

Self-Esteem Bingo

myfreebingocards.com

Safety First!

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 3 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/k3b9qke

Play

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next page you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 3.

Virtual Bingo

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to myfreebingocards.com/virtual-bingo.

Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to <https://myfreebingocards.com/fag> where you will find solutions to most common problems.

Share

[Pin these bingo cards](#) on Pinterest, [share on Facebook](#), or post this link: mfbc.us/s/k3b9qke

Edit and Create

To add more words or make changes to this set of bingo cards go to mfbc.us/e/k3b9qke

Go to myfreebingocards.com/bingo-card-generator to create a new set of bingo cards.

Legal

The terms of use for these printable bingo cards can be found at myfreebingocards.com/terms.

Have Fun!

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

Bingo Caller's Card

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

I am unique because...	Share the best compliment you ever received	Name 1 quality that makes you a good friend	I showed kindness when...	Share a time you learned how to do something new	Share a characteristic you admire in others	Name 3 things you are grateful for
I am good at...	I feel best when people...	I feel good about myself when...	Name 1 challenge you have overcome (small or big)	My favorite part in the day is...	Share a characteristic you admire in yourself	Name one person who supports you
What is your favorite activity/hobby?	Name a time you made a mistake, but grew from it	I can help myself feel better by...	Name one small step you can take towards a goal	Describe yourself using 3 positive words	I am happiest when...	Share something you would like to do, but haven't yet
Describe a strength of yours	Share an affirmation	I made someone smile when...	I am grateful I am able to...	Describe your idea of a perfect day	Name something you like about yourself	I love (this) about myself
My peers inspire me by...	Share how you helped someone	I am proud of myself because...				

Self-Esteem Bingo

Name 3 things you are grateful for	Describe yourself using 3 positive words	Share an affirmation	What is your favorite activity/hobby?	I made someone smile when...
I am happiest when...	My peers inspire me by...	Share how you helped someone	I feel good about myself when...	Name a time you made a mistake, but grew from it
Share the best compliment you ever received	My favorite part in the day is...	Name 1 challenge you have overcome (small or big)	I am grateful I am able to...	Name one person who supports you
Share something you would like to do, but haven't yet	I am proud of myself because...	Describe your idea of a perfect day	Name something you like about yourself	Share a characteristic you admire in others
I can help myself feel better by...	Share a time you learned how to do something new	Share a characteristic you admire in yourself	Describe a strength of yours	I love (this) about myself

Self-Esteem Bingo

Name a time you made a mistake, but grew from it	Name 1 challenge you have overcome (small or big)	Share a time you learned how to do something new	I showed kindness when...	Name 3 things you are grateful for
I can help myself feel better by...	I feel good about myself when...	I am proud of myself because...	Share how you helped someone	Name one person who supports you
I am happiest when...	Name 1 quality that makes you a good friend	Share a characteristic you admire in others	Share an affirmation	Share the best compliment you ever received
Share something you would like to do, but haven't yet	I feel best when people...	I am good at...	Describe your idea of a perfect day	I love (this) about myself
I am grateful I am able to...	Describe yourself using 3 positive words	Name something you like about yourself	Describe a strength of yours	My peers inspire me by...

Self-Esteem Bingo

Name a time you made a mistake, but grew from it	Share something you would like to do, but haven't yet	Name 1 quality that makes you a good friend	My favorite part in the day is...	What is your favorite activity/hobby?
Share how you helped someone	Share the best compliment you ever received	I feel best when people...	I love (this) about myself	Share an affirmation
Share a time you learned how to do something new	I am happiest when...	Name one small step you can take towards a goal	Name something you like about yourself	I showed kindness when...
I am proud of myself because...	Describe yourself using 3 positive words	Share a characteristic you admire in yourself	Describe your idea of a perfect day	Name 3 things you are grateful for
I am unique because...	Name 1 challenge you have overcome (small or big)	Describe a strength of yours	Name one person who supports you	I can help myself feel better by...

