

SELF CARE BINGO

myfreebingocards.com

Safety First!

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 3 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/h694f3u

Play

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next page you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 3.

Virtual Bingo

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to myfreebingocards.com/virtual-bingo.

Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to <https://myfreebingocards.com/fag> where you will find solutions to most common problems.

Share

[Pin these bingo cards](#) on Pinterest, [share on Facebook](#), or post this link: mfbc.us/s/h694f3u

Edit and Create

To add more words or make changes to this set of bingo cards go to mfbc.us/e/h694f3u

Go to myfreebingocards.com/bingo-card-generator to create a new set of bingo cards.

Legal

The terms of use for these printable bingo cards can be found at myfreebingocards.com/terms.

Have Fun!

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

Bingo Caller's Card

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

Eat healthy meal	Light a candle	Cook your favorite food	Go to the beach
Call your favorite person	Listen to music	Take a nap	Paint your nails
Plan a solo trip			

SELF CARE BINGO

Eat healthy meal	Listen to music	Light a candle
Cook your favorite food	Paint your nails	Take a nap
Call your favorite person	Plan a solo trip	Go to the beach

SELF CARE BINGO

Take a nap	Paint your nails	Listen to music
Go to the beach	Cook your favorite food	Eat healthy meal
Light a candle	Call your favorite person	Plan a solo trip

SELF CARE BINGO

Listen to music	Eat healthy meal	Paint your nails
Cook your favorite food	Plan a solo trip	Call your favorite person
Take a nap	Go to the beach	Light a candle

SELF CARE BINGO

Light a candle	Cook your favorite food	Paint your nails
Go to the beach	Listen to music	Take a nap
Eat healthy meal	Call your favorite person	Plan a solo trip

SELF CARE BINGO

Light a candle	Call your favorite person	Paint your nails
Take a nap	Cook your favorite food	Eat healthy meal
Go to the beach	Listen to music	Plan a solo trip

SELF CARE BINGO

Eat healthy meal	Go to the beach	Listen to music
Paint your nails	Call your favorite person	Take a nap
Light a candle	Cook your favorite food	Plan a solo trip

SELF CARE BINGO

Go to the beach	Plan a solo trip	Listen to music
Cook your favorite food	Paint your nails	Call your favorite person
Eat healthy meal	Light a candle	Take a nap

SELF CARE BINGO

Take a nap	Call your favorite person	Go to the beach
Cook your favorite food	Light a candle	Eat healthy meal
Listen to music	Paint your nails	Plan a solo trip

SELF CARE BINGO

Take a nap	Cook your favorite food	Light a candle
Listen to music	Paint your nails	Plan a solo trip
Go to the beach	Call your favorite person	Eat healthy meal

SELF CARE BINGO

Eat healthy meal	Go to the beach	Plan a solo trip
Paint your nails	Cook your favorite food	Call your favorite person
Light a candle	Listen to music	Take a nap

SELF CARE BINGO

Eat healthy meal	Cook your favorite food	Listen to music
Take a nap	Plan a solo trip	Go to the beach
Call your favorite person	Light a candle	Paint your nails

SELF CARE BINGO

Plan a solo trip	Paint your nails	Eat healthy meal
Listen to music	Cook your favorite food	Call your favorite person
Go to the beach	Take a nap	Light a candle

SELF CARE BINGO

Take a nap	Light a candle	Go to the beach
Listen to music	Paint your nails	Plan a solo trip
Call your favorite person	Cook your favorite food	Eat healthy meal

SELF CARE BINGO

Light a candle	Go to the beach	Paint your nails
Call your favorite person	Cook your favorite food	Listen to music
Eat healthy meal	Plan a solo trip	Take a nap

SELF CARE BINGO

Plan a solo trip	Take a nap	Eat healthy meal
Cook your favorite food	Listen to music	Light a candle
Paint your nails	Call your favorite person	Go to the beach

SELF CARE BINGO

Cook your favorite food	Paint your nails	Call your favorite person
Take a nap	Light a candle	Eat healthy meal
Plan a solo trip	Go to the beach	Listen to music

SELF CARE BINGO

Light a candle	Listen to music	Eat healthy meal
Plan a solo trip	Take a nap	Call your favorite person
Go to the beach	Cook your favorite food	Paint your nails

SELF CARE BINGO

Eat healthy meal	Call your favorite person	Light a candle
Take a nap	Paint your nails	Listen to music
Plan a solo trip	Go to the beach	Cook your favorite food

SELF CARE BINGO

Paint your nails	Go to the beach	Take a nap
Light a candle	Listen to music	Cook your favorite food
Plan a solo trip	Call your favorite person	Eat healthy meal

SELF CARE BINGO

Paint your nails	Call your favorite person	Plan a solo trip
Eat healthy meal	Take a nap	Go to the beach
Cook your favorite food	Listen to music	Light a candle

SELF CARE BINGO

Plan a solo trip	Cook your favorite food	Light a candle
Go to the beach	Listen to music	Call your favorite person
Eat healthy meal	Paint your nails	Take a nap

SELF CARE BINGO

Call your favorite person	Light a candle	Eat healthy meal
Cook your favorite food	Take a nap	Go to the beach
Listen to music	Plan a solo trip	Paint your nails

SELF CARE BINGO

Call your favorite person	Go to the beach	Take a nap
Paint your nails	Plan a solo trip	Light a candle
Listen to music	Cook your favorite food	Eat healthy meal

SELF CARE BINGO

Paint your nails	Eat healthy meal	Light a candle
Plan a solo trip	Take a nap	Call your favorite person
Go to the beach	Listen to music	Cook your favorite food

SELF CARE BINGO

Light a candle	Go to the beach	Take a nap
Call your favorite person	Eat healthy meal	Listen to music
Plan a solo trip	Cook your favorite food	Paint your nails

SELF CARE BINGO

Call your favorite person	Plan a solo trip	Paint your nails
Cook your favorite food	Light a candle	Go to the beach
Eat healthy meal	Take a nap	Listen to music

SELF CARE BINGO

Plan a solo trip	Call your favorite person	Cook your favorite food
Light a candle	Go to the beach	Take a nap
Eat healthy meal	Listen to music	Paint your nails

SELF CARE BINGO

Paint your nails	Call your favorite person	Go to the beach
Eat healthy meal	Light a candle	Take a nap
Listen to music	Plan a solo trip	Cook your favorite food

SELF CARE BINGO

Eat healthy meal	Call your favorite person	Light a candle
Plan a solo trip	Cook your favorite food	Go to the beach
Take a nap	Paint your nails	Listen to music

SELF CARE BINGO

Plan a solo trip	Cook your favorite food	Paint your nails
Listen to music	Light a candle	Eat healthy meal
Go to the beach	Call your favorite person	Take a nap