

Self-esteem bingo

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Safety First!

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 4 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/dh8ep

Play

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next two pages you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 4.

Virtual Bingo

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to myfreebingocards.com/virtual-bingo.

Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to <https://myfreebingocards.com/fag> where you will find solutions to most common problems.

Share

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Edit and Create

To add more words or make changes to this set of bingo cards go to mfbc.us/e/dh8ep

Go to myfreebingocards.com/bingo-card-generator to create a new set of bingo cards.

Legal

The terms of use for these printable bingo cards can be found at myfreebingocards.com/terms.

Have Fun!

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

Bingo Caller's Card

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

NOTE - Your caller's card continues onto the next page of this PDF.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

Name 1 nice thing a friend may say about you	Name something you are good at	Share a happy event in your life	Name something positive you've done for somebody else recently	When do you feel most attractive and why	Give a compliment to the person 2nd to your right
Share the greatest compliment you've ever received	Share something you would like to do but haven't yet	Name something I would love to achieve	I feel good about myself when...	Talk about three things you are grateful for	Describe your favourite way to relax
Give the person opposite you a compliment	My favourite time of the day is...	Name something I can start doing to take more care of myself	Name something that scares you that you would like to overcome	Give a compliment to the person to your left	Name a new skill you would love to learn
Name a personal accomplishment that made you proud	Describe your perfect holiday	Talk about someone you admire	My favourite time of the year is	Share a characteristic you admire at others	Name something positive about yourself
Compliment the person to your right	How would someone who cares about me describe me	Name a challenge I have overcome	What is your definition of beautiful	What do you do to feel calmer when you're stressed	Name something unique about you

Bingo Caller's Card - Continued

My favourite time of the year is	What is your favourite quality				
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Bingo Card ID 001

Self-esteem bingo

Name something positive you've done for somebody else recently	Describe your perfect holiday	Talk about someone you admire	Name a challenge I have overcome
What is your favourite quality	Give the person opposite you a compliment	Name something I can start doing to take more care of myself	Talk about three things you are grateful for
My favourite time of the year is	Name something that scares you that you would like to overcome	Name a personal accomplishment that made you proud	Name something I would love to achieve
What is your definition of beautiful	Give a compliment to the person to your left	Name something unique about you	What do you do to feel calmer when you're stressed

Bingo Card ID 002

Self-esteem bingo

Name something that scares you that you would like to overcome	Name something I would love to achieve	Name a new skill you would love to learn	Share the greatest compliment you've ever received
Name something positive you've done for somebody else recently	When do you feel most attractive and why	My favourite time of the day is...	My favourite time of the year is
How would someone who cares about me describe me	Talk about three things you are grateful for	Name something positive about yourself	Give the person opposite you a compliment
Name something unique about you	Share a happy event in your life	What is your definition of beautiful	Talk about someone you admire

Bingo Card ID 003

Self-esteem bingo

Name something that scares you that you would like to overcome	Name something positive about yourself	Name a personal accomplishment that made you proud	What do you do to feel calmer when you're stressed
What is your favourite quality	What is your definition of beautiful	My favourite time of the year is	Talk about three things you are grateful for
Name 1 nice thing a friend may say about you	Talk about someone you admire	Share the greatest compliment you've ever received	Name something you are good at
Give the person opposite you a compliment	Share a characteristic you admire at others	Name a new skill you would love to learn	How would someone who cares about me describe me

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Bingo Card ID 004

Self-esteem bingo

Share a characteristic you admire at others	What do you do to feel calmer when you're stressed	Name something unique about you	Name a challenge I have overcome
Name a new skill you would love to learn	Give a compliment to the person to your left	Talk about three things you are grateful for	Share the greatest compliment you've ever received
Describe your favourite way to relax	Name a personal accomplishment that made you proud	Name something I can start doing to take more care of myself	When do you feel most attractive and why
Share a happy event in your life	How would someone who cares about me describe me	Name something positive about yourself	Name something positive you've done for somebody else recently

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Bingo Card ID 005

Self-esteem bingo

Name a challenge I have overcome	Give a compliment to the person to your left	Share a characteristic you admire at others	Compliment the person to your right
Talk about three things you are grateful for	How would someone who cares about me describe me	What is your definition of beautiful	My favourite time of the day is...
Name something that scares you that you would like to overcome	Name something you are good at	Describe your favourite way to relax	Name something I would love to achieve
Describe your perfect holiday	Share something you would like to do but haven't yet	Name 1 nice thing a friend may say about you	Share a happy event in your life