Self-Esteem Bingo

Name something you like about yourself	Share something you would like to do, but haven't yet	I made someone smile when...	Name one person who supports you	Share how you helped someone
I am grateful I am able to...	I showed kindness when...	Describe your idea of a perfect day	My favorite part in the day is...	Share a time you learned how to do something new
My peers inspire me by...	Share a characteristic you admire in others	Name 1 quality that makes you a good friend	I am proud of myself because...	Name 3 things you are grateful for
Name a time you made a mistake, but grew from it	Share a characteristic you admire in yourself	Share the best compliment you ever received	Share an affirmation	I am good at...
I feel best when people...	I can help myself feel better by...	I am happiest when...	Name one small step you can take towards a goal	I feel good about myself when...

Self-Esteem Bingo

I made someone smile when...	Name something you like about yourself	I am grateful I am able to...	I am proud of myself because...	Share how you helped someone
Describe a strength of yours	Share the best compliment you ever received	I can help myself feel better by...	Name a time you made a mistake, but grew from it	Describe your idea of a perfect day
Name one small step you can take towards a goal	Name 1 challenge you have overcome (small or big)	Describe yourself using 3 positive words	Share a characteristic you admire in yourself	I love (this) about myself
I feel good about myself when...	Share a characteristic you admire in others	I am good at...	I am happiest when...	My favorite part in the day is...
I feel best when people...	Share an affirmation	Share something you would like to do, but haven't yet	Name 3 things you are grateful for	I am unique because...

Self-Esteem Bingo

I made someone smile when...	Describe yourself using 3 positive words	Share something you would like to do, but haven't yet	Name 3 things you are grateful for	What is your favorite activity/hobby?
I am good at...	I am happiest when...	Share a characteristic you admire in yourself	Share the best compliment you ever received	I am proud of myself because...
Name 1 challenge you have overcome (small or big)	Name a time you made a mistake, but grew from it	I showed kindness when...	My favorite part in the day is...	Describe a strength of yours
I love (this) about myself	Name 1 quality that makes you a good friend	Share how you helped someone	My peers inspire me by...	Share a time you learned how to do something new
I can help myself feel better by...	Name one person who supports you	Name something you like about yourself	Share a characteristic you admire in others	I feel good about myself when...

Self-Esteem Bingo

Share a characteristic you admire in others	I am good at...	My peers inspire me by...	Name one person who supports you	Share something you would like to do, but haven't yet
Share a characteristic you admire in yourself	Share the best compliment you ever received	Name 1 challenge you have overcome (small or big)	I am unique because...	Name a time you made a mistake, but grew from it
What is your favorite activity/hobby?	Share an affirmation	I love (this) about myself	I am happiest when...	I am proud of myself because...
My favorite part in the day is...	Describe your idea of a perfect day	I feel good about myself when...	Name 1 quality that makes you a good friend	Share a time you learned how to do something new
I made someone smile when...	I showed kindness when...	I feel best when people...	Describe a strength of yours	Name something you like about yourself

Self-Esteem Bingo

Share a characteristic you admire in others	Name 3 things you are grateful for	What is your favorite activity/hobby?	I can help myself feel better by...	I feel good about myself when...
Describe a strength of yours	I am good at...	Name something you like about yourself	Describe your idea of a perfect day	Share how you helped someone
I made someone smile when...	Share a time you learned how to do something new	I am grateful I am able to...	Share something you would like to do, but haven't yet	Name 1 quality that makes you a good friend
Name a time you made a mistake, but grew from it	My favorite part in the day is...	Share an affirmation	Share a characteristic you admire in yourself	Describe yourself using 3 positive words
I am proud of myself because...	Name one small step you can take towards a goal	I am happiest when...	I love (this) about myself	Share the best compliment you ever received

Self-Esteem Bingo

I can help myself feel better by...	Share a time you learned how to do something new	What is your favorite activity/hobby?	I feel best when people...	I showed kindness when...
Name one person who supports you	Share how you helped someone	Describe your idea of a perfect day	I made someone smile when...	I love (this) about myself
I am happiest when...	I am grateful I am able to...	My favorite part in the day is...	Name 1 quality that makes you a good friend	Name 3 things you are grateful for
Share an affirmation	Share a characteristic you admire in others	I am proud of myself because...	Name 1 challenge you have overcome (small or big)	I am unique because...
Share the best compliment you ever received	Name one small step you can take towards a goal	My peers inspire me by...	I am good at...	I feel good about myself when...

