	Name three goals you have for yourself this year	Name three barriers to success in recovery

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Give two reasons why you used in the past	Name three things you are grateful for	Name three goals you have for yourself this year	What is your definition of recovery?	Name one person you can go to for support
What is your definition of addiction?	What is something that you learned about yourself in your recovery?	What are two important elements of a successful recovery?	What recovery tools have you found most helpful?	Name three things that you can control
Name your drug of choice	Name two of your triggers	Describe one fear you have about recovery?	Name three of your values	Name three barriers to success in recovery
Name two situations that are triggers for you	What are some characteristics of an addict?	Name three different slang terms for different drugs	Name something that you lost in your addiction	What is something that you do for self care?
How many days sober from your drug of choice are you?	Name one thing you've gained in your recovery	How does substance use affect your health?	Name one coping skill for your cravings	How does your substance use affect your relationships?

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Name three of your values	Name three things you are grateful for	Name one coping skill for your cravings	What is your definition of recovery?	What recovery tools have you found most helpful?
How many days sober from your drug of choice are you?	Name one thing you've gained in your recovery	How does substance use affect your health?	What is something that you do for self care?	Name something that you lost in your addiction
Name three barriers to success in recovery	Name three things that you can control	Describe one fear you have about recovery?	Name three different slang terms for different drugs	Name two situations that are triggers for you
Name three goals you have for yourself this year	How does your substance use affect your relationships?	What is something that you learned about yourself in your recovery?	Name two of your triggers	Name your drug of choice
What are some characteristics of an addict?	What is your definition of addiction?	Give two reasons why you used in the past	Name one person you can go to for support	What are two important elements of a successful recovery?

Recovery Bingo!

Name three goals you have for yourself this year	How does substance use affect your health?	Describe one fear you have about recovery?	How many days sober from your drug of choice are you?	What are two important elements of a successful recovery?
Name three things that you can control	What are some characteristics of an addict?	Name three things you are grateful for	Name two of your triggers	Name your drug of choice
What is your definition of addiction?	Name three of your values	Name three different slang terms for different drugs	Name three barriers to success in recovery	Name something that you lost in your addiction
What is something that you do for self care?	Name one person you can go to for support	Name one thing you've gained in your recovery	Name one coping skill for your cravings	How does your substance use affect your relationships?
Give two reasons why you used in the past	Name two situations that are triggers for you	What is something that you learned about yourself in your recovery?	What is your definition of recovery?	What recovery tools have you found most helpful?

Recovery Bingo!

Name one person you can go to for support	Name three different slang terms for different drugs	What recovery tools have you found most helpful?	Name three goals you have for yourself this year	Name three barriers to success in recovery
How does your substance use affect your relationships?	Name something that you lost in your addiction	How many days sober from your drug of choice are you?	Name three things that you can control	Name two of your triggers
Name your drug of choice	What is your definition of recovery?	What are some characteristics of an addict?	Name one coping skill for your cravings	What is something that you do for self care?
Name two situations that are triggers for you	Name one thing you've gained in your recovery	What are two important elements of a successful recovery?	Give two reasons why you used in the past	Describe one fear you have about recovery?
Name three of your values	What is something that you learned about yourself in your recovery?	Name three things you are grateful for	What is your definition of addiction?	How does substance use affect your health?

Recovery Bingo!

Name three things that you can control	What is something that you do for self care?	Name one person you can go to for support	Name three things you are grateful for	Describe one fear you have about recovery?
Name two situations that are triggers for you	Name two of your triggers	Name one thing you've gained in your recovery	Name three of your values	How does substance use affect your health?
What recovery tools have you found most helpful?	What is something that you learned about yourself in your recovery?	Name three different slang terms for different drugs	Name three goals you have for yourself this year	Name something that you lost in your addiction
What are two important elements of a successful recovery?	How does your substance use affect your relationships?	What is your definition of addiction?	What is your definition of recovery?	Name your drug of choice
Give two reasons why you used in the past	Name one coping skill for your cravings	How many days sober from your drug of choice are you?	Name three barriers to success in recovery	What are some characteristics of an addict?

