

Recovery Bingo

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Safety First!

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 3 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/dnf4sr2

Play

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next page you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 3.

Virtual Bingo

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to myfreebingocards.com/virtual-bingo.

Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to <https://myfreebingocards.com/faq> where you will find solutions to most common problems.

Share

[Pin these bingo cards](#) on Pinterest, [share on Facebook](#), or post this link: mfbc.us/s/dnf4sr2

Edit and Create

To add more words or make changes to this set of bingo cards go to mfbc.us/e/dnf4sr2

Go to myfreebingocards.com/bingo-card-generator to create a new set of bingo cards.

Legal

The terms of use for these printable bingo cards can be found at myfreebingocards.com/terms.

Have Fun!

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

Bingo Caller's Card

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

Positive Relationships	Teamwork	Honesty	Ask For Help	Acceptance	Celebrate Sober Days	Has a Sponsor
Spirituality	Affirmations	Family	Positive Coping Skills	Better communication	Free	Self Help Groups
Meditation	Exercise	Listen To Music	Watch a Movie	Eat Healthy	Love Yourself	Call a Loved One
Journal	Challenge Negative Thoughts	Respect Others	Get Plenty of Sleep			

Bingo Card ID 001

Recovery Bingo

Positive Coping Skills	Ask For Help	Has a Sponsor	Celebrate Sober Days	Listen To Music
Free	Love Yourself	Positive Relationships	Journal	Call a Loved One
Respect Others	Challenge Negative Thoughts	Spirituality	Affirmations	Teamwork
Exercise	Acceptance	Get Plenty of Sleep	Watch a Movie	Family
Eat Healthy	Better communication	Meditation	Honesty	Self Help Groups

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Bingo Card ID 002

Recovery Bingo

Positive Relationships	Honesty	Love Yourself	Positive Coping Skills	Exercise
Free	Challenge Negative Thoughts	Meditation	Respect Others	Celebrate Sober Days
Teamwork	Family	Better communication	Affirmations	Get Plenty of Sleep
Call a Loved One	Ask For Help	Spirituality	Acceptance	Has a Sponsor
Listen To Music	Eat Healthy	Self Help Groups	Journal	Watch a Movie

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Bingo Card ID 003

Recovery Bingo

Meditation	Journal	Positive Relationships	Family	Get Plenty of Sleep
Self Help Groups	Celebrate Sober Days	Watch a Movie	Ask For Help	Spirituality
Challenge Negative Thoughts	Honesty	Positive Coping Skills	Affirmations	Love Yourself
Eat Healthy	Respect Others	Acceptance	Exercise	Teamwork
Listen To Music	Has a Sponsor	Free	Call a Loved One	Better communication

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Bingo Card ID 004

Recovery Bingo

Spirituality	Has a Sponsor	Respect Others	Call a Loved One	Honesty
Affirmations	Journal	Listen To Music	Teamwork	Positive Relationships
Positive Coping Skills	Meditation	Watch a Movie	Challenge Negative Thoughts	Better communication
Family	Exercise	Celebrate Sober Days	Self Help Groups	Free
Love Yourself	Ask For Help	Get Plenty of Sleep	Acceptance	Eat Healthy

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Bingo Card ID 005

Recovery Bingo

Has a Sponsor	Call a Loved One	Spirituality	Challenge Negative Thoughts	Acceptance
Exercise	Positive Relationships	Love Yourself	Affirmations	Self Help Groups
Watch a Movie	Ask For Help	Teamwork	Free	Get Plenty of Sleep
Celebrate Sober Days	Better communication	Journal	Family	Positive Coping Skills
Eat Healthy	Respect Others	Meditation	Honesty	Listen To Music

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Bingo Card ID 006

Recovery Bingo

Has a Sponsor	Ask For Help	Positive Coping Skills	Celebrate Sober Days	Watch a Movie
Better communication	Love Yourself	Challenge Negative Thoughts	Honesty	Positive Relationships
Journal	Acceptance	Meditation	Listen To Music	Get Plenty of Sleep
Exercise	Respect Others	Spirituality	Teamwork	Free
Family	Self Help Groups	Call a Loved One	Affirmations	Eat Healthy