Self-Esteem Bingo

Name something you like about yourself	My peers inspire me by...	Name one person who supports you	Describe yourself using 3 positive words	I am good at...
Share something you would like to do, but haven't yet	Share a time you learned how to do something new	Name 1 challenge you have overcome (small or big)	I am unique because...	I am proud of myself because...
Describe your idea of a perfect day	Share how you helped someone	Share an affirmation	Describe a strength of yours	I showed kindness when...
Share a characteristic you admire in yourself	I feel best when people...	Name 3 things you are grateful for	Name a time you made a mistake, but grew from it	I made someone smile when...
I love (this) about myself	Share a characteristic you admire in others	I am grateful I am able to...	Name one small step you can take towards a goal	What is your favorite activity/hobby?

Self-Esteem Bingo

Name one small step you can take towards a goal	Describe yourself using 3 positive words	What is your favorite activity/hobby?	Name 3 things you are grateful for	Describe your idea of a perfect day
I am happiest when...	My favorite part in the day is...	Share something you would like to do, but haven't yet	I can help myself feel better by...	Share the best compliment you ever received
I am unique because...	Name a time you made a mistake, but grew from it	I made someone smile when...	I showed kindness when...	Share a characteristic you admire in yourself
Share a characteristic you admire in others	My peers inspire me by...	I love (this) about myself	Name 1 quality that makes you a good friend	Name 1 challenge you have overcome (small or big)
Name one person who supports you	I am good at...	Share a time you learned how to do something new	Name something you like about yourself	Describe a strength of yours

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Name 1 challenge you have overcome (small or big)	My favorite part in the day is...	I am unique because...	Describe yourself using 3 positive words	I am proud of myself because...
I showed kindness when...	I feel best when people...	I feel good about myself when...	Share how you helped someone	What is your favorite activity/hobby?
I love (this) about myself	Name one small step you can take towards a goal	I am happiest when...	Describe your idea of a perfect day	Name a time you made a mistake, but grew from it
Share a characteristic you admire in yourself	Share a characteristic you admire in others	I made someone smile when...	Share something you would like to do, but haven't yet	Name something you like about yourself
Name 3 things you are grateful for	Share an affirmation	Describe a strength of yours	I can help myself feel better by...	I am good at...

Self-Esteem Bingo

Name a time you made a mistake, but grew from it	I can help myself feel better by...	Share a characteristic you admire in yourself	I am grateful I am able to...	I showed kindness when...
I feel best when people...	I am good at...	I am happiest when...	My favorite part in the day is...	Share a characteristic you admire in others
What is your favorite activity/hobby?	Share a time you learned how to do something new	Name 3 things you are grateful for	Name one person who supports you	Name 1 challenge you have overcome (small or big)
I am proud of myself because...	I am unique because...	Describe a strength of yours	My peers inspire me by...	Describe your idea of a perfect day
Name something you like about yourself	I feel good about myself when...	Describe yourself using 3 positive words	I made someone smile when...	I love (this) about myself

Self-Esteem Bingo

I feel best when people...	I am grateful I am able to...	Share a characteristic you admire in yourself	Share something you would like to do, but haven't yet	I love (this) about myself
I am good at...	Name a time you made a mistake, but grew from it	I showed kindness when...	My favorite part in the day is...	Name 1 quality that makes you a good friend
I feel good about myself when...	I am proud of myself because...	Name one small step you can take towards a goal	Share an affirmation	Describe a strength of yours
I made someone smile when...	Name 1 challenge you have overcome (small or big)	My peers inspire me by...	Describe your idea of a perfect day	Name something you like about yourself
Name one person who supports you	I am happiest when...	Name 3 things you are grateful for	Share a characteristic you admire in others	I can help myself feel better by...

