Occupational Therapy Bingo Blitz

myfreebingocards.com

Safety First!

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 3 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/ved5a

Play

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next page you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 3.

Virtual Bingo

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to <u>myfreebingocards.com/virtual-bingo</u>.

Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to <u>https://myfreebingocards.com/faq</u> where you will find solutions to most common problems.

Share

Pin these bingo cards on Pinterest, share on Facebook, or post this link: mfbc.us/s/ved5a

Edit and Create

To add more words or make changes to this set of bingo cards go to mfbc.us/e/ved5a

Go to myfreebingocards.com/bingo-card-generator to create a new set of bingo cards.

Legal

The terms of use for these printable bingo cards can be found at <u>myfreebingocards.com/terms</u>.

Have Fun!

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

Bingo Caller's Card

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

| dressing | grooming | modified | feeding | social | skilled | strength |
|-----------------------|--------------------|-------------|--------------------|------------|---------|--------------|
| balance | IADLs | holistic | independent | purposeful | reacher | sock aide |
| mobility | functional | ROM | ADLs | cooking | living | freedom |
| adaptive equipment | pain management | positioning | problem solving | | | |

| Occuj | pation | al The Blitz | erapy I | Bingo | Occup | oation | al The Blitz | | Bingo |
|--------------------|-----------------------|-----------------|----------|--------------|--------------|------------|-----------------------|--------------------|-------------|
| problem solving | ROM | independent | cooking | modified | purposeful | living | pain management | problem solving | freedom |
| grooming | pain management | purposeful | mobility | balance | grooming | dressing | positioning | reacher | cooking |
| reacher | dressing | social | IADLs | sock aide | sock aide | functional | adaptive equipment | IADLs | holistic |
| freedom | ADLs | holistic | strength | functional | balance | ROM | social | ADLs | independent |
| feeding | adaptive equipment | positioning | living | skilled | modified | feeding | skilled | mobility | strength |

| Decur | pation | al The Blitz | erapy l | Bingo | Occup |)ation | al The Blitz | | Bingo |
|-------------|-------------|--------------------|------------|-----------------------|--------------------|-------------|-----------------|--------------|-----------------------|
| positioning | mobility | purposeful | functional | holistic | social | independent | reacher | balance | living |
| skilled | cooking | strength | ROM | social | IADLs | mobility | modified | sock aide | purposeful |
| dressing | living | problem solving | IADLs | pain management | problem solving | positioning | strength | dressing | adaptive equipment |
| feeding | reacher | ADLs | freedom | sock aide | functional | freedom | cooking | skilled | grooming |
| modified | independent | grooming | balance | adaptive equipment | pain management | ROM | holistic | ADLs | feeding |

| Occuj | pation | al The Blitz | erapy 3 | Bingo | Occuj | pation | al Tho Blitz | erapy 3 | Bingo |
|-------------|-----------------------|--------------------|------------|--------------------|-----------------------|--------------------|--------------------|--------------|------------|
| independent | balance | social | dressing | ADLs | independent | ROM | problem solving | cooking | strength |
| freedom | purposeful | pain management | IADLs | skilled | adaptive equipment | pain management | dressing | living | purposeful |
| strength | ROM | sock aide | grooming | holistic | mobility | ADLs | positioning | modified | holistic |
| cooking | adaptive equipment | mobility | functional | problem solving | freedom | reacher | social | sock aide | grooming |
| feeding | reacher | positioning | living | modified | functional | skilled | balance | IADLs | feeding |

| Occuj | pation | al The Blitz | erapy } | Bingo | Occuj | pation | al The Blitz | erapy } | Bingo |
|--------------------|-----------------------|--------------------|---------|----------|-----------------------|--------------------|--------------------|-------------|----------|
| sock aide | adaptive equipment | modified | reacher | strength | sock aide | problem solving | freedom | grooming | ADLs |
| feeding | purposeful | pain management | cooking | holistic | adaptive equipment | social | IADLs | independent | balance |
| dressing | positioning | grooming | IADLs | mobility | purposeful | positioning | mobility | dressing | cooking |
| independent | living | functional | ADLs | social | skilled | ROM | strength | holistic | modified |
| problem solving | freedom | balance | skilled | ROM | functional | feeding | pain management | living | reacher |