Bingo Card ID 006

Self-esteem bingo

Name a challenge I have overcome	Describe your perfect holiday	What do you do to feel calmer when you're stressed	When do you feel most attractive and why
Name something positive you've done for somebody else recently	Give a compliment to the person 2nd to your right	What is your favourite quality	Give the person opposite you a compliment
Share something you would like to do but haven't yet	What is your definition of beautiful	Name something I would love to achieve	How would someone who cares about me describe me
Name something that scares you that you would like to overcome	Name a new skill you would love to learn	Name a personal accomplishment that made you proud	Compliment the person to your right

Bingo Card ID 007

Self-esteem bingo

Give a compliment to the person 2nd to your right	Share a happy event in your life	Name something unique about you	Name something I can start doing to take more care of myself
Share something you would like to do but haven't yet	What do you do to feel calmer when you're stressed	What is your definition of beautiful	Name something that scares you that you would like to overcome
Name something I would love to achieve	I feel good about myself when...	What is your favourite quality	Talk about someone you admire
Give the person opposite you a compliment	Name 1 nice thing a friend may say about you	My favourite time of the year is	Name a personal accomplishment that made you proud

Bingo Card ID 008

Self-esteem bingo

Share a happy event in your life	Name something positive you've done for somebody else recently	My favourite time of the year is	What is your favourite quality
My favourite time of the day is...	Compliment the person to your right	Give a compliment to the person 2nd to your right	Share a characteristic you admire at others
Describe your favourite way to relax	Talk about three things you are grateful for	When do you feel most attractive and why	Name a challenge I have overcome
Share the greatest compliment you've ever received	Give a compliment to the person to your left	What do you do to feel calmer when you're stressed	Name something positive about yourself

Bingo Card ID 009

Self-esteem bingo

When do you feel most attractive and why	My favourite time of the day is...	Share the greatest compliment you've ever received	Name a new skill you would love to learn
My favourite time of the year is	What is your favourite quality	Name something unique about you	Talk about three things you are grateful for
Describe your favourite way to relax	Give the person opposite you a compliment	Give a compliment to the person to your left	Name 1 nice thing a friend may say about you
Name a challenge I have overcome	Name a personal accomplishment that made you proud	Name something positive about yourself	Name something positive you've done for somebody else recently

Bingo Card ID 010

Self-esteem bingo

Share a characteristic you admire at others	Name something I can start doing to take more care of myself	Name something unique about you	Describe your perfect holiday
Name something I would love to achieve	Give a compliment to the person 2nd to your right	What do you do to feel calmer when you're stressed	Share the greatest compliment you've ever received
I feel good about myself when...	How would someone who cares about me describe me	Talk about three things you are grateful for	Describe your favourite way to relax
Talk about someone you admire	Compliment the person to your right	Name a new skill you would love to learn	Share something you would like to do but haven't yet

Bingo Card ID 011

Self-esteem bingo

When do you feel most attractive and why	Describe your perfect holiday	Name something you are good at	What is your favourite quality
Describe your favourite way to relax	Name something positive you've done for somebody else recently	Give the person opposite you a compliment	Name a personal accomplishment that made you proud
What do you do to feel calmer when you're stressed	My favourite time of the day is...	I feel good about myself when...	Name something that scares you that you would like to overcome
Name a challenge I have overcome	Name a new skill you would love to learn	What is your definition of beautiful	Share a happy event in your life

Bingo Card ID 012

Self-esteem bingo

Name something I would love to achieve	I feel good about myself when...	Name a personal accomplishment that made you proud	Name a new skill you would love to learn
Describe your perfect holiday	How would someone who cares about me describe me	My favourite time of the year is	Talk about three things you are grateful for
My favourite time of the year is	What is your favourite quality	Give the person opposite you a compliment	Name something you are good at
Name 1 nice thing a friend may say about you	Describe your favourite way to relax	Name something that scares you that you would like to overcome	Share something you would like to do but haven't yet

Bingo Card ID 013

Self-esteem bingo

Name something that scares you that you would like to overcome	Give a compliment to the person to your left	Share something you would like to do but haven't yet	My favourite time of the day is...
My favourite time of the year is	Name a new skill you would love to learn	Give a compliment to the person 2nd to your right	Give the person opposite you a compliment
What is your favourite quality	Share the greatest compliment you've ever received	Share a happy event in your life	Name a personal accomplishment that made you proud
When do you feel most attractive and why	Name something positive you've done for somebody else recently	Name something unique about you	Name something I would love to achieve