Self-Esteem Bingo

I am unique because...	I can help myself feel better by...	I made someone smile when...	Describe yourself using 3 positive words	Name 1 quality that makes you a good friend
Name 1 challenge you have overcome (small or big)	Name something you like about yourself	I showed kindness when...	I am happiest when...	Share something you would like to do, but haven't yet
Describe your idea of a perfect day	My favorite part in the day is...	Name one person who supports you	Share how you helped someone	I am grateful I am able to...
I feel good about myself when...	Name 3 things you are grateful for	Name a time you made a mistake, but grew from it	Share a characteristic you admire in yourself	What is your favorite activity/hobby?
Share a characteristic you admire in others	I am proud of myself because...	Share the best compliment you ever received	Describe a strength of yours	Name one small step you can take towards a goal

Self-Esteem Bingo

My favorite part in the day is...	I love (this) about myself	Describe your idea of a perfect day	Share a characteristic you admire in others	I am proud of myself because...
Share a time you learned how to do something new	Name something you like about yourself	Name one small step you can take towards a goal	Share the best compliment you ever received	Share something you would like to do, but haven't yet
Name a time you made a mistake, but grew from it	Share an affirmation	Share a characteristic you admire in yourself	I showed kindness when...	Describe a strength of yours
Name 1 quality that makes you a good friend	My peers inspire me by...	I made someone smile when...	Name 1 challenge you have overcome (small or big)	Name 3 things you are grateful for
I feel best when people...	I feel good about myself when...	Share how you helped someone	Name one person who supports you	I can help myself feel better by...

Self-Esteem Bingo

I made someone smile when...	My favorite part in the day is...	What is your favorite activity/hobby?	I am grateful I am able to...	I am happiest when...
Share a characteristic you admire in yourself	Share a characteristic you admire in others	Describe yourself using 3 positive words	I am unique because...	Name one person who supports you
I can help myself feel better by...	I feel best when people...	Share something you would like to do, but haven't yet	Describe a strength of yours	I showed kindness when...
I feel good about myself when...	Name 1 challenge you have overcome (small or big)	I love (this) about myself	I am good at...	Share an affirmation
Share a time you learned how to do something new	My peers inspire me by...	Name one small step you can take towards a goal	Name 1 quality that makes you a good friend	Name 3 things you are grateful for

Self-Esteem Bingo

I love (this) about myself	Describe yourself using 3 positive words	Describe a strength of yours	Name a time you made a mistake, but grew from it	I am grateful I am able to...
I showed kindness when...	Name 3 things you are grateful for	My favorite part in the day is...	My peers inspire me by...	Name 1 quality that makes you a good friend
Name something you like about yourself	I made someone smile when...	I feel best when people...	I feel good about myself when...	Name one person who supports you
I can help myself feel better by...	I am proud of myself because...	Share a time you learned how to do something new	Share an affirmation	What is your favorite activity/hobby?
I am happiest when...	I am unique because...	Share how you helped someone	I am good at...	Describe your idea of a perfect day

Self-Esteem Bingo

I am proud of myself because...	Share a time you learned how to do something new	I feel good about myself when...	I feel best when people...	I love (this) about myself
I am good at...	Share a characteristic you admire in yourself	I can help myself feel better by...	Share something you would like to do, but haven't yet	I am grateful I am able to...
I showed kindness when...	My peers inspire me by...	Name 1 quality that makes you a good friend	Share an affirmation	Share a characteristic you admire in others
Name 3 things you are grateful for	Name one person who supports you	I am happiest when...	Name 1 challenge you have overcome (small or big)	What is your favorite activity/hobby?
Name a time you made a mistake, but grew from it	Describe your idea of a perfect day	I am unique because...	I made someone smile when...	Describe a strength of yours