| Occuj | pation | al The Blitz | erapy I | Bingo | Occuj | pation | al The Blitz | | Bingo |
|-------------|------------|-----------------|-----------------------|--------------------|--------------------|--------------|--------------------|------------|-----------------------|
| freedom | functional | living | reacher | IADLs | social | reacher | modified | ROM | adaptive equipment |
| independent | balance | cooking | holistic | problem solving | pain management | feeding | dressing | IADLs | ADLs |
| positioning | mobility | sock aide | dressing | pain management | living | strength | problem solving | functional | purposeful |
| skilled | feeding | modified | adaptive equipment | grooming | holistic | sock aide | independent | skilled | balance |
| ADLs | purposeful | ROM | strength | social | grooming | positioning | freedom | cooking | mobility |

| Occuj | pation | al Tho Blitz | erapy 3 | Bingo | Occu | pation | al The Blitz | erapy | Bingo |
|--------------------|--------------|--------------------|-----------------------|------------|--------------------|-------------|--------------------|----------|-----------------------|
| ROM | skilled | problem solving | IADLs | cooking | pain management | feeding | mobility | ROM | dressing |
| nobility | freedom | independent | living | purposeful | functional | living | grooming | skilled | cooking |
| feeding | sock aide | modified | strength | holistic | holistic | purposeful | IADLs | strength | sock aide |
| pain nanagement | positioning | reacher | adaptive equipment | social | independent | social | problem solving | freedom | adaptive equipment |
| ADLs | dressing | balance | grooming | functional | ADLs | positioning | modified | reacher | balance |

| Occuj | pation | al The Blitz | erapy | Occupational Therapy Bingo Blitz | | | | | |
|--------------------|-----------------------|--------------------|--------------|-------------------------------------|-----------------------|--------------|--------------------|----------|-------------|
| purposeful | strength | balance | freedom | functional | functional | strength | balance | holistic | living |
| living | adaptive equipment | cooking | sock aide | mobility | adaptive equipment | purposeful | positioning | grooming | mobility |
| pain nanagement | reacher | problem solving | dressing | feeding | dressing | skilled | pain management | ADLs | independent |
| ADLs | modified | IADLs | grooming | social | modified | IADLs | social | cooking | reacher |
| ROM | holistic | independent | skilled | positioning | problem solving | sock aide | freedom | feeding | ROM |

| Occuj | pation | al The Blitz | erapy l | Bingo | Occupational Therapy Bingo Blitz | | | | | |
|-------------|-----------------------|-----------------|--------------------|--------------------|-------------------------------------|--------------------|------------|--------------|-----------------------|--|
| feeding | freedom | independent | pain management | ROM | IADLS | mobility | holistic | sock aide | dressing | |
| positioning | social | living | cooking | IADLs | social | skilled | purposeful | strength | living | |
| mobility | balance | reacher | purposeful | problem solving | positioning | modified | ADLs | independent | functional | |
| strength | grooming | dressing | sock aide | ADLs | pain management | problem solving | grooming | freedom | reacher | |
| skilled | adaptive equipment | modified | holistic | functional | balance | feeding | ROM | cooking | adaptive equipment | |

| Occuj | pation | al The Blitz | erapy] | Bingo | Occuj | pation | al The Blitz | erapy } | Bingo |
|--------------------|-----------------------|-----------------|--------------|--------------------|----------|--------------------|-----------------|--------------|-----------------------|
| independent | mobility | cooking | sock aide | strength | holistic | ROM | ADLs | balance | purposeful |
| balance | feeding | ROM | reacher | freedom | living | problem solving | mobility | modified | positioning |
| unctional | living | ADLs | grooming | pain management | social | independent | grooming | functional | freedom |
| holistic | adaptive equipment | skilled | modified | positioning | reacher | dressing | feeding | cooking | adaptive equipment |
| problem solving | social | IADLs | dressing | purposeful | IADLs | pain management | skilled | sock aide | strength |

| Occuj | pation | al The Blitz | erapy l | Bingo | Occi | ipation | al Tho Blitz | | Bingo |
|-----------------------|--------------|--------------------|----------|------------|-------------------|-----------------------|-----------------|--------------|--------------------|
| dressing | grooming | strength | holistic | functional | living | greacher | dressing | mobility | ADLs |
| adaptive equipment | freedom | balance | living | modified | pain managemer | nt modified | feeding | independent | ROM |
| positioning | sock aide | problem solving | cooking | reacher | strengt | h skilled | grooming | holistic | freedom |
| pain management | feeding | purposeful | IADLs | ADLs | purposefu | adaptive equipment | social | sock aide | positioning |
| ndependent | skilled | mobility | social | ROM | IADL | s cooking | balance | functional | problem solving |