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Bingo Card ID 007

Recovery Bingo

Teamwork	Better communication	Listen To Music	Respect Others	Watch a Movie
Eat Healthy	Positive Relationships	Love Yourself	Celebrate Sober Days	Get Plenty of Sleep
Challenge Negative Thoughts	Meditation	Free	Affirmations	Journal
Has a Sponsor	Honesty	Family	Acceptance	Spirituality
Positive Coping Skills	Exercise	Call a Loved One	Self Help Groups	Ask For Help

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Bingo Card ID 008

Recovery Bingo

Teamwork	Positive Coping Skills	Exercise	Free	Acceptance
Better communication	Spirituality	Affirmations	Has a Sponsor	Call a Loved One
Positive Relationships	Meditation	Journal	Challenge Negative Thoughts	Celebrate Sober Days
Self Help Groups	Ask For Help	Watch a Movie	Get Plenty of Sleep	Listen To Music
Family	Eat Healthy	Love Yourself	Honesty	Respect Others

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Bingo Card ID 009

Recovery Bingo

Exercise	Family	Honesty	Respect Others	Affirmations
Has a Sponsor	Call a Loved One	Celebrate Sober Days	Get Plenty of Sleep	Positive Coping Skills
Meditation	Journal	Teamwork	Challenge Negative Thoughts	Love Yourself
Self Help Groups	Eat Healthy	Listen To Music	Better communication	Free
Acceptance	Positive Relationships	Ask For Help	Watch a Movie	Spirituality

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Bingo Card ID 010

Recovery Bingo

Spirituality	Respect Others	Listen To Music	Ask For Help	Better communication
Love Yourself	Eat Healthy	Challenge Negative Thoughts	Affirmations	Acceptance
Honesty	Watch a Movie	Positive Coping Skills	Family	Positive Relationships
Get Plenty of Sleep	Teamwork	Has a Sponsor	Self Help Groups	Call a Loved One
Free	Meditation	Exercise	Celebrate Sober Days	Journal

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Bingo Card ID 011

Recovery Bingo

Ask For Help	Self Help Groups	Positive Coping Skills	Affirmations	Celebrate Sober Days
Journal	Exercise	Has a Sponsor	Honesty	Positive Relationships
Eat Healthy	Teamwork	Listen To Music	Watch a Movie	Get Plenty of Sleep
Love Yourself	Meditation	Respect Others	Better communication	Spirituality
Acceptance	Challenge Negative Thoughts	Call a Loved One	Free	Family

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Bingo Card ID 012

Recovery Bingo

Love Yourself	Eat Healthy	Journal	Ask For Help	Challenge Negative Thoughts
Family	Honesty	Free	Self Help Groups	Celebrate Sober Days
Get Plenty of Sleep	Positive Relationships	Affirmations	Watch a Movie	Teamwork
Has a Sponsor	Spirituality	Positive Coping Skills	Exercise	Better communication
Acceptance	Meditation	Listen To Music	Respect Others	Call a Loved One

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Bingo Card ID 013

Recovery Bingo

Positive Relationships	Watch a Movie	Call a Loved One	Exercise	Family
Honesty	Better communication	Celebrate Sober Days	Teamwork	Journal
Love Yourself	Respect Others	Positive Coping Skills	Challenge Negative Thoughts	Eat Healthy
Acceptance	Listen To Music	Affirmations	Free	Spirituality
Ask For Help	Get Plenty of Sleep	Has a Sponsor	Self Help Groups	Meditation

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Bingo Card ID 014

Recovery Bingo

Family	Watch a Movie	Call a Loved One	Get Plenty of Sleep	Honesty
Better communication	Positive Relationships	Meditation	Free	Journal
Challenge Negative Thoughts	Self Help Groups	Love Yourself	Acceptance	Has a Sponsor
Listen To Music	Affirmations	Spirituality	Celebrate Sober Days	Respect Others
Positive Coping Skills	Teamwork	Exercise	Eat Healthy	Ask For Help