Self-Esteem Bingo

I showed kindness when...	Share the best compliment you ever received	Name one person who supports you	I am proud of myself because...	My favorite part in the day is...
Describe a strength of yours	Name 1 challenge you have overcome (small or big)	Share how you helped someone	My peers inspire me by...	I am unique because...
Describe yourself using 3 positive words	Share a characteristic you admire in yourself	I made someone smile when...	Name one small step you can take towards a goal	What is your favorite activity/hobby?
Share an affirmation	Name a time you made a mistake, but grew from it	I feel good about myself when...	I can help myself feel better by...	I love (this) about myself
I am good at...	Name something you like about yourself	Share a characteristic you admire in others	Name 1 quality that makes you a good friend	Describe your idea of a perfect day

Self-Esteem Bingo

Name one person who supports you	Share something you would like to do, but haven't yet	My peers inspire me by...	My favorite part in the day is...	I am unique because...
Name 3 things you are grateful for	Name 1 quality that makes you a good friend	I made someone smile when...	Name something you like about yourself	Describe your idea of a perfect day
Share an affirmation	I am grateful I am able to...	Share a time you learned how to do something new	I am happiest when...	I am good at...
I feel best when people...	Share a characteristic you admire in yourself	Share how you helped someone	Share a characteristic you admire in others	Name 1 challenge you have overcome (small or big)
Describe a strength of yours	Name a time you made a mistake, but grew from it	What is your favorite activity/hobby?	Share the best compliment you ever received	I showed kindness when...

Self-Esteem Bingo

I love (this) about myself	Describe a strength of yours	I am grateful I am able to...	I feel best when people...	I made someone smile when...
My peers inspire me by...	Name 1 challenge you have overcome (small or big)	Describe yourself using 3 positive words	Share a characteristic you admire in others	I can help myself feel better by...
Name a time you made a mistake, but grew from it	Describe your idea of a perfect day	Name 3 things you are grateful for	Name one small step you can take towards a goal	Share a time you learned how to do something new
I feel good about myself when...	I showed kindness when...	I am good at...	Share how you helped someone	Share the best compliment you ever received
Share something you would like to do, but haven't yet	Share an affirmation	Name one person who supports you	What is your favorite activity/hobby?	Name something you like about yourself

Self-Esteem Bingo

I feel good about myself when...	I feel best when people...	Describe a strength of yours	Name 1 challenge you have overcome (small or big)	I am good at...
Share an affirmation	Name one person who supports you	Share a characteristic you admire in others	Name 1 quality that makes you a good friend	Name something you like about yourself
I can help myself feel better by...	Name a time you made a mistake, but grew from it	Share the best compliment you ever received	What is your favorite activity/hobby?	I love (this) about myself
Share something you would like to do, but haven't yet	I am proud of myself because...	I am unique because...	Share a characteristic you admire in yourself	I showed kindness when...
Share a time you learned how to do something new	Name one small step you can take towards a goal	My peers inspire me by...	Share how you helped someone	I am grateful I am able to...

Self-Esteem Bingo

Name 1 quality that makes you a good friend	I am proud of myself because...	Name one small step you can take towards a goal	Describe yourself using 3 positive words	My favorite part in the day is...
I feel good about myself when...	My peers inspire me by...	Share an affirmation	Share the best compliment you ever received	I made someone smile when...
Name something you like about yourself	Share a characteristic you admire in yourself	I am unique because...	I am grateful I am able to...	I showed kindness when...
I can help myself feel better by...	I love (this) about myself	Name 1 challenge you have overcome (small or big)	Describe a strength of yours	I am good at...
Share a time you learned how to do something new	I feel best when people...	I am happiest when...	Share how you helped someone	Name one person who supports you

Self-Esteem Bingo

I showed kindness when...	Name 1 quality that makes you a good friend	Name something you like about yourself	Share an affirmation	I am grateful I am able to...
I love (this) about myself	I can help myself feel better by...	Share something you would like to do, but haven't yet	I am good at...	I feel best when people...
Describe a strength of yours	Share how you helped someone	Share a characteristic you admire in others	I feel good about myself when...	Share a time you learned how to do something new
Share the best compliment you ever received	My favorite part in the day is...	What is your favorite activity/hobby?	Describe yourself using 3 positive words	Name one person who supports you
Name a time you made a mistake, but grew from it	Name one small step you can take towards a goal	Share a characteristic you admire in yourself	Name 3 things you are grateful for	I am happiest when...

