

Emotions BINGO

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Safety First!

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 4 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/g56jz4p

Play

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next two pages you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 4.

Virtual Bingo

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to myfreebingocards.com/virtual-bingo.

Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to <https://myfreebingocards.com/faq> where you will find solutions to most common problems.

Share

[Pin these bingo cards](#) on Pinterest, [share on Facebook](#), or post this link: mfbc.us/s/g56jz4p

Edit and Create

To add more words or make changes to this set of bingo cards go to mfbc.us/e/g56jz4p

Go to myfreebingocards.com/bingo-card-generator to create a new set of bingo cards.

Legal

The terms of use for these printable bingo cards can be found at myfreebingocards.com/terms.

Have Fun!

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

Bingo Caller's Card

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

NOTE - Your caller's card continues onto the next page of this PDF.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

Angry	Anxious	Sad	Confident	Happy	Content
Irritated	Scared	Gloomy	Brave	Joyful	Calm
Worried	Helpless	Powerful	Love	Secure	Fearful
Empty	Aware	Peaceful	Mad	Afraid	Grief
Inspired	Safe	Resentful	Loss	Excited	Thankful

Bingo Caller's Card - Continued

Critical	Stressed	Hurt	Curious	Vibrant	Hostile
Weak	Creative	Shame	Lonely	Bold	Relaxed
Tired	Annoyed				

Bingo Card ID 001

Emotions BINGO

Happy	Loss	Annoyed	Powerful
Bold	Curious	Fearful	Love
Tired	Creative	Weak	Helpless
Gloomy	Peaceful	Excited	Stressed

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Bingo Card ID 002

Emotions BINGO

Helpless	Gloomy	Vibrant	Lonely
Empty	Happy	Worried	Relaxed
Confident	Creative	Shame	Stressed
Love	Safe	Brave	Grief

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Bingo Card ID 003

Emotions BINGO

Grief	Mad	Helpless	Excited
Love	Content	Powerful	Peaceful
Secure	Critical	Sad	Loss
Lonely	Bold	Hurt	Joyful

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Bingo Card ID 004

Emotions BINGO

Inspired	Secure	Resentful	Mad
Stressed	Hostile	Curious	Love
Empty	Aware	Lonely	Excited
Angry	Tired	Relaxed	Fearful

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Bingo Card ID 005

Emotions BINGO

Inspired	Curious	Aware	Safe
Love	Afraid	Brave	Peaceful
Shame	Scared	Confident	Stressed
Helpless	Gloomy	Angry	Hurt

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Bingo Card ID 006

Emotions BINGO

Scared	Annoyed	Curious	Mad
Happy	Relaxed	Bold	Powerful
Anxious	Joyful	Brave	Peaceful
Thankful	Gloomy	Helpless	Empty

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Bingo Card ID 007

Emotions BINGO

Anxious	Irritated	Fearful	Hostile
Weak	Tired	Mad	Joyful
Peaceful	Resentful	Scared	Helpless
Sad	Gloomy	Calm	Powerful

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Bingo Card ID 008

Emotions BINGO

Tired	Happy	Irritated	Vibrant
Powerful	Confident	Creative	Sad
Afraid	Shame	Secure	Worried
Anxious	Inspired	Angry	Stressed

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Bingo Card ID 009

Emotions BINGO

Relaxed	Confident	Lonely	Safe
Empty	Content	Scared	Powerful
Thankful	Love	Angry	Hostile
Bold	Stressed	Aware	Critical

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Bingo Card ID 010

Emotions BINGO

Inspired	Hostile	Fearful	Safe
Annoyed	Anxious	Sad	Mad
Lonely	Gloomy	Calm	Shame
Brave	Love	Angry	Tired

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Bingo Card ID 011

Emotions BINGO

Annoyed	Relaxed	Thankful	Hurt
Safe	Vibrant	Powerful	Stressed
Weak	Angry	Happy	Worried
Bold	Shame	Sad	Excited

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Bingo Card ID 012

Emotions BINGO

Gloomy	Excited	Calm	Brave
Content	Empty	Annoyed	Secure
Vibrant	Tired	Creative	Love
Shame	Powerful	Scared	Hurt