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Bingo Card ID 015

Recovery Bingo

Eat Healthy	Exercise	Has a Sponsor	Love Yourself	Ask For Help
Meditation	Spirituality	Honesty	Celebrate Sober Days	Affirmations
Journal	Call a Loved One	Respect Others	Positive Relationships	Positive Coping Skills
Watch a Movie	Free	Challenge Negative Thoughts	Teamwork	Acceptance
Self Help Groups	Better communication	Listen To Music	Get Plenty of Sleep	Family

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Bingo Card ID 016

Recovery Bingo

Affirmations	Journal	Get Plenty of Sleep	Teamwork	Challenge Negative Thoughts
Spirituality	Self Help Groups	Positive Relationships	Watch a Movie	Honesty
Meditation	Listen To Music	Acceptance	Has a Sponsor	Family
Love Yourself	Positive Coping Skills	Free	Exercise	Respect Others
Call a Loved One	Eat Healthy	Ask For Help	Celebrate Sober Days	Better communication

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Bingo Card ID 017

Recovery Bingo

Has a Sponsor	Journal	Celebrate Sober Days	Teamwork	Watch a Movie
Call a Loved One	Eat Healthy	Ask For Help	Respect Others	Exercise
Family	Honesty	Acceptance	Free	Love Yourself
Get Plenty of Sleep	Better communication	Self Help Groups	Listen To Music	Meditation
Positive Coping Skills	Spirituality	Affirmations	Challenge Negative Thoughts	Positive Relationships

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Bingo Card ID 018

Recovery Bingo

Get Plenty of Sleep	Ask For Help	Acceptance	Call a Loved One	Positive Relationships
Honesty	Positive Coping Skills	Journal	Listen To Music	Meditation
Spirituality	Has a Sponsor	Free	Family	Exercise
Respect Others	Challenge Negative Thoughts	Eat Healthy	Celebrate Sober Days	Better communication
Affirmations	Love Yourself	Self Help Groups	Teamwork	Watch a Movie

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Bingo Card ID 019

Recovery Bingo

Challenge Negative Thoughts	Free	Watch a Movie	Get Plenty of Sleep	Family
Better communication	Exercise	Call a Loved One	Honesty	Listen To Music
Meditation	Teamwork	Positive Coping Skills	Celebrate Sober Days	Respect Others
Love Yourself	Eat Healthy	Positive Relationships	Affirmations	Acceptance
Has a Sponsor	Self Help Groups	Journal	Spirituality	Ask For Help

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Bingo Card ID 020

Recovery Bingo

Honesty	Respect Others	Challenge Negative Thoughts	Journal	Acceptance
Love Yourself	Listen To Music	Eat Healthy	Has a Sponsor	Ask For Help
Watch a Movie	Self Help Groups	Free	Get Plenty of Sleep	Exercise
Positive Relationships	Better communication	Spirituality	Teamwork	Meditation
Affirmations	Celebrate Sober Days	Call a Loved One	Family	Positive Coping Skills

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Bingo Card ID 021

Recovery Bingo

Respect Others	Listen To Music	Journal	Eat Healthy	Positive Coping Skills
Meditation	Has a Sponsor	Spirituality	Call a Loved One	Affirmations
Better communication	Celebrate Sober Days	Teamwork	Watch a Movie	Family
Love Yourself	Positive Relationships	Acceptance	Honesty	Get Plenty of Sleep
Challenge Negative Thoughts	Ask For Help	Free	Self Help Groups	Exercise

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Bingo Card ID 022

Recovery Bingo

Get Plenty of Sleep	Acceptance	Call a Loved One	Family	Listen To Music
Has a Sponsor	Love Yourself	Ask For Help	Exercise	Affirmations
Teamwork	Positive Relationships	Self Help Groups	Free	Positive Coping Skills
Better communication	Honesty	Respect Others	Celebrate Sober Days	Eat Healthy
Spirituality	Watch a Movie	Meditation	Journal	Challenge Negative Thoughts

