

Sublime BINGO

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Safety First!

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 3 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/vcsu4h

Play

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next page you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 3.

Virtual Bingo

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to myfreebingocards.com/virtual-bingo.

Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to <https://myfreebingocards.com/fag> where you will find solutions to most common problems.

Share

[Pin these bingo cards](#) on Pinterest, [share on Facebook](#), or post this link: mfbc.us/s/vcsu4h

Edit and Create

To add more words or make changes to this set of bingo cards go to mfbc.us/e/vcsu4h

Go to myfreebingocards.com/bingo-card-generator to create a new set of bingo cards.

Legal

The terms of use for these printable bingo cards can be found at myfreebingocards.com/terms.

Have Fun!

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

Bingo Caller's Card

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

100 burpees	100 unbroken SUDU	100 push ups	200 squats	Share a recipe	Run a mile	2:00 plank (no drop)
300 walking lunges	Run for 30 mins	Post ❤️ about the gym	ROM ³ WODs	4 @ home WODs	Drink 64 oz of water for 3 days	No treats for a day
Tag 2 friends to join BINGO	3 girl WODs	Get a family member to join in on a WOD	Clean out a drawer	Read a book for 30 mins	Start/finish 1k puzzle	75 pistols
1:00 handstand hold	Hero WOD	30:00 yoga				

Sublime BINGO

Read a book for 30 mins	100 unbroken S.U/D.U	Clean out a drawer	2:00 plank (no drop)	Hero WOD
4 @ home WODs	Get a family member to join in on a WOD	Run a mile	No treats for a day	200 squats
Run for 30 mins	Start/finish 1k puzzle	FREE SPACE	3 ROM WODs	100 push ups
Tag 2 friends to join BINGO	300 walking lunges	75 pistols	100 burpees	30:00 yoga
3 girl WODs	1:00 handstand hold	Drink 64 oz of water for 3 days	Post ❤ about the gym	Share a recipe

Sublime BINGO

Run a mile	No treats for a day	Drink 64 oz of water for 3 days	Read a book for 30 mins	300 walking lunges
4 @ home WODs	3 ROM WODs	Post ❤ about the gym	Run for 30 mins	2:00 plank (no drop)
Tag 2 friends to join BINGO	30:00 yoga	FREE SPACE	1:00 handstand hold	75 pistols
100 push ups	200 squats	100 unbroken S.U/D.U	Start/finish 1k puzzle	100 burpees
Hero WOD	3 girl WODs	Clean out a drawer	Get a family member to join in on a WOD	Share a recipe

Sublime BINGO

Post ❤️ about the gym	Get a family member to join in on a WOD	Run a mile	30:00 yoga	75 pistols
Share a recipe	2:00 plank (no drop)	3 ROM WODs	Drink 64 oz of water for 3 days	Start/finish 1k puzzle
100 unbroken SUDU	Read a book for 30 mins	FREE SPACE	100 push ups	3 girl WODs
No treats for a day	300 walking lunges	Run for 30 mins	100 burpees	Tag 2 friends to join BINGO
Hero WOD	Clean out a drawer	4 @ home WODs	200 squats	1:00 handstand hold

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Start/finish 1k puzzle	Clean out a drawer	Run for 30 mins	200 squats	Drink 64 oz of water for 3 days
100 push ups	Get a family member to join in on a WOD	Hero WOD	Tag 2 friends to join BINGO	Post ❤️ about the gym
3 ROM WODs	Read a book for 30 mins	FREE SPACE	Run a mile	1:00 handstand hold
30:00 yoga	300 walking lunges	2:00 plank (no drop)	Share a recipe	4 @ home WODs
No treats for a day	100 unbroken SUDU	75 pistols	100 burpees	3 girl WODs

