

Recovery Bingo

myfreebingocards.com

Safety First!

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 3 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/smyqska

Play

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next page you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 3.

Virtual Bingo

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to myfreebingocards.com/virtual-bingo.

Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to <https://myfreebingocards.com/fag> where you will find solutions to most common problems.

Share

[Pin these bingo cards](#) on Pinterest, [share on Facebook](#), or post this link: mfbc.us/s/smyqska

Edit and Create

To add more words or make changes to this set of bingo cards go to mfbc.us/e/smyqska

Go to myfreebingocards.com/bingo-card-generator to create a new set of bingo cards.

Legal

The terms of use for these printable bingo cards can be found at myfreebingocards.com/terms.

Have Fun!

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

Bingo Caller's Card

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

Abstinence	Nervous System	Harm Reduction	Blackouts	Accountability	Mindfulness	Urge Surfing
Amends	Powerless	Higher Power	12 Steps	Dual-Diagnosis	DUI	Dopamine
Habits	Sponsor	Cravings	One Day at a Time	Stress	Triggers	Recovery
Alcohol	Legal	Narcotics	Stigma	Drug Interaction	Self-Sabotage	Marijuana
Schizophrenia	Depression	Mania	Process Addiction	Warning Signs	Coping Skills	Peers
Resiliency	Relationships	Anxiety	Boundaries	Relapse	Alcoholics Anonymous	Withdrawal
Detox	Break the Cycle	Amphetamines	Family of Origin	Big Emotions	Discomfort	Reward System

Bingo Card ID 001

Recovery Bingo

Dopamine	Mania	Accountability	Withdrawal	Triggers
Nervous System	Amends	Coping Skills	Depression	Marijuana
Boundaries	Schizophrenia	FREE SPACE	Sponsor	Narcotics
Drug Interaction	Detox	DUI	Resiliency	Dual-Diagnosis
Alcoholics Anonymous	Relationships	Habits	Abstinence	Mindfulness

myfreebingocards.com

Bingo Card ID 002

Recovery Bingo

Drug Interaction	Urge Surfing	Self-Sabotage	Legal	Detox
Cravings	One Day at a Time	Stigma	Dopamine	Big Emotions
Boundaries	Relationships	FREE SPACE	Process Addiction	Triggers
Marijuana	Amphetamines	Resiliency	Amends	Powerless
Discomfort	Dual-Diagnosis	Harm Reduction	Withdrawal	Reward System

myfreebingocards.com

Bingo Card ID 003

Recovery Bingo

Mindfulness	Drug Interaction	Discomfort	DUI	Narcotics
Stress	Marijuana	Nervous System	Blackouts	Break the Cycle
Relapse	Triggers	FREE SPACE	Mania	Powerless
Urge Surfing	Warning Signs	Legal	Family of Origin	Amends
Accountability	Habits	Higher Power	Resiliency	Amphetamines

myfreebingocards.com

Bingo Card ID 004

Recovery Bingo

Relapse	Stress	Habits	Resiliency	Peers
Mindfulness	Dual-Diagnosis	Coping Skills	Alcoholics Anonymous	Marijuana
Cravings	DUI	FREE SPACE	Abstinence	Legal
One Day at a Time	Depression	Schizophrenia	Powerless	Harm Reduction
Withdrawal	Process Addiction	Higher Power	Amphetamines	Dopamine

myfreebingocards.com

Recovery Bingo

Alcoholics Anonymous	Habits	Coping Skills	12 Steps	Stress
Amphetamines	Process Addiction	Marijuana	Narcotics	Relationships
Recovery	Drug Interaction	FREE SPACE	Resiliency	Withdrawal
Big Emotions	Detox	Triggers	Family of Origin	Abstinence
Higher Power	Urge Surfing	Accountability	Peers	Break the Cycle

Recovery Bingo

Recovery	Accountability	Warning Signs	Coping Skills	Mindfulness
One Day at a Time	Dopamine	Higher Power	Alcohol	Amends
Nervous System	Detox	FREE SPACE	Reward System	Narcotics
Withdrawal	Amphetamines	Cravings	Drug Interaction	DUI
12 Steps	Stigma	Relationships	Urge Surfing	Sponsor

Bingo Card ID 007

Recovery Bingo

Harm Reduction	Alcohol	Depression	Dual-Diagnosis	Higher Power
Mindfulness	Sponsor	Schizophrenia	Narcotics	Recovery
Peers	Detox	FREE SPACE	Anxiety	Powerless
Drug Interaction	Nervous System	Stress	Mania	Amends
Relapse	Break the Cycle	Amphetamines	Abstinence	Legal

myfreebingocards.com

Bingo Card ID 008

Recovery Bingo

Schizophrenia	Harm Reduction	Dopamine	Nervous System	Triggers
Self-Sabotage	Big Emotions	Boundaries	Powerless	Relationships
Relapse	12 Steps	FREE SPACE	Stigma	Stress
Alcohol	Habits	Urge Surfing	Abstinence	One Day at a Time
Marijuana	Resiliency	Legal	Withdrawal	Coping Skills

