### **Nutrition Bingo**

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#### **Safety First!**

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 4 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/dgifb

#### **Play**

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next two pages you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 4.

#### **Virtual Bingo**

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to <a href="mailto:myfreebingocards.com/virtual-bingo">myfreebingocards.com/virtual-bingo</a>.

#### Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to <a href="https://myfreebingocards.com/faq">https://myfreebingocards.com/faq</a> where you will find solutions to most common problems.

#### **Share**

Pin these bingo cards on Pinterest, share on Facebook, or post this link: mfbc.us/s/dgifb

#### **Edit and Create**

To add more words or make changes to this set of bingo cards go to mfbc.us/e/dgifb

Go to myfreebingocards.com/bingo-card-generator to create a new set of bingo cards.

#### Legal

The terms of use for these printable bingo cards can be found at <a href="mailto:myfreebingocards.com/terms">myfreebingocards.com/terms</a>.

#### **Have Fun!**

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

### **Bingo Caller's Card**

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

NOTE - Your caller's card continues onto the next page of this PDF.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

SPINACH	HDL	AVOCADO	CARBOHYDRATE	FAST FOOD PLACE	OBESITY
ARTIFICIAL FLAVORS	ORGANIC	CALCIUM	WATER	SUGAR	DIABETES
CALORIES	EXERCISE	TORTILLAS	YOGURT	HOT DOG	SODA
DIET	MAYONNAISE	CROISSANT	MILK	TOMATO	MUSHROOM
BURPEE	YOGA	BASKETBALL	GNOCCI	OLIVE OIL	SUPERMARKET

### **Bingo Caller's Card - Continued**

CO- OP	SHRIMP				
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MUSHROOM	BASKETBALL	SUPERMARKET	FAST FOOD PLACE
YOGA	CALORIES	HOT DOG	TOMATO
DIET	OBESITY	HDL	MAYONNAISE
WATER	CALCIUM	OLIVE OIL	TORTILLAS

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# Nutrition

OBESITY	MAYONNAISE	GNOCCI	SUGAR
MUSHROOM	YOGURT	CROISSANT	DIET
CARBOHYDRATE	TOMATO	MILK	CALORIES
OLIVE OIL	SODA	WATER	SUPERMARKET

OBESITY	MILK	HDL	TORTILLAS
YOGA	WATER	DIABETES	TOMATO
EXERCISE	SUPERMARKET	SUGAR	ORGANIC
CALORIES	SHRIMP	GNOCCI	CARBOHYDRATE

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# Nutrition

SHRIMP	TORTILLAS	OLIVE OIL	FAST FOOD PLACE
GNOCCI	CALCIUM	TOMATO	SUGAR
AVOCADO	HDL	HOT DOG	YOGURT
SODA	CARBOHYDRATE	MILK	MUSHROOM

FAST FOOD PLACE	CALCIUM	SHRIMP	ARTIFICIAL FLAVORS
TOMATO	CARBOHYDRATE	WATER	CROISSANT
OBESITY	ORGANIC	AVOCADO	MAYONNAISE
BASKETBALL	SPINACH	EXERCISE	SODA

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# Nutrition

FAST FOOD PLACE	BASKETBALL	TORTILLAS	YOGURT
MUSHROOM	BURPEE	YOGA	CALORIES
SPINACH	WATER	MAYONNAISE	CARBOHYDRATE
OBESITY	GNOCCI	HDL	ARTIFICIAL FLAVORS

BURPEE	SODA	OLIVE OIL	HOT DOG
SPINACH	TORTILLAS	WATER	OBESITY
MAYONNAISE	CO- OP	YOGA	SUPERMARKET
CALORIES	EXERCISE	DIET	HDL

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## Nutrition

SODA	MUSHROOM	DIET	YOGA
CROISSANT	ARTIFICIAL FLAVORS	BURPEE	SHRIMP
AVOCADO	TOMATO	YOGURT	FAST FOOD PLACE
SUGAR	CALCIUM	TORTILLAS	MILK

YOGURT	CROISSANT	SUGAR	GNOCCI
DIABETES	YOGA	OLIVE OIL	TOMATO
AVOCADO	CALORIES	CALCIUM	EXERCISE
FAST FOOD PLACE	HDL	MILK	MUSHROOM

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# Nutrition

SHRIMP	HOT DOG	OLIVE OIL	BASKETBALL
MAYONNAISE	BURPEE	TORTILLAS	SUGAR
CO- OP	CARBOHYDRATE	TOMATO	AVOCADO
SUPERMARKET	ARTIFICIAL FLAVORS	GNOCCI	SPINACH

