

F45 BINGO

myfreebingocards.com

Safety First!

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 3 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/q5pufsw

Play

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next page you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 3.

Virtual Bingo

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to myfreebingocards.com/virtual-bingo.

Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to <https://myfreebingocards.com/fag> where you will find solutions to most common problems.

Share

[Pin these bingo cards](#) on Pinterest, [share on Facebook](#), or post this link: mfbc.us/s/q5pufsw

Edit and Create

To add more words or make changes to this set of bingo cards go to mfbc.us/e/q5pufsw

Go to myfreebingocards.com/bingo-card-generator to create a new set of bingo cards.

Legal

The terms of use for these printable bingo cards can be found at myfreebingocards.com/terms.

Have Fun!

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

Bingo Caller's Card

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

Take a class with Coach Alex	Take a class with Coach Jacob	Take a class with Coach Maddie	Take a class with Coach Seneca	Take a class with Coach Chris	Take a class with Coach Dro	Take a class with CoachTiffany
Download the F45Training App	Wear your Lionheart band	Do an In Body Stats	Free Space	Bring a guest to a workout	Leave us a review on google	Take a picture and tag us
Post your lionheart result	Post a selfie next to the F45 logo and tag us	Post a pic of you and your coach and tag us	Take a Saturday class	Take a Sunday Class	Tag us in F45 gear outside of the studio	Leave us a review on Facebook
Take a Friday class	Burn 500 calories in a session	Post your workout summary	Post your favorite thing about F45 and tag us			

Bingo Card ID 001

F45 BINGO

Take a class with Coach Dro	Do an In Body Stats	Tag us in F45 gear outside of the studio	Leave us a review on Facebook	Take a Sunday Class
Post your lionheart result	Take a class with Coach Alex	Take a class with Coach Jacob	Take a Saturday class	Free Space
Take a class with Coach Maddie	Leave us a review on google	Take a class with CoachTiffany	Burn 500 calories in a session	Take a picture and tag us
Post a selfie next to the F45 logo and tag us	Bring a guest to a workout	Post your workout summary	Wear your Lionheart band	Post your favorite thing about F45 and tag us
Post a pic of you and your coach and tag us	Download the F45Training App	Take a class with Coach Chris	Take a Friday class	Take a class with Coach Seneca

myfreebingocards.com

Bingo Card ID 002

F45 BINGO

Take a class with Coach Jacob	Take a Friday class	Take a class with Coach Alex	Take a class with Coach Dro	Post a selfie next to the F45 logo and tag us
Post your lionheart result	Leave us a review on google	Take a class with Coach Chris	Take a class with Coach Maddie	Leave us a review on Facebook
Take a picture and tag us	Post your favorite thing about F45 and tag us	Download the F45Training App	Burn 500 calories in a session	Post your workout summary
Free Space	Do an In Body Stats	Take a class with CoachTiffany	Bring a guest to a workout	Tag us in F45 gear outside of the studio
Take a Sunday Class	Post a pic of you and your coach and tag us	Take a class with Coach Seneca	Take a Saturday class	Wear your Lionheart band

myfreebingocards.com

Bingo Card ID 003

F45 BINGO

Take a class with Coach Chris	Take a Saturday class	Take a class with Coach Jacob	Post your favorite thing about F45 and tag us	Post your workout summary
Take a class with Coach Seneca	Leave us a review on Facebook	Wear your Lionheart band	Do an In Body Stats	Take a class with CoachTiffany
Leave us a review on google	Take a Friday class	Take a class with Coach Dro	Burn 500 calories in a session	Take a class with Coach Alex
Post a pic of you and your coach and tag us	Take a class with Coach Maddie	Bring a guest to a workout	Post a selfie next to the F45 logo and tag us	Take a picture and tag us
Take a Sunday Class	Tag us in F45 gear outside of the studio	Post your lionheart result	Free Space	Download the F45Training App