myfreebingocards.com

Bingo Card ID 009

Recovery Bingo

Warning Signs	One Day at a Time	Big Emotions	Process Addiction	Legal
Withdrawal	Cravings	Recovery	Nervous System	Blackouts
Marijuana	Abstinence	FREE SPACE	Dual-Diagnosis	Reward System
Break the Cycle	Resiliency	Alcoholics Anonymous	Amends	Coping Skills
DUI	Powerless	Discomfort	Dopamine	Triggers

myfreebingocards.com

Bingo Card ID 010

Recovery Bingo

Habits	Process Addiction	Dual-Diagnosis	Depression	Accountability
Alcohol	Legal	Mindfulness	Detox	Powerless
Anxiety	Relationships	FREE SPACE	Amphetamines	Abstinence
Marijuana	Urge Surfing	Cravings	Schizophrenia	Mania
12 Steps	Reward System	Stress	Triggers	Higher Power

myfreebingocards.com

Bingo Card ID 011

Recovery Bingo

Withdrawal	Family of Origin	Accountability	Urge Surfing	One Day at a Time
Reward System	Process Addiction	Resiliency	Nervous System	Self-Sabotage
Triggers	Sponsor	FREE SPACE	Abstinence	Dopamine
Stigma	Relationships	Amends	DUI	Powerless
Big Emotions	Mindfulness	Cravings	Drug Interaction	Coping Skills

myfreebingocards.com

Bingo Card ID 012

Recovery Bingo

Detox	DUI	Anxiety	Blackouts	Accountability
Cravings	Amphetamines	Schizophrenia	Boundaries	Marijuana
Relapse	Triggers	FREE SPACE	Self-Sabotage	Recovery
Nervous System	Relationships	Family of Origin	Break the Cycle	Amends
Abstinence	Drug Interaction	Urge Surfing	Withdrawal	Higher Power

myfreebingocards.com

Bingo Card ID 013

Recovery Bingo

Drug Interaction	Self-Sabotage	Relapse	Higher Power	Big Emotions
Stigma	Blackouts	Cravings	Alcoholics Anonymous	Triggers
Alcohol	Amends	FREE SPACE	Recovery	Legal
Harm Reduction	Nervous System	DUI	Urge Surfing	Dual-Diagnosis
One Day at a Time	Dopamine	Detox	Sponsor	Resiliency

myfreebingocards.com

Bingo Card ID 014

Recovery Bingo

Reward System	Blackouts	Higher Power	Alcoholics Anonymous	Schizophrenia
Stress	Mindfulness	Break the Cycle	Cravings	Alcohol
One Day at a Time	Drug Interaction	FREE SPACE	Process Addiction	Withdrawal
Triggers	DUI	Discomfort	Boundaries	Urge Surfing
Amphetamines	Relationships	Powerless	Mania	Family of Origin

myfreebingocards.com

Bingo Card ID 015

Recovery Bingo

Urge Surfing	Anxiety	Powerless	Stigma	Big Emotions
Coping Skills	Resiliency	Detox	Accountability	Discomfort
Cravings	Habits	FREE SPACE	Triggers	Abstinence
Peers	Mindfulness	DUI	Amends	Warning Signs
Stress	Self-Sabotage	Marijuana	Dual-Diagnosis	Alcoholics Anonymous

myfreebingocards.com

Bingo Card ID 016

Recovery Bingo

Abstinence	DUI	Break the Cycle	Urge Surfing	Stress
Relationships	Harm Reduction	Relapse	Amphetamines	Legal
Family of Origin	Habits	FREE SPACE	Process Addiction	Reward System
Schizophrenia	Self-Sabotage	Narcotics	Mindfulness	Drug Interaction
Triggers	Peers	Mania	Sponsor	Cravings

myfreebingocards.com

Bingo Card ID 017

Recovery Bingo

Process Addiction	Stigma	Peers	Coping Skills	DUI
Higher Power	Nervous System	Alcoholics Anonymous	Amends	Harm Reduction
One Day at a Time	Relapse	FREE SPACE	Triggers	Anxiety
Urge Surfing	Accountability	Dual- Diagnosis	Blackouts	Big Emotions
Warning Signs	Mindfulness	12 Steps	Cravings	Boundaries

myfreebingocards.com

Bingo Card ID 018

Recovery Bingo

Resiliency	Sponsor	Accountability	Break the Cycle	Recovery
Self- Sabotage	12 Steps	Stigma	Schizophrenia	Alcoholics Anonymous
Cravings	Relapse	FREE SPACE	Drug Interaction	Triggers
One Day at a Time	DUI	Warning Signs	Dopamine	Depression
Relationships	Withdrawal	Discomfort	Reward System	Coping Skills

myfreebingocards.com

Bingo Card ID 019

Recovery Bingo

Legal	Triggers	Resiliency	Amphetamines	Boundaries
Higher Power	Alcohol	Blackouts	Break the Cycle	Urge Surfing
Big Emotions	Peers	FREE SPACE	Mindfulness	Withdrawal
Alcoholics Anonymous	One Day at a Time	Warning Signs	Depression	Cravings
Reward System	Process Addiction	Stress	Discomfort	Harm Reduction

