

Clutch City Crossfit Bingo

myfreebingocards.com

Safety First!

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 3 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/ru7f4t

Play

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next page you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 3.

Virtual Bingo

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to myfreebingocards.com/virtual-bingo.

Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to <https://myfreebingocards.com/faq> where you will find solutions to most common problems.

Share

[Pin these bingo cards](#) on Pinterest, [share on Facebook](#), or post this link: mfbc.us/s/ru7f4t

Edit and Create

To add more words or make changes to this set of bingo cards go to mfbc.us/e/ru7f4t

Go to myfreebingocards.com/bingo-card-generator to create a new set of bingo cards.

Legal

The terms of use for these printable bingo cards can be found at myfreebingocards.com/terms.

Have Fun!

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

Bingo Caller's Card

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

Create a post of you working out and put what you love about CCC in your caption	Workout 4 Days this Week	Perform 100 push ups everyday for 4 days	Take a Selfie with your CCC Swag	Accumulate 700 sit-ups in 7 days	Eat veggies at one meal per day	Complete one of Belly's workouts
No added sugar for a week	Perform 100 burpees and tag us!	Drink 64 oz of water each day for a week	Read a book	Do mobility for 4 days in a week	Accumulate 1000 air-squats in a week	Free Be-Social Distancing and Washing Hands
Accumulate a half marathon via walking/running/bike in a week	Leave a great review about CCC	Complete a Zoom workout with a friend	Post a video or boomerang while doing a wod and tag us!	Create your own core workout, video it, and share with us!	Drink only water for 24 hours	Get 7 hours of sleep for 4 days in the weeks
Share a favorite healthy recipe on the CCC Facebook site	Complete a Zoom partner workout and tag us with you partner	Do a 1 minute handstand and share with us	Share a CCC post on Instagram or Facebook			

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Perform 100 push ups everyday for 4 days	Accumulate a half marathon via walking/running/bike in a week	Eat veggies at one meal per day	Complete one of Belly's workouts	Leave a great review about CCC
Drink 64 oz of water each day for a week	No added sugar for a week	Post a video or boomerang while doing a wod and tag us!	Get 7 hours of sleep for 4 days in the weeks	Complete a Zoom workout with a friend
Read a book	Create a post of you working out and put what you love about CCC in your caption	Share a favorite healthy recipe on the CCC Facebook site	Accumulate 700 sit-ups in 7 days	Take a Selfie with your CCC Swag
Do a 1 minute handstand and share with us	Accumulate 1000 air-squats in a week	Drink only water for 24 hours	Workout 4 Days this Week	Do mobility for 4 days in a week
Create your own core workout, video it, and share with us!	Complete a Zoom partner workout and tag us with you partner	Perform 100 burpees and tag us!	Free Be- Social Distancing and Washing Hands	Share a CCC post on Instagram or Facebook

Clutch City Crossfit Bingo

Post a video or boomerang while doing a wod and tag us!	Free Be- Social Distancing and Washing Hands	No added sugar for a week	Perform 100 push ups everyday for 4 days	Do a 1 minute handstand and share with us
Drink 64 oz of water each day for a week	Create a post of you working out and put what you love about CCC in your caption	Perform 100 burpees and tag us!	Read a book	Complete one of Belly's workouts
Take a Selfie with your CCC Swag	Do mobility for 4 days in a week	Complete a Zoom partner workout and tag us with you partner	Accumulate 700 sit-ups in 7 days	Drink only water for 24 hours
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Leave a great review about CCC	Create your own core workout, video it, and share with us!	Share a CCC post on Instagram or Facebook	Get 7 hours of sleep for 4 days in the weeks	Workout 4 Days this Week

Clutch City Crossfit Bingo

Perform 100 burpees and tag us!	Get 7 hours of sleep for 4 days in the weeks	Post a video or boomerang while doing a wod and tag us!	Do mobility for 4 days in a week	Drink only water for 24 hours
Share a CCC post on Instagram or Facebook	Complete one of Belly's workouts	Workout 4 Days this Week	Accumulate a half marathon via walking/running/bike in a week	Share a favorite healthy recipe on the CCC Facebook site
Create a post of you working out and put what you love about CCC in your caption	Free Be- Social Distancing and Washing Hands	Perform 100 push ups everyday for 4 days	Accumulate 700 sit-ups in 7 days	No added sugar for a week
Create your own core workout, video it, and share with us!	Read a book	Accumulate 1000 air-squats in a week	Do a 1 minute handstand and share with us	Take a Selfie with your CCC Swag
Leave a great review about CCC	Eat veggies at one meal per day	Drink 64 oz of water each day for a week	Complete a Zoom workout with a friend	Complete a Zoom partner workout and tag us with you partner