Self-Esteem Bingo

Describe a strength of yours	I am unique because...	I feel best when people...	Name a time you made a mistake, but grew from it	I am proud of myself because...
Describe your idea of a perfect day	I love (this) about myself	Share a characteristic you admire in others	Name one person who supports you	I feel good about myself when...
Share a time you learned how to do something new	I am grateful I am able to...	Share the best compliment you ever received	Name 1 challenge you have overcome (small or big)	I am good at...
I made someone smile when...	Name one small step you can take towards a goal	My peers inspire me by...	Name 1 quality that makes you a good friend	I showed kindness when...
Share a characteristic you admire in yourself	Name 3 things you are grateful for	My favorite part in the day is...	Share how you helped someone	Share something you would like to do, but haven't yet

Self-Esteem Bingo

Share a characteristic you admire in others	I am unique because...	I made someone smile when...	Share the best compliment you ever received	Name something you like about yourself
I showed kindness when...	Share an affirmation	Share something you would like to do, but haven't yet	Describe a strength of yours	Describe your idea of a perfect day
Share a characteristic you admire in yourself	Name one person who supports you	Share how you helped someone	I am grateful I am able to...	Name one small step you can take towards a goal
I love (this) about myself	Name 1 quality that makes you a good friend	I am good at...	What is your favorite activity/hobby?	Share a time you learned how to do something new
Name 3 things you are grateful for	I can help myself feel better by...	My favorite part in the day is...	My peers inspire me by...	I feel good about myself when...

Self-Esteem Bingo

I feel good about myself when...	Share a characteristic you admire in others	Name 3 things you are grateful for	What is your favorite activity/hobby?	Name 1 challenge you have overcome (small or big)
Share an affirmation	I am proud of myself because...	Share the best compliment you ever received	Share a time you learned how to do something new	Name something you like about yourself
Name one small step you can take towards a goal	Name one person who supports you	Describe a strength of yours	Share how you helped someone	Name 1 quality that makes you a good friend
I am good at...	Name a time you made a mistake, but grew from it	My favorite part in the day is...	I am grateful I am able to...	Describe yourself using 3 positive words
I feel best when people...	I can help myself feel better by...	I showed kindness when...	I am unique because...	I am happiest when...

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I feel good about myself when...	Share the best compliment you ever received	Describe yourself using 3 positive words	Share a time you learned how to do something new	Share an affirmation
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I am grateful I am able to...	Describe your idea of a perfect day	I love (this) about myself	I am good at...	I showed kindness when...
Share how you helped someone	I can help myself feel better by...	My favorite part in the day is...	Share a characteristic you admire in yourself	Name something you like about yourself
I am proud of myself because...	Name 1 quality that makes you a good friend	Name a time you made a mistake, but grew from it	Share a characteristic you admire in others	I am happiest when...

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My peers inspire me by...	I am unique because...	Describe your idea of a perfect day	I am proud of myself because...	Share an affirmation
Name one person who supports you	My favorite part in the day is...	Name something you like about yourself	I am happiest when...	I feel good about myself when...
Share a characteristic you admire in others	I made someone smile when...	I showed kindness when...	I am grateful I am able to...	Share how you helped someone
Name 3 things you are grateful for	Share something you would like to do, but haven't yet	Describe yourself using 3 positive words	I love (this) about myself	Name a time you made a mistake, but grew from it
Name 1 quality that makes you a good friend	I feel best when people...	I am good at...	Describe a strength of yours	Name one small step you can take towards a goal