myfreebingocards.com

Bingo Card ID 020

Recovery Bingo

Narcotics	Amphetamines	Dual-Diagnosis	Cravings	Warning Signs
DUI	Urge Surfing	Reward System	12 Steps	Detox
Anxiety	Marijuana	FREE SPACE	Depression	Stress
Higher Power	Coping Skills	Accountability	Relapse	Powerless
Nervous System	Family of Origin	Recovery	Mania	Relationships

myfreebingocards.com

Bingo Card ID 021

Recovery Bingo

Stigma	Mindfulness	Dual-Diagnosis	Depression	DUI
Anxiety	Relapse	Peers	Warning Signs	Stress
Self-Sabotage	Dopamine	FREE SPACE	Discomfort	Habits
Withdrawal	Coping Skills	Mania	Process Addiction	Alcoholics Anonymous
Abstinence	Legal	Schizophrenia	Powerless	Amends

myfreebingocards.com

Bingo Card ID 022

Recovery Bingo

Break the Cycle	Sponsor	Self-Sabotage	Withdrawal	Recovery
Peers	12 Steps	Alcoholics Anonymous	Blackouts	Schizophrenia
Coping Skills	Depression	FREE SPACE	Detox	Stigma
Accountability	Resiliency	Abstinence	Harm Reduction	Big Emotions
Drug Interaction	Reward System	Family of Origin	Triggers	Legal

myfreebingocards.com

Recovery Bingo

Blackouts	Resiliency	Boundaries	12 Steps	Detox
Mania	Alcohol	Process Addiction	Dual-Diagnosis	Warning Signs
Urge Surfing	Sponsor	FREE SPACE	Harm Reduction	Discomfort
Drug Interaction	Big Emotions	Habits	Narcotics	Nervous System
Stress	Break the Cycle	Relapse	Reward System	Mindfulness

Recovery Bingo

Amphetamines	Triggers	Family of Origin	Discomfort	Accountability
Relapse	DUI	Depression	Mania	Recovery
Stigma	Boundaries	FREE SPACE	Schizophrenia	Narcotics
Self-Sabotage	Peers	Habits	Coping Skills	Higher Power
Cravings	Sponsor	Anxiety	Alcoholics Anonymous	Urge Surfing

Recovery Bingo

Self-Sabotage	Cravings	Reward System	Discomfort	Peers
Habits	Mania	Resiliency	Stigma	Alcoholics Anonymous
Powerless	Mindfulness	FREE SPACE	Break the Cycle	Big Emotions
Sponsor	Alcohol	Relapse	Blackouts	12 Steps
Harm Reduction	Marijuana	Narcotics	Legal	Withdrawal

Recovery Bingo

12 Steps	Anxiety	Reward System	Stress	Blackouts
One Day at a Time	Amphetamines	Drug Interaction	Triggers	Break the Cycle
Abstinence	Harm Reduction	FREE SPACE	Peers	Powerless
Dual-Diagnosis	Boundaries	Legal	Alcoholics Anonymous	Relapse
Detox	Stigma	Narcotics	Recovery	Alcohol

Bingo Card ID 027

Recovery Bingo

Sponsor	Anxiety	Harm Reduction	Coping Skills	Withdrawal
Cravings	Resiliency	Narcotics	Mania	Habits
Mindfulness	Abstinence	FREE SPACE	Dual-Diagnosis	12 Steps
Higher Power	Marijuana	Family of Origin	Alcoholics Anonymous	Discomfort
Break the Cycle	Peers	Alcohol	Nervous System	Urge Surfing

myfreebingocards.com

Bingo Card ID 028

Recovery Bingo

Boundaries	Harm Reduction	Sponsor	Dopamine	Mania
Detox	Process Addiction	Amphetamines	Nervous System	Narcotics
Reward System	Legal	FREE SPACE	Peers	Relapse
Powerless	Habits	Family of Origin	Dual-Diagnosis	12 Steps
Marijuana	Stigma	Recovery	Schizophrenia	Triggers

myfreebingocards.com

Bingo Card ID 029

Recovery Bingo

Narcotics	Warning Signs	Boundaries	Reward System	Accountability
Legal	Powerless	Mania	Family of Origin	Resiliency
12 Steps	Nervous System	FREE SPACE	Relationships	Mindfulness
Anxiety	Urge Surfing	Alcoholics Anonymous	Sponsor	Abstinence
Stress	Triggers	Relapse	Process Addiction	Break the Cycle

myfreebingocards.com

Bingo Card ID 030

Recovery Bingo

Depression	Anxiety	Reward System	Abstinence	Amphetamines
Relationships	Mania	Habits	Dual-Diagnosis	Powerless
DUI	Amends	FREE SPACE	Self-Sabotage	Boundaries
Recovery	Harm Reduction	Cravings	Stigma	Marijuana
Dopamine	Coping Skills	One Day at a Time	Alcoholics Anonymous	Accountability

myfreebingocards.com