

# Screen Time! Bingo

myfreebingocards.com

## Safety First!

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 3 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to [mfbc.us/e/muxz6cv](https://mfbc.us/e/muxz6cv)

## Play

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next page you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 3.

## Virtual Bingo

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to [myfreebingocards.com/virtual-bingo](https://myfreebingocards.com/virtual-bingo).

## Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to <https://myfreebingocards.com/faq> where you will find solutions to most common problems.

## Share

[Pin these bingo cards](#) on Pinterest, [share on Facebook](#), or post this link: [mfbc.us/s/muxz6cv](https://mfbc.us/s/muxz6cv)

## Edit and Create

To add more words or make changes to this set of bingo cards go to [mfbc.us/e/muxz6cv](https://mfbc.us/e/muxz6cv)

Go to [myfreebingocards.com/bingo-card-generator](https://myfreebingocards.com/bingo-card-generator) to create a new set of bingo cards.

## Legal

The terms of use for these printable bingo cards can be found at [myfreebingocards.com/terms](https://myfreebingocards.com/terms).

## Have Fun!

If you have any feedback or suggestions, drop us an email on [hello@myfreebingocards.com](mailto:hello@myfreebingocards.com).

# Bingo Caller's Card

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

|                                     |                               |                                   |  |                                   |                           |                              |
|-------------------------------------|-------------------------------|-----------------------------------|--|-----------------------------------|---------------------------|------------------------------|
| Read<br>20<br>minutes               | Play a<br>board<br>game       | Make<br>Bed                       | Exercise<br>30<br>minutes                | Clean<br>bathroom                 | Wash<br>dishes            | Feed<br>dogs                 |
| Read<br>20<br>minutes               | Color or<br>draw a<br>picture | Sweep<br>or<br>vacuum             | Play<br>NICELY<br>with Thea<br>for 30min | Clean toys<br>in living<br>room   | Take a<br>bath/shower     | Stretch<br>for 30<br>minutes |
| Help mom<br>with a<br>chore         | Practice<br>handwriting       | Play<br>outside for<br>30 minutes | Fold and<br>put away<br>clothes          | Play with<br>puzzles for<br>20min | Exercise<br>30<br>minutes | Help<br>clean the<br>car     |
| Clean toys<br>in the living<br>room | Help<br>dad with<br>a chore   | 3-song<br>dance<br>party          |  |                                   |                           |                              |

Bingo Card ID 001

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 002

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 003

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 004

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 005

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 006

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 007

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 008

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 009

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 010

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 011

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 012

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |



Bingo Card ID 013

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 014

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 015

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 016

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 017

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 018

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 019

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 020

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 021

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 022

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 023

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 024

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 025

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 026

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 027

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 028

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |



Bingo Card ID 029

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |

Bingo Card ID 030

# Screen Time!

|                                 |                           |   |                           |                             |
|---------------------------------|---------------------------|---|---------------------------|-----------------------------|
| Read 20 minutes                 | Play a board game         | Make Bed  | Exercise 30 minutes       | Clean bathroom              |
| Wash dishes                     | Feed dogs                 | Read 20 minutes   | Color or draw a picture   | Sweep or vacuum             |
| Play NICELY with Thea for 30min | Clean toys in living room |  | Take a bath/shower        | Stretch for 30 minutes      |
| Help mom with a chore           | Practice handwriting      | Play outside for 30 minutes   | Fold and put away clothes | Play with puzzles for 20min |
| Exercise 30 minutes             | Help clean the car        | Clean toys in the living room   | Help dad with a chore     | 3-song dance party          |