Sublime BINGO

Clean out a drawer	200 squats	Start/finish 1k puzzle	ROM ³ WODs	100 burpees
Run a mile	300 walking lunges	No treats for a day	Share a recipe	100 push ups
100 unbroken SU/DU	Tag 2 friends to join BINGO	FREE SPACE	4 @ home WODs	75 pistols
2:00 plank (no drop)	1:00 handstand hold	30:00 yoga	Get a family member to join in on a WOD	Read a book for 30 mins
3 girl WODs	Run for 30 mins	Hero WOD	Post ❤ about the gym	Drink 64 oz of water for 3 days

Sublime BINGO

Clean out a drawer	100 unbroken SU/DU	Read a book for 30 mins	1:00 handstand hold	2:00 plank (no drop)
ROM ³ WODs	No treats for a day	Drink 64 oz of water for 3 days	Run a mile	Get a family member to join in on a WOD
100 burpees	75 pistols	FREE SPACE	Hero WOD	Post ❤ about the gym
300 walking lunges	Run for 30 mins	Start/finish 1k puzzle	Tag 2 friends to join BINGO	4 @ home WODs
30:00 yoga	200 squats	Share a recipe	100 push ups	3 girl WODs

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Tag 2 friends to join BINGO	1:00 handstand hold	Run for 30 mins	Hero WOD	Run a mile
3 girl WODs	No treats for a day	2:00 plank (no drop)	75 pistols	Get a family member to join in on a WOD
3 ROM WODs	Post ❤ about the gym	FREE SPACE	4 @ home WODs	100 push ups
Clean out a drawer	Drink 64 oz of water for 3 days	30:00 yoga	100 burpees	Start/finish 1k puzzle
300 walking lunges	Read a book for 30 mins	200 squats	100 unbroken SUDU	Share a recipe

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Tag 2 friends to join BINGO	Read a book for 30 mins	300 walking lunges	4 @ home WODs	100 burpees
1:00 handstand hold	100 push ups	Start/finish 1k puzzle	Clean out a drawer	200 squats
Run a mile	Post ❤ about the gym	FREE SPACE	Get a family member to join in on a WOD	3 ROM WODs
100 unbroken SUDU	Share a recipe	2:00 plank (no drop)	Hero WOD	75 pistols
No treats for a day	30:00 yoga	3 girl WODs	Drink 64 oz of water for 3 days	Run for 30 mins

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300 walking lunges	30:00 yoga	Drink 64 oz of water for 3 days	100 push ups	Run for 30 mins
Clean out a drawer	200 squats	2:00 plank (no drop)	75 pistols	Read a book for 30 mins
Post ❤ about the gym	Get a family member to join in on a WOD	FREE SPACE	Tag 2 friends to join BINGO	3 ROM WODs
No treats for a day	3 girl WODs	Share a recipe	Hero WOD	1:00 handstand hold
4 @ home WODs	Run a mile	100 unbroken SUDU	100 burpees	Start/finish 1k puzzle

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Hero WOD	Start/finish 1k puzzle	Run for 30 mins	100 unbroken SUDU	1:00 handstand hold
No treats for a day	3 girl WODs	3 ROM WODs	100 push ups	100 burpees
Drink 64 oz of water for 3 days	Run a mile	FREE SPACE	30:00 yoga	Read a book for 30 mins
Clean out a drawer	Tag 2 friends to join BINGO	75 pistols	Share a recipe	200 squats
Post ❤ about the gym	4 @ home WODs	300 walking lunges	2:00 plank (no drop)	Get a family member to join in on a WOD

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Bingo Card ID 011

Sublime BINGO

100 unbroken SUDU	Share a recipe	100 push ups	Read a book for 30 mins	2:00 plank (no drop)
Get a family member to join in on a WORD	300 walking lunges	Clean out a drawer	Run a mile	3 girl WORDS
Drink 64 oz of water for 3 days	Hero WORD	FREE SPACE	Tag 2 friends to join BINGO	75 pistols
No treats for a day	Post ❤️ about the gym	Run for 30 mins	1:00 handstand hold	Start/finish 1k puzzle
100 burpees	ROM ³ WORDS	200 squats	4 @ home WORDS	30:00 yoga