myfreebingocards.com

Bingo Card ID 004

F45 BINGO

Take a class with CoachTiffany	Tag us in F45 gear outside of the studio	Take a class with Coach Maddie	Free Space	Take a Friday class
Burn 500 calories in a session	Take a Saturday class	Take a Sunday Class	Take a picture and tag us	Take a class with Coach Jacob
Take a class with Coach Dro	Take a class with Coach Chris	Wear your Lionheart band	Leave us a review on google	Download the F45Training App
Post your favorite thing about F45 and tag us	Post a selfie next to the F45 logo and tag us	Leave us a review on Facebook	Take a class with Coach Seneca	Post your lionheart result
Take a class with Coach Alex	Do an In Body Stats	Post your workout summary	Bring a guest to a workout	Post a pic of you and your coach and tag us

myfreebingocards.com

Bingo Card ID 005

F45 BINGO

Tag us in F45 gear outside of the studio	Free Space	Take a class with CoachTiffany	Leave us a review on google	Bring a guest to a workout
Post a selfie next to the F45 logo and tag us	Take a class with Coach Jacob	Take a class with Coach Alex	Burn 500 calories in a session	Take a class with Coach Seneca
Wear your Lionheart band	Do an In Body Stats	Take a picture and tag us	Post your lionheart result	Post your workout summary
Leave us a review on Facebook	Download the F45Training App	Take a Saturday class	Post your favorite thing about F45 and tag us	Take a class with Coach Dro
Post a pic of you and your coach and tag us	Take a class with Coach Maddie	Take a class with Coach Chris	Take a Friday class	Take a Sunday Class

myfreebingocards.com

Bingo Card ID 006

F45 BINGO

Tag us in F45 gear outside of the studio	Do an In Body Stats	Take a class with Coach Dro	Leave us a review on Facebook	Wear your Lionheart band
Download the F45Training App	Take a class with Coach Alex	Leave us a review on google	Take a Friday class	Take a class with Coach Jacob
Take a Saturday class	Bring a guest to a workout	Take a class with Coach Chris	Take a Sunday Class	Post your workout summary
Post a selfie next to the F45 logo and tag us	Take a class with Coach Maddie	Take a class with CoachTiffany	Take a picture and tag us	Post your lionheart result
Post your favorite thing about F45 and tag us	Take a class with Coach Seneca	Free Space	Burn 500 calories in a session	Post a pic of you and your coach and tag us

myfreebingocards.com

Bingo Card ID 007

F45 BINGO

Take a picture and tag us	Download the F45Training App	Take a Sunday Class	Take a class with Coach Maddie	Wear your Lionheart band
Post a pic of you and your coach and tag us	Take a class with Coach Jacob	Take a class with Coach Alex	Leave us a review on Facebook	Post your workout summary
Leave us a review on google	Take a class with Coach Chris	Post your lionheart result	Burn 500 calories in a session	Take a Saturday class
Tag us in F45 gear outside of the studio	Take a Friday class	Post your favorite thing about F45 and tag us	Bring a guest to a workout	Take a class with CoachTiffany
Take a class with Coach Dro	Post a selfie next to the F45 logo and tag us	Free Space	Take a class with Coach Seneca	Do an In Body Stats

myfreebingocards.com

Bingo Card ID 008

F45 BINGO

Take a picture and tag us	Take a class with Coach Dro	Post a selfie next to the F45 logo and tag us	Post your lionheart result	Bring a guest to a workout
Download the F45Training App	Take a class with CoachTiffany	Burn 500 calories in a session	Tag us in F45 gear outside of the studio	Free Space
Take a class with Coach Jacob	Take a class with Coach Chris	Take a Saturday class	Leave us a review on google	Leave us a review on Facebook
Take a class with Coach Seneca	Do an In Body Stats	Wear your Lionheart band	Post your workout summary	Take a Sunday Class
Post your favorite thing about F45 and tag us	Post a pic of you and your coach and tag us	Take a class with Coach Alex	Take a Friday class	Take a class with Coach Maddie

myfreebingocards.com

Bingo Card ID 009

F45 BINGO

Post a selfie next to the F45 logo and tag us	Post your favorite thing about F45 and tag us	Take a Friday class	Take a class with Coach Maddie	Burn 500 calories in a session
Tag us in F45 gear outside of the studio	Free Space	Leave us a review on Facebook	Post your workout summary	Take a class with Coach Dro
Take a class with Coach Chris	Take a Saturday class	Take a picture and tag us	Leave us a review on google	Take a class with Coach Alex
Take a class with Coach Seneca	Post a pic of you and your coach and tag us	Take a Sunday Class	Download the F45Training App	Post your lionheart result
Bring a guest to a workout	Take a class with Coach Jacob	Do an In Body Stats	Wear your Lionheart band	Take a class with CoachTiffany