| Dccuj | pation | al The Blitz | erapy I | Bingo | Occuj | pation | al Tho Blitz | erapy | Bingo |
|-----------------------|-------------|-----------------|----------|--------------------|-----------------------|--------------------|-----------------|------------|--------------------|
| reacher | modified | mobility | feeding | problem solving | holistic | ADLs | balance | functional | modified |
| positioning | independent | social | balance | IADLs | independent | pain management | ROM | freedom | IADLs |
| adaptive equipment | cooking | sock aide | strength | functional | sock aide | purposeful | skilled | grooming | problem solving |
| pain management | purposeful | ADLs | living | holistic | adaptive equipment | living | reacher | cooking | feeding |
| dressing | ROM | grooming | skilled | freedom | social | strength | positioning | mobility | dressing |

| Occup | pation | al The Blitz | erapy I | Occup |)ation | al The Blitz | herapy Bingo z | | |
|------------|--------------------|-----------------|--------------------|-----------------------|--------------------|-----------------|-----------------------|------------|--------------|
| grooming | functional | ADLs | pain management | adaptive equipment | skilled | positioning | dressing | ROM | grooming |
| reacher | sock aide | positioning | social | freedom | modified | mobility | strength | social | independent |
| purposeful | holistic | dressing | feeding | strength | living | feeding | balance | holistic | freedom |
| living | skilled | modified | mobility | balance | pain management | ADLs | adaptive equipment | functional | cooking |
| cooking | problem solving | IADLs | ROM | independent | problem solving | reacher | IADLs | purposeful | sock aide |

| Occupational Therapy Bingo Blitz | | | | | | Occupational Therapy Bingo Blitz | | | | | |
|-------------------------------------|-------------|--------------------|--------------------|-----------------------|--------------------|-------------------------------------|-------------|-----------------------|----------|--|--|
| positioning | living | social | balance | adaptive equipment | ADLs | feeding | functional | purposeful | dressing | | |
| freedom | holistic | ADLs | functional | sock aide | IADLs | sock aide | holistic | reacher | grooming | | |
| grooming | mobility | ROM | reacher | skilled | balance | pain management | independent | adaptive equipment | modified | | |
| purposeful | strength | cooking | problem solving | modified | positioning | skilled | living | strength | mobility | | |
| feeding | independent | pain management | IADLs | dressing | problem solving | freedom | ROM | cooking | social | | |

| Occuj | pation | al The Blitz | erapy } | Bingo | Occupational Therapy Bin Blitz | | | | | |
|-------------|--------------------|-----------------|-----------------------|--------------------|-----------------------------------|--------------------|--------------|--------------------|-------------|--|
| independent | feeding | sock aide | social | living | grooming | problem solving | sock aide | pain management | dressing | |
| reacher | IADLs | ADLs | strength | skilled | reacher | skilled | social | ADLs | mobility | |
| balance | positioning | holistic | adaptive equipment | problem solving | adaptive equipment | positioning | purposeful | functional | freedom | |
| freedom | modified | mobility | functional | grooming | balance | ROM | feeding | cooking | living | |
| ROM | pain management | purposeful | cooking | dressing | strength | modified | IADLs | holistic | independent | |

| Occup | pation | al The Blitz | erapy I | Bingo | Occupational Therapy Bi Blitz | | | | | |
|-------------|--------------------|-----------------------|------------|--------------|----------------------------------|------------|--------------------|------------|-----------------------|--|
| grooming | ROM | skilled | ADLs | balance | modified | feeding | IADLs | dressing | social | |
| feeding | IADLs | adaptive equipment | holistic | freedom | cooking | mobility | reacher | grooming | sock aide | |
| living | mobility | strength | social | dressing | problem solving | living | independent | balance | ROM | |
| positioning | purposeful | reacher | cooking | sock aide | holistic | purposeful | positioning | functional | adaptive equipment | |
| modified | pain management | problem solving | functional | independent | ADLs | skilled | pain management | freedom | strength | |