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Share a favorite healthy recipe on the CCC Facebook site	Eat veggies at one meal per day	Read a book	Complete a Zoom workout with a friend	Free Be- Social Distancing and Washing Hands
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Complete one of Belly's workouts	Complete a Zoom partner workout and tag us with you partner	Get 7 hours of sleep for 4 days in the weeks	Do mobility for 4 days in a week	Perform 100 push ups everyday for 4 days
Create your own core workout, video it, and share with us!	Read a book	Perform 100 burpees and tag us!	Free Be- Social Distancing and Washing Hands	Leave a great review about CCC

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Do mobility for 4 days in a week	Create your own core workout, video it, and share with us!	No added sugar for a week	Free Be- Social Distancing and Washing Hands	Read a book

Clutch City Crossfit Bingo

Do a 1 minute handstand and share with us	Do mobility for 4 days in a week	Free Be- Social Distancing and Washing Hands	Read a book	Accumulate 700 sit-ups in 7 days
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Accumulate 1000 air-squats in a week	Post a video or boomerang while doing a wod and tag us!	Accumulate a half marathon via walking/running/bike in a week	Workout 4 Days this Week	Share a favorite healthy recipe on the CCC Facebook site

Clutch City Crossfit Bingo

Share a favorite healthy recipe on the CCC Facebook site	Read a book	Leave a great review about CCC	Accumulate a half marathon via walking/running/bike in a week	Complete a Zoom partner workout and tag us with you partner
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Drink 64 oz of water each day for a week	Perform 100 burpees and tag us!	Do a 1 minute handstand and share with us	Complete one of Belly's workouts	Get 7 hours of sleep for 4 days in the weeks

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Post a video or boomerang while doing a wod and tag us!	Workout 4 Days this Week	Complete a Zoom workout with a friend	Do a 1 minute handstand and share with us	Do mobility for 4 days in a week
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Do mobility for 4 days in a week	Workout 4 Days this Week	Complete a Zoom workout with a friend	Drink only water for 24 hours	Free Be- Social Distancing and Washing Hands
Complete a Zoom partner workout and tag us with you partner	Post a video or boomerang while doing a wod and tag us!	Perform 100 burpees and tag us!	Drink 64 oz of water each day for a week	Get 7 hours of sleep for 4 days in the weeks
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Perform 100 push ups everyday for 4 days	Take a Selfie with your CCC Swag	Do a 1 minute handstand and share with us	Create your own core workout, video it, and share with us!	Accumulate a half marathon via walking/running/bike in a week

Clutch City Crossfit Bingo

Create your own core workout, video it, and share with us!	Do a 1 minute handstand and share with us	Eat veggies at one meal per day	No added sugar for a week	Accumulate a half marathon via walking/running/bike in a week
Perform 100 burpees and tag us!	Share a favorite healthy recipe on the CCC Facebook site	Free Be- Social Distancing and Washing Hands	Complete one of Belly's workouts	Accumulate 700 sit-ups in 7 days
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Share a CCC post on Instagram or Facebook	Complete a Zoom partner workout and tag us with you partner	Leave a great review about CCC	Drink only water for 24 hours	Do mobility for 4 days in a week

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Accumulate 700 sit-ups in 7 days	Get 7 hours of sleep for 4 days in the weeks	Drink only water for 24 hours	Take a Selfie with your CCC Swag	Create a post of you working out and put what you love about CCC in your caption
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Complete a Zoom workout with a friend	Create your own core workout, video it, and share with us!	Accumulate a half marathon via walking/running/bike in a week	Complete one of Belly's workouts	Complete a Zoom partner workout and tag us with you partner

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Eat veggies at one meal per day	Get 7 hours of sleep for 4 days in the weeks	Complete one of Belly's workouts	Take a Selfie with your CCC Swag	Workout 4 Days this Week
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Clutch City Crossfit Bingo

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Read a book	Create a post of you working out and put what you love about CCC in your caption	Create your own core workout, video it, and share with us!	Complete one of Belly's workouts	Complete a Zoom partner workout and tag us with you partner
Accumulate 700 sit-ups in 7 days	No added sugar for a week	Share a CCC post on Instagram or Facebook	Take a Selfie with your CCC Swag	Workout 4 Days this Week

