Stress Bingo

myfreebingocards.com

Safety First!

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 3 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/ok8bk

Play

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next page you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 3.

Virtual Bingo

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to myfreebingocards.com/virtual-bingo.

Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to https://myfreebingocards.com/faq where you will find solutions to most common problems.

Share

Pin these bingo cards on Pinterest, share on Facebook, or post this link: mfbc.us/s/ok8bk

Edit and Create

To add more words or make changes to this set of bingo cards go to mfbc.us/e/ok8bk

Go to myfreebingocards.com/bingo-card-generator to create a new set of bingo cards.

Legal

The terms of use for these printable bingo cards can be found at myfreebingocards.com/terms.

Have Fun!

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

Bingo Caller's Card

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

Talk to someone	Visit family	Play board games	Play baseball	Put puzzle together	Sing	Be alone for awhile
Watch TV	Rollerskate/Skateboard	Dance	Count to ten	Read	Do crossword puzzles	Hug someone
Play computer games	Talk on the phone	Play a musical instrument	Do yard work	Shop	Take a nap	Play soccer
Walk	Take a bath	Swim	Laugh	Plan ahead	Listen to music	Go to a movie
Exercise	Play basketball	Do gymnastics	Take care of a pet	Write in a diary	Go fishing	Cry
Ride a bike	Play tennis	Ride a horse	Volunteer	Play football	Take a deep breath	



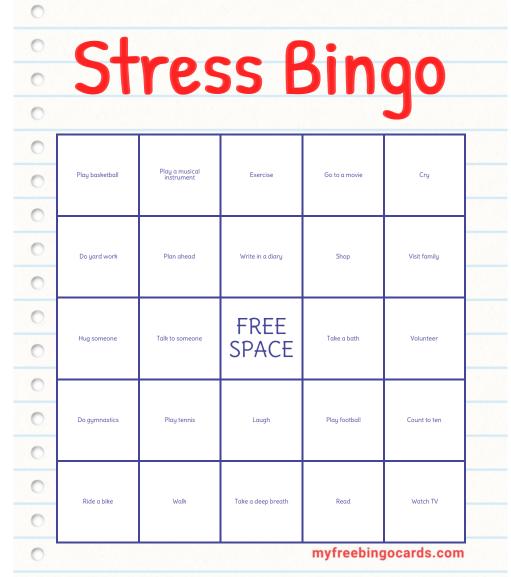
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0	Put puzzle together	Visit family	Walk	Take a nap	Sing
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0	Play soccer	Listen to music	Do crossword puzzles	Shop	Plan ahead
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0	0	Ride a horse	FREE SPACE	Count to ten	Take a deep breath
0	Play a musical instrument				
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0	Write in a diary	Play baseball	Take care of a pet	Read	Play board games
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0	Play computer games		Tells on the observ	Ride a bike	De word work
0	riuy computer games	Play football	Talk on the phone	KIGE A DIRE	Do yard work
				myfroebing	ocards.com

Bingo Card ID 005 Stress Bingo Listen to music Put puzzle together Do crossword puzzles Be alone for awhile Talk on the phone Do yard work Talk to someone Swim Volunteer FREE Go fishing Play football Play basketball **SPACE** Ride a bike Count to ten Play tennis Cry Hug someone Read Take a nap Laugh Do gymnastics Dance myfreebingocards.com

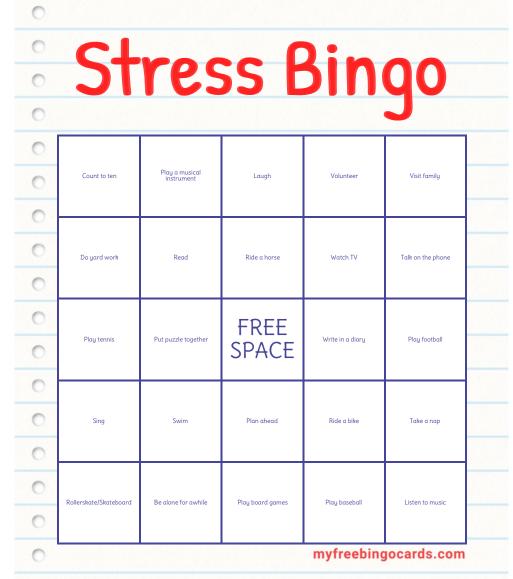








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0	Take a deep breath	Talk on the phone	SPACE	Play board games	Hug someone
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0	Rollerskate/Skateboard	Visit family	Be alone for awhile	Play basketball	Listen to music
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0	Read	Play computer games	Hug someone	Play basketball	Rollerskate/Skateboard
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0	Take a bath	Do yard work	Talk on the phone	Swim	Take a nap
0					
0		Ride a horse	FREE SPACE	Watch TV	Take care of a pet
0	Visit family				
0					
0	Put puzzle together	Play tennis	Play soccer	Be alone for awhile	Shop
0					
0					
0	Talk to someone	Write in a diary	Dance	Play football	Play board games
				myfraehin	gocards.con

Bingo Card ID 029 Stress Bingo Watch TV Cry Hug someone Ride a horse Take care of a pet Play tennis Rollerskate/Skateboard Be alone for awhile FREE Take a bath Volunteer Do crossword puzzles **SPACE** Exercise Count to ten Visit family Talk on the phone Dance Laugh Plan ahead Go fishing Shop Ride a bike myfreebingocards.com