myfreebingocards.com

Bingo Card ID 010

F45 BINGO

Take a class with CoachTiffany	Take a class with Coach Maddie	Take a Sunday Class	Do an In Body Stats	Download the F45Training App
Take a class with Coach Alex	Post a pic of you and your coach and tag us	Leave us a review on google	Burn 500 calories in a session	Bring a guest to a workout
Take a Friday class	Wear your Lionheart band	Take a class with Coach Dro	Post your favorite thing about F45 and tag us	Take a class with Coach Jacob
Post your workout summary	Take a picture and tag us	Tag us in F45 gear outside of the studio	Take a class with Coach Seneca	Free Space
Post your lionheart result	Take a class with Coach Chris	Post a selfie next to the F45 logo and tag us	Leave us a review on Facebook	Take a Saturday class

myfreebingocards.com

Bingo Card ID 011

F45 BINGO

Do an In Body Stats	Take a class with Coach Seneca	Take a class with Coach Dro	Burn 500 calories in a session	Leave us a review on Facebook
Take a Saturday class	Post a selfie next to the F45 logo and tag us	Tag us in F45 gear outside of the studio	Take a Friday class	Take a class with Coach Jacob
Post a pic of you and your coach and tag us	Take a picture and tag us	Take a Sunday Class	Wear your Lionheart band	Post your workout summary
Take a class with Coach Alex	Take a class with Coach Chris	Take a class with Coach Maddie	Download the F45Training App	Take a class with CoachTiffany
Bring a guest to a workout	Leave us a review on google	Free Space	Post your lionheart result	Post your favorite thing about F45 and tag us

myfreebingocards.com

Bingo Card ID 012

F45 BINGO

Take a class with Coach Alex	Post a pic of you and your coach and tag us	Take a Saturday class	Do an In Body Stats	Leave us a review on google
Post your favorite thing about F45 and tag us	Take a Friday class	Post your lionheart result	Take a class with Coach Seneca	Leave us a review on Facebook
Post your workout summary	Take a class with Coach Jacob	Burn 500 calories in a session	Wear your Lionheart band	Take a picture and tag us
Tag us in F45 gear outside of the studio	Take a class with CoachTiffany	Take a class with Coach Dro	Post a selfie next to the F45 logo and tag us	Download the F45Training App
Bring a guest to a workout	Take a class with Coach Chris	Take a Sunday Class	Take a class with Coach Maddie	Free Space

myfreebingocards.com

Bingo Card ID 013

F45 BINGO

Take a class with Coach Jacob	Wear your Lionheart band	Free Space	Post a selfie next to the F45 logo and tag us	Post your favorite thing about F45 and tag us
Take a Friday class	Download the F45Training App	Leave us a review on Facebook	Take a picture and tag us	Take a Saturday class
Take a class with Coach Alex	Take a class with Coach Maddie	Take a class with Coach Dro	Leave us a review on google	Post a pic of you and your coach and tag us
Bring a guest to a workout	Take a Sunday Class	Burn 500 calories in a session	Post your lionheart result	Take a class with CoachTiffany
Do an In Body Stats	Post your workout summary	Tag us in F45 gear outside of the studio	Take a class with Coach Seneca	Take a class with Coach Chris

myfreebingocards.com

Bingo Card ID 014

F45 BINGO

Post your favorite thing about F45 and tag us	Wear your Lionheart band	Free Space	Post your workout summary	Take a Friday class
Download the F45Training App	Take a class with Coach Jacob	Take a class with Coach Chris	Post your lionheart result	Take a Saturday class
Leave us a review on google	Take a class with Coach Seneca	Take a class with Coach Alex	Bring a guest to a workout	Tag us in F45 gear outside of the studio
Take a Sunday Class	Burn 500 calories in a session	Take a class with CoachTiffany	Leave us a review on Facebook	Take a class with Coach Maddie
Take a class with Coach Dro	Take a picture and tag us	Post a selfie next to the F45 logo and tag us	Post a pic of you and your coach and tag us	Do an In Body Stats