Bingo Card ID 014

Self-esteem bingo

My favourite time of the year is	Give a compliment to the person to your left	Share something you would like to do but haven't yet	What do you do to feel calmer when you're stressed
Name 1 nice thing a friend may say about you	When do you feel most attractive and why	Give a compliment to the person 2nd to your right	Name something that scares you that you would like to overcome
Name a new skill you would love to learn	Name something positive about yourself	My favourite time of the year is	Name a personal accomplishment that made you proud
How would someone who cares about me describe me	Talk about someone you admire	Name something you are good at	Compliment the person to your right

Bingo Card ID 015

Self-esteem bingo

I feel good about myself when...	My favourite time of the day is...	Name a challenge I have overcome	Name something I would love to achieve
Describe your perfect holiday	Name something positive about yourself	Name a new skill you would love to learn	Share a characteristic you admire at others
Name a personal accomplishment that made you proud	Give the person opposite you a compliment	Describe your favourite way to relax	What do you do to feel calmer when you're stressed
Give a compliment to the person to your left	Talk about three things you are grateful for	Name something unique about you	My favourite time of the year is

Bingo Card ID 016

Self-esteem bingo

Name a personal accomplishment that made you proud	Name 1 nice thing a friend may say about you	Describe your favourite way to relax	How would someone who cares about me describe me
Share a happy event in your life	Share the greatest compliment you've ever received	Share a characteristic you admire at others	Name something you are good at
What is your definition of beautiful	What do you do to feel calmer when you're stressed	Name something that scares you that you would like to overcome	Talk about someone you admire
Share something you would like to do but haven't yet	Name a new skill you would love to learn	Compliment the person to your right	Name something I can start doing to take more care of myself

Bingo Card ID 017

Self-esteem bingo

Name a challenge I have overcome	Name a personal accomplishment that made you proud	What is your favourite quality	Give a compliment to the person to your left
Give the person opposite you a compliment	Share something you would like to do but haven't yet	Share a happy event in your life	When do you feel most attractive and why
Describe your perfect holiday	I feel good about myself when...	Name something unique about you	My favourite time of the day is...
My favourite time of the year is	What do you do to feel calmer when you're stressed	Compliment the person to your right	My favourite time of the year is

Bingo Card ID 018

Self-esteem bingo

Name 1 nice thing a friend may say about you	Describe your perfect holiday	Compliment the person to your right	Name something that scares you that you would like to overcome
Give a compliment to the person to your left	Name a new skill you would love to learn	Name something positive you've done for somebody else recently	Name a personal accomplishment that made you proud
When do you feel most attractive and why	Name something I can start doing to take more care of myself	Name something positive about yourself	Share a characteristic you admire at others
Name a challenge I have overcome	My favourite time of the year is	My favourite time of the year is	Name something unique about you

Bingo Card ID 019

Self-esteem bingo

How would someone who cares about me describe me	Share the greatest compliment you've ever received	My favourite time of the year is	My favourite time of the year is
Share something you would like to do but haven't yet	Give a compliment to the person 2nd to your right	Name 1 nice thing a friend may say about you	My favourite time of the day is...
What do you do to feel calmer when you're stressed	Give a compliment to the person to your left	Name something I can start doing to take more care of myself	Name a new skill you would love to learn
When do you feel most attractive and why	Name something positive about yourself	Name something positive you've done for somebody else recently	Share a happy event in your life

Bingo Card ID 020

Self-esteem bingo

How would someone who cares about me describe me	What is your definition of beautiful	Name something unique about you	Name a new skill you would love to learn
Name a personal accomplishment that made you proud	Compliment the person to your right	Name something I would love to achieve	I feel good about myself when...
Talk about three things you are grateful for	Name something I can start doing to take more care of myself	Describe your perfect holiday	Name a challenge I have overcome
Share something you would like to do but haven't yet	What is your favourite quality	Talk about someone you admire	Name something you are good at

Bingo Card ID 021

Self-esteem bingo

Name something unique about you	What do you do to feel calmer when you're stressed	Name something I can start doing to take more care of myself	I feel good about myself when...
Name a personal accomplishment that made you proud	Name something positive you've done for somebody else recently	Name something positive about yourself	Share a characteristic you admire at others
Name a challenge I have overcome	Describe your favourite way to relax	Share the greatest compliment you've ever received	Give a compliment to the person to your left
Talk about someone you admire	Give the person opposite you a compliment	Give a compliment to the person 2nd to your right	Share something you would like to do but haven't yet

Bingo Card ID 022

Self-esteem bingo

Name 1 nice thing a friend may say about you	Compliment the person to your right	Give a compliment to the person to your left	My favourite time of the year is
Name something I can start doing to take more care of myself	Name a challenge I have overcome	Name something I would love to achieve	Describe your perfect holiday
Describe your favourite way to relax	My favourite time of the day is...	Name something that scares you that you would like to overcome	Share a happy event in your life
Share the greatest compliment you've ever received	My favourite time of the year is	Name something positive you've done for somebody else recently	Name something you are good at