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Bingo Card ID 012

Sublime BINGO

Get a family member to join in on a WORD	3 girl WORDS	No treats for a day	100 unbroken SUDU	ROM ³ WORDS
30:00 yoga	Drink 64 oz of water for 3 days	4 @ home WORDS	Share a recipe	2:00 plank (no drop)
75 pistols	Run a mile	FREE SPACE	100 push ups	Tag 2 friends to join BINGO
Clean out a drawer	Read a book for 30 mins	Start/finish 1k puzzle	300 walking lunges	1:00 handstand hold
100 burpees	Post ❤️ about the gym	Hero WORD	200 squats	Run for 30 mins

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Sublime BINGO

Run a mile	300 walking lunges	200 squats	30:00 yoga	Drink 64 oz of water for 3 days
1:00 handstand hold	2:00 plank (no drop)	Tag 2 friends to join BINGO	Get a family member to join in on a WORD	Run for 30 mins
Read a book for 30 mins	No treats for a day	FREE SPACE	3 ROOM WORDS	3 girl WORDS
100 burpees	Hero WORD	100 push ups	4 @ home WORDS	100 unbroken SUDU
Start/finish 1k puzzle	75 pistols	Clean out a drawer	Share a recipe	Post ❤ about the gym

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Sublime BINGO

30:00 yoga	200 squats	75 pistols	Drink 64 oz of water for 3 days	1:00 handstand hold
Run a mile	Post ❤ about the gym	4 @ home WORDS	Get a family member to join in on a WORD	3 ROOM WORDS
Share a recipe	100 burpees	FREE SPACE	No treats for a day	Clean out a drawer
Hero WORD	100 push ups	Start/finish 1k puzzle	2:00 plank (no drop)	Run for 30 mins
Read a book for 30 mins	Tag 2 friends to join BINGO	300 walking lunges	3 girl WORDS	100 unbroken SUDU

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Sublime BINGO

3 girl WODs	300 walking lunges	Clean out a drawer	No treats for a day	100 unbroken SU/DU
Post ❤️ about the gym	Start/finish 1k puzzle	Drink 64 oz of water for 3 days	2:00 plank (no drop)	100 push ups
Get a family member to join in on a WOD	200 squats	FREE SPACE	Run for 30 mins	Run a mile
4 @ home WODs	Read a book for 30 mins	Tag 2 friends to join BINGO	3 ROM WODs	100 burpees
Share a recipe	1:00 handstand hold	Hero WOD	75 pistols	30:00 yoga

Sublime BINGO

Get a family member to join in on a WOD	75 pistols	100 push ups	Tag 2 friends to join BINGO	3 ROM WODs
Start/finish 1k puzzle	Share a recipe	Run a mile	Drink 64 oz of water for 3 days	Post ❤️ about the gym
Hero WOD	100 burpees	FREE SPACE	Clean out a drawer	30:00 yoga
No treats for a day	Read a book for 30 mins	4 @ home WODs	300 walking lunges	Run for 30 mins
200 squats	3 girl WODs	100 unbroken SU/DU	2:00 plank (no drop)	1:00 handstand hold

Sublime BINGO

Clean out a drawer	Get a family member to join in on a WOD	2:00 plank (no drop)	Tag 2 friends to join BINGO	200 squats
Run for 30 mins	100 unbroken SUDU	3 girl WODs	30:00 yoga	300 walking lunges
Drink 64 oz of water for 3 days	100 burpees	FREE SPACE	4 @ home WODs	75 pistols
No treats for a day	1:00 handstand hold	Share a recipe	Hero WOD	Post ❤ about the gym
Read a book for 30 mins	Start/finish 1k puzzle	100 push ups	Run a mile	ROM ³ WODs