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What is something that you do for self care?	Name two of your triggers	Name three things you are grateful for	Name one thing you've gained in your recovery	What are some characteristics of an addict?
Name your drug of choice	Name three of your values	What is your definition of addiction?	How many days sober from your drug of choice are you?	Give two reasons why you used in the past
How does your substance use affect your relationships?	Name one coping skill for your cravings	What is your definition of recovery?	What recovery tools have you found most helpful?	Name three barriers to success in recovery
Name two situations that are triggers for you	What are two important elements of a successful recovery?	Describe one fear you have about recovery?	Name three things that you can control	Name three goals you have for yourself this year
Name one person you can go to for support	How does substance use affect your health?	Name three different slang terms for different drugs	What is something that you learned about yourself in your recovery?	Name something that you lost in your addiction

Recovery Bingo!

Name three goals you have for yourself this year	Describe one fear you have about recovery?	How many days sober from your drug of choice are you?	Name three barriers to success in recovery	Name two of your triggers
Name three of your values	Name two situations that are triggers for you	How does substance use affect your health?	Name something that you lost in your addiction	Give two reasons why you used in the past
What is your definition of recovery?	What are two important elements of a successful recovery?	What is something that you learned about yourself in your recovery?	Name three different slang terms for different drugs	What are some characteristics of an addict?
How does your substance use affect your relationships?	Name three things that you can control	What is something that you do for self care?	Name one coping skill for your cravings	Name one thing you've gained in your recovery
What is your definition of addiction?	What recovery tools have you found most helpful?	Name your drug of choice	Name three things you are grateful for	Name one person you can go to for support

Recovery Bingo!

Name three different slang terms for different drugs	Name three barriers to success in recovery	Describe one fear you have about recovery?	Name two situations that are triggers for you	How does your substance use affect your relationships?
What is something that you do for self care?	What is your definition of recovery?	Name your drug of choice	What is your definition of addiction?	Name something that you lost in your addiction
What are two important elements of a successful recovery?	Name three goals you have for yourself this year	Name one person you can go to for support	Name one thing you've gained in your recovery	What recovery tools have you found most helpful?
Name three things that you can control	What is something that you learned about yourself in your recovery?	Name two of your triggers	Name three things you are grateful for	How many days sober from your drug of choice are you?
Name one coping skill for your cravings	What are some characteristics of an addict?	Give two reasons why you used in the past	How does substance use affect your health?	Name three of your values

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What is something that you learned about yourself in your recovery?	Name your drug of choice	Name one person you can go to for support	How does substance use affect your health?	Name three different slang terms for different drugs
Name two of your triggers	Name three things you are grateful for	What recovery tools have you found most helpful?	What is your definition of addiction?	Name three of your values
Name three things that you can control	Name one thing you've gained in your recovery	How many days sober from your drug of choice are you?	Name three goals you have for yourself this year	Name something that you lost in your addiction
Name two situations that are triggers for you	Describe one fear you have about recovery?	How does your substance use affect your relationships?	Name three barriers to success in recovery	Name one coping skill for your cravings
What are some characteristics of an addict?	What is something that you do for self care?	Give two reasons why you used in the past	What are two important elements of a successful recovery?	What is your definition of recovery?

Recovery Bingo!

Name your drug of choice	Name three things that you can control	What is your definition of addiction?	How many days sober from your drug of choice are you?	How does your substance use affect your relationships?
Name something that you lost in your addiction	Name three goals you have for yourself this year	Describe one fear you have about recovery?	Name three barriers to success in recovery	What is your definition of recovery?
Name three different slang terms for different drugs	Name three things you are grateful for	How does substance use affect your health?	What is something that you do for self care?	What is something that you learned about yourself in your recovery?
What are two important elements of a successful recovery?	What recovery tools have you found most helpful?	Name one coping skill for your cravings	What are some characteristics of an addict?	Name two of your triggers
Name one thing you've gained in your recovery	Name three of your values	Name two situations that are triggers for you	Give two reasons why you used in the past	Name one person you can go to for support

Recovery Bingo!