Bingo Card ID 023

Self-esteem bingo

My favourite time of the year is	My favourite time of the year is	Compliment the person to your right	Talk about someone you admire
Name something I would love to achieve	Give a compliment to the person 2nd to your right	Name something unique about you	Name something positive about yourself
Share a happy event in your life	My favourite time of the day is...	Share a characteristic you admire at others	Name something that scares you that you would like to overcome
What is your definition of beautiful	Name 1 nice thing a friend may say about you	What is your favourite quality	What do you do to feel calmer when you're stressed

Bingo Card ID 024

Self-esteem bingo

How would someone who cares about me describe me	Name something positive about yourself	Name something you are good at	Describe your perfect holiday
What is your definition of beautiful	Talk about someone you admire	Name something I can start doing to take more care of myself	Name a personal accomplishment that made you proud
My favourite time of the year is	Name a challenge I have overcome	Share a characteristic you admire at others	Share something you would like to do but haven't yet
Name a new skill you would love to learn	I feel good about myself when...	Give a compliment to the person to your left	Name 1 nice thing a friend may say about you

Bingo Card ID 025

Self-esteem bingo

Name something positive about yourself	Name a new skill you would love to learn	Share a characteristic you admire at others	Talk about someone you admire
Give a compliment to the person to your left	Give a compliment to the person 2nd to your right	What do you do to feel calmer when you're stressed	Name 1 nice thing a friend may say about you
My favourite time of the day is...	Compliment the person to your right	My favourite time of the year is	Share a happy event in your life
Talk about three things you are grateful for	My favourite time of the year is	What is your definition of beautiful	Name a personal accomplishment that made you proud

Bingo Card ID 026

Self-esteem bingo

Compliment the person to your right	I feel good about myself when...	My favourite time of the year is	When do you feel most attractive and why
How would someone who cares about me describe me	Name something that scares you that you would like to overcome	Describe your favourite way to relax	Share a happy event in your life
Name 1 nice thing a friend may say about you	My favourite time of the year is	Name something unique about you	Give a compliment to the person to your left
Share the greatest compliment you've ever received	What is your definition of beautiful	Name something I would love to achieve	Give a compliment to the person 2nd to your right

Bingo Card ID 027

Self-esteem bingo

Name a challenge I have overcome	Share a happy event in your life	I feel good about myself when...	Share a characteristic you admire at others
What is your definition of beautiful	Talk about someone you admire	Name a new skill you would love to learn	What do you do to feel calmer when you're stressed
Compliment the person to your right	Describe your favourite way to relax	Share something you would like to do but haven't yet	Name something unique about you
Name something you are good at	Talk about three things you are grateful for	Give a compliment to the person to your left	Name 1 nice thing a friend may say about you

Bingo Card ID 028

Self-esteem bingo

Name something positive you've done for somebody else recently	Share a happy event in your life	My favourite time of the year is	Name something I would love to achieve
What is your favourite quality	Talk about someone you admire	How would someone who cares about me describe me	What is your definition of beautiful
Share the greatest compliment you've ever received	Share a characteristic you admire at others	Name something you are good at	Name something unique about you
Compliment the person to your right	Talk about three things you are grateful for	Give a compliment to the person 2nd to your right	Name something positive about yourself

Bingo Card ID 029

Self-esteem bingo

What is your definition of beautiful	My favourite time of the year is	Share the greatest compliment you've ever received	Describe your perfect holiday
Name something you are good at	Talk about someone you admire	What is your favourite quality	What do you do to feel calmer when you're stressed
Compliment the person to your right	Give a compliment to the person to your left	I feel good about myself when...	Describe your favourite way to relax
Name 1 nice thing a friend may say about you	Give a compliment to the person 2nd to your right	My favourite time of the day is...	Talk about three things you are grateful for

Bingo Card ID 030

Self-esteem bingo

I feel good about myself when...	Name something I can start doing to take more care of myself	Describe your favourite way to relax	How would someone who cares about me describe me
Name a personal accomplishment that made you proud	Share a characteristic you admire at others	Name something unique about you	Give the person opposite you a compliment
Talk about someone you admire	Share a happy event in your life	My favourite time of the year is	Talk about three things you are grateful for
Name something positive you've done for somebody else recently	When do you feel most attractive and why	Give a compliment to the person to your left	Name a new skill you would love to learn