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Bingo Card ID 023

Recovery Bingo

Free	Family	Acceptance	Love Yourself	Better communication
Respect Others	Teamwork	Meditation	Spirituality	Exercise
Positive Relationships	Get Plenty of Sleep	Challenge Negative Thoughts	Eat Healthy	Watch a Movie
Honesty	Self Help Groups	Listen To Music	Journal	Call a Loved One
Celebrate Sober Days	Positive Coping Skills	Affirmations	Ask For Help	Has a Sponsor

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Bingo Card ID 024

Recovery Bingo

Self Help Groups	Meditation	Challenge Negative Thoughts	Ask For Help	Free
Listen To Music	Journal	Watch a Movie	Spirituality	Has a Sponsor
Honesty	Eat Healthy	Call a Loved One	Get Plenty of Sleep	Exercise
Love Yourself	Acceptance	Better communication	Family	Celebrate Sober Days
Positive Coping Skills	Respect Others	Affirmations	Positive Relationships	Teamwork

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Bingo Card ID 025

Recovery Bingo

Meditation	Honesty	Spirituality	Call a Loved One	Better communication
Exercise	Get Plenty of Sleep	Acceptance	Family	Teamwork
Free	Journal	Ask For Help	Respect Others	Self Help Groups
Positive Relationships	Watch a Movie	Celebrate Sober Days	Positive Coping Skills	Listen To Music
Eat Healthy	Has a Sponsor	Love Yourself	Affirmations	Challenge Negative Thoughts

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Bingo Card ID 026

Recovery Bingo

Acceptance	Eat Healthy	Family	Positive Relationships	Challenge Negative Thoughts
Affirmations	Teamwork	Get Plenty of Sleep	Respect Others	Free
Call a Loved One	Love Yourself	Has a Sponsor	Better communication	Listen To Music
Meditation	Self Help Groups	Honesty	Watch a Movie	Journal
Positive Coping Skills	Exercise	Ask For Help	Celebrate Sober Days	Spirituality

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Bingo Card ID 027

Recovery Bingo

Has a Sponsor	Eat Healthy	Teamwork	Spirituality	Honesty
Respect Others	Affirmations	Acceptance	Watch a Movie	Self Help Groups
Call a Loved One	Meditation	Get Plenty of Sleep	Better communication	Positive Coping Skills
Exercise	Listen To Music	Journal	Family	Free
Ask For Help	Love Yourself	Positive Relationships	Celebrate Sober Days	Challenge Negative Thoughts

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Bingo Card ID 028

Recovery Bingo

Free	Positive Coping Skills	Teamwork	Love Yourself	Challenge Negative Thoughts
Respect Others	Self Help Groups	Spirituality	Acceptance	Journal
Better communication	Meditation	Positive Relationships	Family	Exercise
Call a Loved One	Ask For Help	Eat Healthy	Celebrate Sober Days	Honesty
Watch a Movie	Listen To Music	Affirmations	Get Plenty of Sleep	Has a Sponsor

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Bingo Card ID 029

Recovery Bingo

Free	Ask For Help	Self Help Groups	Acceptance	Call a Loved One
Eat Healthy	Affirmations	Better communication	Get Plenty of Sleep	Exercise
Honesty	Journal	Watch a Movie	Spirituality	Challenge Negative Thoughts
Meditation	Positive Relationships	Respect Others	Celebrate Sober Days	Teamwork
Listen To Music	Love Yourself	Positive Coping Skills	Family	Has a Sponsor

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Bingo Card ID 030

Recovery Bingo

Listen To Music	Eat Healthy	Affirmations	Challenge Negative Thoughts	Spirituality
Celebrate Sober Days	Journal	Respect Others	Free	Teamwork
Positive Coping Skills	Honesty	Has a Sponsor	Call a Loved One	Ask For Help
Get Plenty of Sleep	Positive Relationships	Meditation	Family	Better communication
Acceptance	Self Help Groups	Love Yourself	Exercise	Watch a Movie

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