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Bingo Card ID 013

Emotions BINGO

Helpless	Vibrant	Secure	Confident
Empty	Content	Worried	Joyful
Aware	Bold	Anxious	Scared
Irritated	Lonely	Excited	Powerful

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Bingo Card ID 014

Emotions BINGO

Content	Thankful	Joyful	Aware
Tired	Mad	Critical	Helpless
Empty	Anxious	Relaxed	Safe
Creative	Excited	Grief	Brave

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Bingo Card ID 015

Emotions BINGO

Worried	Sad	Calm	Confident
Curious	Stressed	Annoyed	Grief
Gloomy	Empty	Inspired	Angry
Mad	Excited	Resentful	Bold

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Bingo Card ID 016

Emotions BINGO

Critical	Excited	Angry	Secure
Irritated	Brave	Shame	Lonely
Inspired	Safe	Thankful	Hurt
Peaceful	Tired	Mad	Vibrant

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Bingo Card ID 017

Emotions BINGO

Safe	Worried	Resentful	Excited
Curious	Joyful	Powerful	Irritated
Bold	Aware	Relaxed	Secure
Hostile	Calm	Annoyed	Confident

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Bingo Card ID 018

Emotions BINGO

Critical	Annoyed	Weak	Stressed
Afraid	Vibrant	Scared	Worried
Tired	Aware	Empty	Secure
Helpless	Relaxed	Excited	Happy

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Bingo Card ID 019

Emotions BINGO

Brave	Creative	Stressed	Lonely
Joyful	Anxious	Content	Critical
Confident	Aware	Mad	Resentful
Fearful	Relaxed	Thankful	Empty

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Bingo Card ID 020

Emotions BINGO

Empty	Peaceful	Hostile	Brave
Excited	Thankful	Gloomy	Afraid
Calm	Love	Fearful	Annoyed
Joyful	Curious	Secure	Sad

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Bingo Card ID 021

Emotions BINGO

Worried	Mad	Hostile	Fearful
Excited	Calm	Secure	Resentful
Vibrant	Happy	Grief	Inspired
Curious	Angry	Safe	Aware

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Bingo Card ID 022

Emotions BINGO

Weak	Vibrant	Critical	Scared
Resentful	Afraid	Aware	Curious
Tired	Content	Fearful	Gloomy
Worried	Annoyed	Confident	Helpless

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Bingo Card ID 023

Emotions BINGO

Stressed	Content	Creative	Afraid
Gloomy	Anxious	Loss	Safe
Hostile	Weak	Irritated	Grief
Helpless	Inspired	Confident	Peaceful

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Bingo Card ID 024

Emotions BINGO

Brave	Grief	Hurt	Annoyed
Secure	Worried	Tired	Scared
Peaceful	Creative	Loss	Excited
Fearful	Vibrant	Resentful	Joyful

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Bingo Card ID 025

Emotions BINGO

Empty	Vibrant	Thankful	Resentful
Grief	Inspired	Stressed	Loss
Sad	Worried	Aware	Weak
Anxious	Confident	Mad	Critical

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Bingo Card ID 026

Emotions BINGO

Afraid	Calm	Relaxed	Content
Thankful	Brave	Helpless	Critical
Irritated	Angry	Sad	Resentful
Creative	Hostile	Aware	Lonely

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Bingo Card ID 027

Emotions BINGO

Weak	Calm	Irritated	Curious
Inspired	Empty	Stressed	Peaceful
Loss	Mad	Joyful	Angry
Hostile	Afraid	Aware	Love

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Bingo Card ID 028

Emotions BINGO

Irritated	Weak	Happy	Creative
Powerful	Safe	Brave	Gloomy
Loss	Peaceful	Thankful	Secure
Resentful	Lonely	Inspired	Hurt

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Bingo Card ID 029

Emotions BINGO

Creative	Thankful	Peaceful	Annoyed
Lonely	Sad	Stressed	Hurt
Loss	Afraid	Mad	Aware
Calm	Shame	Powerful	Angry

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Bingo Card ID 030

Emotions BINGO

Fearful	Thankful	Calm	Angry
Brave	Hostile	Excited	Loss
Inspired	Bold	Shame	Sad
Scared	Creative	Vibrant	Irritated

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