myfreebingocards.com

Bingo Card ID 015

F45 BINGO

Post a pic of you and your coach and tag us	Post a selfie next to the F45 logo and tag us	Tag us in F45 gear outside of the studio	Take a class with Coach Alex	Do an In Body Stats
Take a class with Coach Chris	Take a class with Coach Tiffany	Take a Friday class	Leave us a review on Facebook	Burn 500 calories in a session
Take a Saturday class	Free Space	Take a class with Coach Maddie	Take a class with Coach Jacob	Take a class with Coach Dro
Wear your Lionheart band	Post your lionheart result	Leave us a review on google	Take a picture and tag us	Bring a guest to a workout
Take a class with Coach Seneca	Download the F45Training App	Take a Sunday Class	Post your workout summary	Post your favorite thing about F45 and tag us

myfreebingocards.com

Bingo Card ID 016

F45 BINGO

Burn 500 calories in a session	Take a Saturday class	Post your workout summary	Take a picture and tag us	Leave us a review on google
Take a class with Coach Tiffany	Take a class with Coach Seneca	Take a class with Coach Jacob	Wear your Lionheart band	Take a Friday class
Take a class with Coach Chris	Take a Sunday Class	Bring a guest to a workout	Tag us in F45 gear outside of the studio	Post your favorite thing about F45 and tag us
Take a class with Coach Alex	Take a class with Coach Dro	Post your lionheart result	Post a selfie next to the F45 logo and tag us	Take a class with Coach Maddie
Free Space	Post a pic of you and your coach and tag us	Do an In Body Stats	Leave us a review on Facebook	Download the F45Training App

myfreebingocards.com

Bingo Card ID 017

F45 BINGO

Tag us in F45 gear outside of the studio	Take a Saturday class	Leave us a review on Facebook	Take a picture and tag us	Wear your Lionheart band
Free Space	Post a pic of you and your coach and tag us	Do an In Body Stats	Take a class with Coach Maddie	Post a selfie next to the F45 logo and tag us
Post your favorite thing about F45 and tag us	Take a Friday class	Bring a guest to a workout	Post your lionheart result	Take a class with Coach Alex
Post your workout summary	Download the F45Training App	Take a class with Coach Seneca	Take a Sunday Class	Take a class with Coach Chris
Take a class with Coach Dro	Take a class with CoachTiffany	Burn 500 calories in a session	Leave us a review on google	Take a class with Coach Jacob

myfreebingocards.com

Bingo Card ID 018

F45 BINGO

Post your workout summary	Do an In Body Stats	Bring a guest to a workout	Free Space	Take a class with Coach Jacob
Take a Friday class	Take a class with Coach Dro	Take a Saturday class	Take a Sunday Class	Take a class with Coach Chris
Take a class with CoachTiffany	Tag us in F45 gear outside of the studio	Post your lionheart result	Post your favorite thing about F45 and tag us	Post a selfie next to the F45 logo and tag us
Take a class with Coach Maddie	Leave us a review on google	Post a pic of you and your coach and tag us	Leave us a review on Facebook	Download the F45Training App
Burn 500 calories in a session	Take a class with Coach Alex	Take a class with Coach Seneca	Take a picture and tag us	Wear your Lionheart band

myfreebingocards.com

Bingo Card ID 019

F45 BINGO

Leave us a review on google	Post your lionheart result	Wear your Lionheart band	Post your workout summary	Post your favorite thing about F45 and tag us
Download the F45Training App	Post a selfie next to the F45 logo and tag us	Free Space	Take a Friday class	Take a Sunday Class
Take a class with Coach Chris	Take a picture and tag us	Take a class with Coach Dro	Leave us a review on Facebook	Take a class with Coach Maddie
Take a class with Coach Alex	Post a pic of you and your coach and tag us	Take a class with Coach Jacob	Burn 500 calories in a session	Bring a guest to a workout
Tag us in F45 gear outside of the studio	Take a class with Coach Seneca	Take a Saturday class	Take a class with CoachTiffany	Do an In Body Stats