Describe one fear you have about recovery?	Name one thing you've gained in your recovery	Name three barriers to success in recovery	What are two important elements of a successful recovery?	Name one person you can go to for support
Give two reasons why you used in the past	What is your definition of recovery?	Name three goals you have for yourself this year	What is something that you do for self care?	Name three different slang terms for different drugs
How many days sober from your drug of choice are you?	Name two situations that are triggers for you	Name three of your values	How does your substance use affect your relationships?	Name two of your triggers
Name your drug of choice	What is something that you learned about yourself in your recovery?	Name three things that you can control	What recovery tools have you found most helpful?	Name three things you are grateful for
What are some characteristics of an addict?	Name something that you lost in your addiction	How does substance use affect your health?	Name one coping skill for your cravings	What is your definition of addiction?

Recovery Bingo!

Name three of your values	Name one thing you've gained in your recovery	What is your definition of recovery?	What is your definition of addiction?	Name three things that you can control
What is something that you do for self care?	Give two reasons why you used in the past	Describe one fear you have about recovery?	What recovery tools have you found most helpful?	What is something that you learned about yourself in your recovery?
How many days sober from your drug of choice are you?	Name your drug of choice	Name three goals you have for yourself this year	How does your substance use affect your relationships?	What are some characteristics of an addict?
Name something that you lost in your addiction	Name two of your triggers	Name three things you are grateful for	Name three barriers to success in recovery	Name three different slang terms for different drugs
How does substance use affect your health?	Name two situations that are triggers for you	What are two important elements of a successful recovery?	Name one coping skill for your cravings	Name one person you can go to for support

Recovery Bingo!

Name three different slang terms for different drugs	What are some characteristics of an addict?	What is your definition of recovery?	Name two situations that are triggers for you	Name one person you can go to for support
What is something that you do for self care?	What is something that you learned about yourself in your recovery?	What is your definition of addiction?	Describe one fear you have about recovery?	Name three things you are grateful for
How does your substance use affect your relationships?	Name your drug of choice	What are two important elements of a successful recovery?	Name three barriers to success in recovery	Name something that you lost in your addiction
How many days sober from your drug of choice are you?	How does substance use affect your health?	Name one thing you've gained in your recovery	Name one coping skill for your cravings	Name three things that you can control
What recovery tools have you found most helpful?	Name two of your triggers	Give two reasons why you used in the past	Name three goals you have for yourself this year	Name three of your values

Recovery Bingo!

Name three different slang terms for different drugs	How does substance use affect your health?	What is something that you learned about yourself in your recovery?	Describe one fear you have about recovery?	How many days sober from your drug of choice are you?
Name one thing you've gained in your recovery	Give two reasons why you used in the past	How does your substance use affect your relationships?	Name three goals you have for yourself this year	Name something that you lost in your addiction
Name three things that you can control	Name three things you are grateful for	What recovery tools have you found most helpful?	What is your definition of addiction?	Name one person you can go to for support
Name your drug of choice	What are two important elements of a successful recovery?	What is something that you do for self care?	Name one coping skill for your cravings	What is your definition of recovery?
Name two of your triggers	Name two situations that are triggers for you	What are some characteristics of an addict?	Name three barriers to success in recovery	Name three of your values

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Name two of your triggers	Name one thing you've gained in your recovery	Give two reasons why you used in the past	Name one person you can go to for support	What is your definition of addiction?
Name one coping skill for your cravings	Name three things you are grateful for	What is something that you do for self care?	Name three different slang terms for different drugs	What is your definition of recovery?
What are some characteristics of an addict?	Name three things that you can control	Name three of your values	How many days sober from your drug of choice are you?	How does substance use affect your health?
Name three goals you have for yourself this year	What are two important elements of a successful recovery?	Name your drug of choice	Name three barriers to success in recovery	How does your substance use affect your relationships?
Describe one fear you have about recovery?	What is something that you learned about yourself in your recovery?	Name two situations that are triggers for you	Name something that you lost in your addiction	What recovery tools have you found most helpful?