Sublime BINGO

75 pistols	100 unbroken SUDU	100 burpees	200 squats	Run a mile
Drink 64 oz of water for 3 days	Read a book for 30 mins	Get a family member to join in on a WOD	Hero WOD	Post ❤ about the gym
Start/finish 1k puzzle	Clean out a drawer	FREE SPACE	4 @ home WODs	30:00 yoga
300 walking lunges	Run for 30 mins	ROM ³ WODs	3 girl WODs	2:00 plank (no drop)
1:00 handstand hold	100 push ups	No treats for a day	Share a recipe	Tag 2 friends to join BINGO

Sublime BINGO

3 ROM WODs	4 @ home WODs	30:00 yoga	1:00 handstand hold	75 pistols
300 walking lunges	200 squats	Hero WOD	Drink 64 oz of water for 3 days	Post ❤️ about the gym
Read a book for 30 mins	Tag 2 friends to join BINGO	FREE SPACE	2:00 plank (no drop)	Run for 30 mins
No treats for a day	3 girl WODs	100 push ups	Run a mile	100 burpees
Clean out a drawer	Share a recipe	Get a family member to join in on a WOD	Start/finish 1k puzzle	100 unbroken SU/DU

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Sublime BINGO

Drink 64 oz of water for 3 days	Run for 30 mins	3 ROM WODs	Get a family member to join in on a WOD	100 burpees
No treats for a day	Hero WOD	3 girl WODs	Clean out a drawer	100 unbroken SU/DU
Share a recipe	4 @ home WODs	FREE SPACE	75 pistols	300 walking lunges
Run a mile	1:00 handstand hold	Start/finish 1k puzzle	Tag 2 friends to join BINGO	Post ❤️ about the gym
100 push ups	2:00 plank (no drop)	200 squats	30:00 yoga	Read a book for 30 mins

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Sublime BINGO

Run for 30 mins	Hero WOD	3 girl WODs	Get a family member to join in on a WOD	Read a book for 30 mins
Post ❤ about the gym	Clean out a drawer	Start/finish 1k puzzle	100 push ups	200 squats
1:00 handstand hold	2:00 plank (no drop)	FREE SPACE	Tag 2 friends to join BINGO	30:00 yoga
No treats for a day	Run a mile	100 burpees	Drink 64 oz of water for 3 days	75 pistols
ROM ³ WODs	100 unbroken SUDU	4 @ home WODs	Share a recipe	300 walking lunges

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Sublime BINGO

75 pistols	100 burpees	200 squats	30:00 yoga	Hero WOD
Clean out a drawer	No treats for a day	100 unbroken SUDU	100 push ups	Run a mile
Tag 2 friends to join BINGO	300 walking lunges	FREE SPACE	4 @ home WODs	Read a book for 30 mins
Share a recipe	1:00 handstand hold	Drink 64 oz of water for 3 days	Run for 30 mins	3 girl WODs
2:00 plank (no drop)	Start/finish 1k puzzle	Post ❤ about the gym	Get a family member to join in on a WOD	ROM ³ WODs

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Bingo Card ID 023

Sublime BINGO

4 @ home W@Ds	30:00 yoga	100 burpees	1:00 handstand hold	No treats for a day
Run for 30 mins	Post ❤️ about the gym	Tag 2 friends to join BINGO	300 walking lunges	Run a mile
Start/finish 1k puzzle	75 pistols	FREE SPACE	3 girl W@Ds	3 ROM@W@Ds
Drink 64 oz of water for 3 days	Share a recipe	Hero W@D	Get a family member to join in on a W@D	200 squats
2:00 plank (no drop)	100 push ups	Read a book for 30 mins	100 unbroken SU/DU	Clean out a drawer

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Bingo Card ID 024

Sublime BINGO

3 ROM@W@Ds	Share a recipe	Post ❤️ about the gym	100 unbroken SU/DU	Hero W@D
4 @ home W@Ds	Get a family member to join in on a W@D	Clean out a drawer	Start/finish 1k puzzle	200 squats
3 girl W@Ds	Drink 64 oz of water for 3 days	FREE SPACE	300 walking lunges	75 pistols
No treats for a day	100 burpees	1:00 handstand hold	30:00 yoga	2:00 plank (no drop)
Read a book for 30 mins	Run for 30 mins	100 push ups	Run a mile	Tag 2 friends to join BINGO