myfreebingocards.com

Bingo Card ID 020

F45 BINGO

Take a Friday class	Take a class with Coach Maddie	Leave us a review on google	Take a Saturday class	Bring a guest to a workout
Take a class with Coach Alex	Take a Sunday Class	Post a pic of you and your coach and tag us	Tag us in F45 gear outside of the studio	Do an In Body Stats
Wear your Lionheart band	Take a class with Coach Seneca	Post your lionheart result	Post your workout summary	Post a selfie next to the F45 logo and tag us
Take a class with Coach Jacob	Download the F45Training App	Take a class with CoachTiffany	Take a picture and tag us	Take a class with Coach Chris
Burn 500 calories in a session	Leave us a review on Facebook	Free Space	Post your favorite thing about F45 and tag us	Take a class with Coach Dro

myfreebingocards.com

Bingo Card ID 021

F45 BINGO

Take a class with Coach Maddie	Take a Sunday Class	Take a Saturday class	Post a pic of you and your coach and tag us	Take a class with Coach Dro
Take a class with Coach Chris	Tag us in F45 gear outside of the studio	Take a class with CoachTiffany	Free Space	Burn 500 calories in a session
Download the F45Training App	Leave us a review on Facebook	Take a picture and tag us	Wear your Lionheart band	Post your favorite thing about F45 and tag us
Take a class with Coach Alex	Take a class with Coach Jacob	Bring a guest to a workout	Take a Friday class	Post your workout summary
Leave us a review on google	Do an In Body Stats	Post your lionheart result	Take a class with Coach Seneca	Post a selfie next to the F45 logo and tag us

myfreebingocards.com

Bingo Card ID 022

F45 BINGO

Post your workout summary	Bring a guest to a workout	Free Space	Post your favorite thing about F45 and tag us	Take a Sunday Class
Tag us in F45 gear outside of the studio	Take a class with Coach Alex	Do an In Body Stats	Post a selfie next to the F45 logo and tag us	Burn 500 calories in a session
Take a picture and tag us	Take a class with Coach Jacob	Take a class with Coach Seneca	Post your lionheart result	Take a class with Coach Dro
Download the F45Training App	Take a Friday class	Take a class with Coach Maddie	Leave us a review on Facebook	Post a pic of you and your coach and tag us
Take a class with CoachTiffany	Wear your Lionheart band	Take a class with Coach Chris	Take a Saturday class	Leave us a review on google

myfreebingocards.com

Bingo Card ID 023

F45 BINGO

Post your lionheart result	Post your favorite thing about F45 and tag us	Bring a guest to a workout	Take a class with Coach Alex	Download the F45Training App
Take a class with Coach Maddie	Take a picture and tag us	Take a class with Coach Chris	Take a class with CoachTiffany	Post a selfie next to the F45 logo and tag us
Take a class with Coach Jacob	Post your workout summary	Leave us a review on google	Post a pic of you and your coach and tag us	Wear your Lionheart band
Take a Friday class	Take a class with Coach Seneca	Take a Sunday Class	Take a Saturday class	Free Space
Leave us a review on Facebook	Take a class with Coach Dro	Burn 500 calories in a session	Do an In Body Stats	Tag us in F45 gear outside of the studio

myfreebingocards.com

Bingo Card ID 024

F45 BINGO

Take a class with Coach Seneca	Take a class with Coach Chris	Leave us a review on google	Do an In Body Stats	Post your lionheart result
Take a Sunday Class	Take a Saturday class	Wear your Lionheart band	Take a class with CoachTiffany	Tag us in F45 gear outside of the studio
Take a Friday class	Post a pic of you and your coach and tag us	Free Space	Post your workout summary	Post a selfie next to the F45 logo and tag us
Take a class with Coach Alex	Bring a guest to a workout	Download the F45Training App	Post your favorite thing about F45 and tag us	Leave us a review on Facebook
Take a class with Coach Dro	Take a class with Coach Maddie	Burn 500 calories in a session	Take a class with Coach Jacob	Take a picture and tag us

myfreebingocards.com

Bingo Card ID 025

F45 BINGO

Take a class with Coach Chris	Take a Friday class	Take a class with CoachTiffany	Free Space	Download the F45Training App
Post a selfie next to the F45 logo and tag us	Post your workout summary	Bring a guest to a workout	Post your favorite thing about F45 and tag us	Take a picture and tag us
Post your lionheart result	Take a Saturday class	Do an In Body Stats	Take a class with Coach Maddie	Take a class with Coach Seneca
Take a class with Coach Jacob	Wear your Lionheart band	Leave us a review on Facebook	Take a class with Coach Dro	Take a Sunday Class
Post a pic of you and your coach and tag us	Tag us in F45 gear outside of the studio	Take a class with Coach Alex	Burn 500 calories in a session	Leave us a review on google