Clutch City Crossfit Bingo

Create a post of you working out and put what you love about CCC in your caption	Drink 64 oz of water each day for a week	Workout 4 Days this Week	Drink only water for 24 hours	Do mobility for 4 days in a week
Complete a Zoom partner workout and tag us with you partner	Do a 1 minute handstand and share with us	Complete a Zoom workout with a friend	Free Be- Social Distancing and Washing Hands	Leave a great review about CCC
Perform 100 burpees and tag us!	Take a Selfie with your CCC Swag	Perform 100 push ups everyday for 4 days	Complete one of Belly's workouts	Read a book
No added sugar for a week	Create your own core workout, video it, and share with us!	Post a video or boomerang while doing a wod and tag us!	Accumulate 700 sit-ups in 7 days	Accumulate 1000 air-squats in a week
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Free Be- Social Distancing and Washing Hands	Read a book	Create a post of you working out and put what you love about CCC in your caption	Get 7 hours of sleep for 4 days in the weeks	Accumulate 1000 air-squats in a week
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Post a video or boomerang while doing a wod and tag us!	Complete a Zoom partner workout and tag us with you partner	Share a favorite healthy recipe on the CCC Facebook site	Take a Selfie with your CCC Swag	Perform 100 burpees and tag us!
Accumulate 700 sit-ups in 7 days	Complete one of Belly's workouts	Complete a Zoom workout with a friend	Do mobility for 4 days in a week	Perform 100 push ups everyday for 4 days

Clutch City Crossfit Bingo

Read a book	Leave a great review about CCC	Get 7 hours of sleep for 4 days in the weeks	Create your own core workout, video it, and share with us!	Perform 100 push ups everyday for 4 days
Perform 100 burpees and tag us!	Eat veggies at one meal per day	Share a favorite healthy recipe on the CCC Facebook site	Complete a Zoom workout with a friend	Accumulate 700 sit-ups in 7 days
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Drink 64 oz of water each day for a week	Do mobility for 4 days in a week	Accumulate 1000 air-squats in a week	No added sugar for a week	Complete a Zoom partner workout and tag us with you partner
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Free Be- Social Distancing and Washing Hands	Share a CCC post on Instagram or Facebook	Leave a great review about CCC	Get 7 hours of sleep for 4 days in the weeks	Complete a Zoom workout with a friend
Complete one of Belly's workouts	Perform 100 push ups everyday for 4 days	Accumulate 700 sit-ups in 7 days	Accumulate a half marathon via walking/running/bike in a week	Eat veggies at one meal per day

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Share a CCC post on Instagram or Facebook	Perform 100 burpees and tag us!	Create a post of you working out and put what you love about CCC in your caption	Accumulate a half marathon via walking/running/bike in a week	Drink 64 oz of water each day for a week
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Perform 100 push ups everyday for 4 days	Read a book	Accumulate 700 sit-ups in 7 days	Post a video or boomerang while doing a wod and tag us!	Take a Selfie with your CCC Swag

Clutch City Crossfit Bingo

Perform 100 burpees and tag us!	Free Be- Social Distancing and Washing Hands	Share a favorite healthy recipe on the CCC Facebook site	Complete a Zoom workout with a friend	Complete a Zoom partner workout and tag us with you partner
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Complete a Zoom workout with a friend	No added sugar for a week	Eat veggies at one meal per day	Complete a Zoom partner workout and tag us with you partner	Leave a great review about CCC
Perform 100 burpees and tag us!	Share a CCC post on Instagram or Facebook	Free Be- Social Distancing and Washing Hands	Workout 4 Days this Week	Get 7 hours of sleep for 4 days in the weeks
Perform 100 push ups everyday for 4 days	Do a 1 minute handstand and share with us	Accumulate a half marathon via walking/running/bike in a week	Complete one of Belly's workouts	Share a favorite healthy recipe on the CCC Facebook site

Clutch City Crossfit Bingo

Eat veggies at one meal per day	Create your own core workout, video it, and share with us!	Take a Selfie with your CCC Swag	Share a favorite healthy recipe on the CCC Facebook site	Free Be- Social Distancing and Washing Hands
Read a book	Accumulate 700 sit-ups in 7 days	Accumulate 1000 air-squats in a week	Workout 4 Days this Week	Share a CCC post on Instagram or Facebook
Complete a Zoom workout with a friend	Perform 100 burpees and tag us!	Drink only water for 24 hours	Complete a Zoom partner workout and tag us with you partner	Perform 100 push ups everyday for 4 days
Do a 1 minute handstand and share with us	Leave a great review about CCC	Get 7 hours of sleep for 4 days in the weeks	Do mobility for 4 days in a week	Drink 64 oz of water each day for a week
Accumulate a half marathon via walking/running/bike in a week	No added sugar for a week	Post a video or boomerang while doing a wod and tag us!	Complete one of Belly's workouts	Create a post of you working out and put what you love about CCC in your caption

Clutch City Crossfit Bingo

Drink 64 oz of water each day for a week	Perform 100 push ups everyday for 4 days	Take a Selfie with your CCC Swag	No added sugar for a week	Create a post of you working out and put what you love about CCC in your caption
Read a book	Share a CCC post on Instagram or Facebook	Share a favorite healthy recipe on the CCC Facebook site	Accumulate 1000 air-squats in a week	Get 7 hours of sleep for 4 days in the weeks
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