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Sublime BINGO

Drink 64 oz of water for 3 days	Post  about the gym	Start/finish 1k puzzle	200 squats	1:00 handstand hold
75 pistols	300 walking lunges	100 burpees	30:00 yoga	Tag 2 friends to join BINGO
4 @ home WORDs	Get a family member to join in on a WORD	FREE SPACE	100 unbroken SUDU	Run for 30 mins
Run a mile	Share a recipe	2:00 plank (no drop)	Read a book for 30 mins	3 girl WORDs
Hero WORD	Clean out a drawer	100 push ups	ROM ³ WORDs	No treats for a day

Sublime BINGO

100 burpees	3 girl WORDs	30:00 yoga	Run a mile	ROM ³ WORDs
100 push ups	75 pistols	Tag 2 friends to join BINGO	Run for 30 mins	4 @ home WORDs
200 squats	No treats for a day	FREE SPACE	1:00 handstand hold	Clean out a drawer
Hero WORD	Post  about the gym	Share a recipe	Drink 64 oz of water for 3 days	Get a family member to join in on a WORD
Read a book for 30 mins	300 walking lunges	100 unbroken SUDU	2:00 plank (no drop)	Start/finish 1k puzzle

Sublime BINGO

Tag 2 friends to join BINGO	3 girl WODs	Clean out a drawer	Drink 64 oz of water for 3 days	Start/finish 1k puzzle
100 push ups	Run for 30 mins	100 burpees	200 squats	Share a recipe
75 pistols	Post ❤ about the gym	FREE SPACE	1:00 handstand hold	300 walking lunges
Read a book for 30 mins	Get a family member to join in on a WOD	Hero WOD	30:00 yoga	4 @ home WODs
100 unbroken SUDU	No treats for a day	Run a mile	3 ROM WODs	2:00 plank (no drop)

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Sublime BINGO

Tag 2 friends to join BINGO	4 @ home WODs	Read a book for 30 mins	3 ROM WODs	No treats for a day
Start/finish 1k puzzle	Share a recipe	Run for 30 mins	100 burpees	Post ❤ about the gym
Get a family member to join in on a WOD	Run a mile	FREE SPACE	1:00 handstand hold	30:00 yoga
300 walking lunges	200 squats	100 unbroken SUDU	Drink 64 oz of water for 3 days	3 girl WODs
2:00 plank (no drop)	75 pistols	100 push ups	Hero WOD	Clean out a drawer

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Sublime BINGO

4 @ home WODs	100 unbroken SU/DU	Share a recipe	100 burpees	200 squats
3 girl WODs	100 push ups	1:00 handstand hold	75 pistols	Drink 64 oz of water for 3 days
300 walking lunges	Get a family member to join in on a WOD	FREE SPACE	Start/finish 1k puzzle	Post ❤️ about the gym
ROM ³ WODs	Run a mile	Run for 30 mins	Tag 2 friends to join BINGO	2:00 plank (no drop)
No treats for a day	Hero WOD	Read a book for 30 mins	30:00 yoga	Clean out a drawer

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Sublime BINGO

Hero WOD	3 girl WODs	100 push ups	ROM ³ WODs	Start/finish 1k puzzle
Run for 30 mins	2:00 plank (no drop)	Get a family member to join in on a WOD	Tag 2 friends to join BINGO	4 @ home WODs
Read a book for 30 mins	Drink 64 oz of water for 3 days	FREE SPACE	Clean out a drawer	200 squats
100 unbroken SU/DU	75 pistols	Run a mile	Post ❤️ about the gym	30:00 yoga
1:00 handstand hold	Share a recipe	100 burpees	No treats for a day	300 walking lunges

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