myfreebingocards.com

Bingo Card ID 026

F45 BINGO

Bring a guest to a workout	Post a pic of you and your coach and tag us	Post your favorite thing about F45 and tag us	Take a class with Coach Jacob	Leave us a review on google
Burn 500 calories in a session	Take a picture and tag us	Post your workout summary	Take a class with Coach Maddie	Post your lionheart result
Free Space	Take a class with Coach Alex	Tag us in F45 gear outside of the studio	Download the F45Training App	Take a Sunday Class
Take a class with Coach Chris	Take a class with Coach Seneca	Take a Friday class	Wear your Lionheart band	Take a Saturday class
Take a class with Coach Dro	Post a selfie next to the F45 logo and tag us	Do an In Body Stats	Leave us a review on Facebook	Take a class with CoachTiffany

myfreebingocards.com

Bingo Card ID 027

F45 BINGO

Tag us in F45 gear outside of the studio	Post a pic of you and your coach and tag us	Take a picture and tag us	Take a class with CoachTiffany	Take a Friday class
Take a class with Coach Maddie	Burn 500 calories in a session	Bring a guest to a workout	Wear your Lionheart band	Take a class with Coach Seneca
Free Space	Take a class with Coach Chris	Post your workout summary	Download the F45Training App	Take a class with Coach Dro
Post a selfie next to the F45 logo and tag us	Take a Sunday Class	Take a Saturday class	Post your favorite thing about F45 and tag us	Post your lionheart result
Do an In Body Stats	Take a class with Coach Alex	Take a class with Coach Jacob	Leave us a review on Facebook	Leave us a review on google

myfreebingocards.com

Bingo Card ID 028

F45 BINGO

Post your lionheart result	Take a class with Coach Dro	Take a picture and tag us	Take a class with Coach Alex	Leave us a review on google
Take a class with Coach Maddie	Take a class with Coach Seneca	Take a class with CoachTiffany	Bring a guest to a workout	Take a Saturday class
Download the F45Training App	Take a class with Coach Chris	Take a class with Coach Jacob	Post your favorite thing about F45 and tag us	Post a selfie next to the F45 logo and tag us
Free Space	Do an In Body Stats	Post a pic of you and your coach and tag us	Leave us a review on Facebook	Take a Friday class
Wear your Lionheart band	Take a Sunday Class	Burn 500 calories in a session	Post your workout summary	Tag us in F45 gear outside of the studio

myfreebingocards.com

F45 BINGO

Post your lionheart result	Do an In Body Stats	Take a class with Coach Seneca	Bring a guest to a workout	Free Space
Post a pic of you and your coach and tag us	Burn 500 calories in a session	Download the F45Training App	Post your workout summary	Post a selfie next to the F45 logo and tag us
Take a Friday class	Take a Saturday class	Wear your Lionheart band	Take a class with CoachTiffany	Leave us a review on google
Take a class with Coach Chris	Take a class with Coach Jacob	Take a class with Coach Maddie	Leave us a review on Facebook	Take a picture and tag us
Take a Sunday Class	Take a class with Coach Alex	Take a class with Coach Dro	Post your favorite thing about F45 and tag us	Tag us in F45 gear outside of the studio

myfreebingocards.com

F45 BINGO

Take a Sunday Class	Post a pic of you and your coach and tag us	Burn 500 calories in a session	Leave us a review on google	Take a class with CoachTiffany
Leave us a review on Facebook	Take a Saturday class	Take a class with Coach Maddie	Post your lionheart result	Take a picture and tag us
Take a class with Coach Dro	Take a Friday class	Tag us in F45 gear outside of the studio	Free Space	Do an In Body Stats
Post your workout summary	Take a class with Coach Jacob	Take a class with Coach Chris	Post your favorite thing about F45 and tag us	Download the F45Training App
Bring a guest to a workout	Take a class with Coach Seneca	Take a class with Coach Alex	Post a selfie next to the F45 logo and tag us	Wear your Lionheart band

myfreebingocards.com