YOGURT	BASKETBALL	ORGANIC	YOGA
AVOCADO	MUSHROOM	CALORIES	HDL
TORTILLAS	CROISSANT	CO- OP	OBESITY
FAST FOOD PLACE	GNOCCI	WATER	SODA

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# Nutrition

MAYONNAISE	CO- OP	HDL	GNOCCI
BASKETBALL	CARBOHYDRATE	DIABETES	TOMATO
DIET	YOGA	CALORIES	ORGANIC
EXERCISE	AVOCADO	OBESITY	SPINACH

OBESITY	CALCIUM	SPINACH	CROISSANT
DIABETES	GNOCCI	BURPEE	CALORIES
YOGA	SUGAR	SODA	HDL
YOGURT	MUSHROOM	OLIVE OIL	MAYONNAISE

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## Nutrition

DIABETES	CALCIUM	SPINACH	TORTILLAS
EXERCISE	YOGURT	BURPEE	OBESITY
GNOCCI	MILK	DIET	HDL
CARBOHYDRATE	SUPERMARKET	ORGANIC	ARTIFICIAL

CO- OP	CROISSANT	FAST FOOD PLACE	MAYONNAISE
BASKETBALL	MILK	GNOCCI	SHRIMP
HDL	CALORIES	AVOCADO	TORTILLAS
CALCIUM	TOMATO	OLIVE	DIET

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## Nutrition

HDL	EXERCISE	AVOCADO	CARBOHYDRATE
SODA	SUGAR	SHRIMP	ORGANIC
WATER	TORTILLAS	OBESITY	SUPERMARKET
SPINACH	GNOCCI	ARTIFICIAL FLAVORS	HOT DOG

FAST FOOD PLACE	HDL	YOGA	CALCIUM
CALORIES	SPINACH	SODA	YOGURT
BASKETBALL	CO- OP	OLIVE OIL	CROISSANT
DIABETES	TORTILLAS	ARTIFICIAL FLAVORS	DIET

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## Nutrition

EXERCISE	BASKETBALL	ARTIFICIAL FLAVORS	OBESITY
CALCIUM	GNOCCI	MUSHROOM	HDL
YOGURT	HOT DOG	MILK	SHRIMP
FAST FOOD PLACE	DIABETES	DIET	OLIVE OIL

CARBOHYDRATE	SUGAR	DIET	DIABETES
SPINACH	BURPEE	EXERCISE	CROISSANT
TORTILLAS	CALCIUM	HOT DOG	GNOCCI
YOGURT	MILK	MUSHROOM	SODA

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## Nutrition

CARBOHYDRATE	WATER	OLIVE OIL	GNOCCI
HDL	ARTIFICIAL FLAVORS	MAYONNAISE	CO- OP
TOMATO	HOT DOG	BASKETBALL	FAST FOOD PLACE
SPINACH	YOGA	SUPERMARKET	ORGANIC

OLIVE OIL	TORTILLAS	HOT DOG	CO- OP
HDL	MUSHROOM	MILK	SHRIMP
FAST FOOD PLACE	AVOCADO	SUGAR	CALCIUM
SUPERMARKET	CALORIES	BURPEE	SPINACH

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## Nutrition

EXERCISE	ARTIFICIAL FLAVORS	CALCIUM	DIABETES
HOT DOG	FAST FOOD PLACE	MAYONNAISE	BASKETBALL
AVOCADO	CROISSANT	OBESITY	SODA
SUGAR	DIET	MUSHROOM	ORGANIC

DIABETES	DIET	ARTIFICIAL FLAVORS	SUPERMARKET
MAYONNAISE	BURPEE	OLIVE OIL	MILK
SODA	CROISSANT	SHRIMP	OBESITY
WATER	EXERCISE	YOGA	TORTILLAS

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# Nutrition

CARBOHYDRATE	MILK	ORGANIC	BASKETBALL
WATER	SUPERMARKET	HOT DOG	HDL
DIET	FAST FOOD PLACE	SHRIMP	SPINACH
GNOCCI	CO- OP	CALCIUM	EXERCISE

MILK	GNOCCI	SHRIMP	SUPERMARKET
CALCIUM	BURPEE	TORTILLAS	EXERCISE
CROISSANT	ARTIFICIAL FLAVORS	DIABETES	SODA
TOMATO	DIET	WATER	HDL

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## Nutrition

ARTIFICIAL FLAVORS	CO- OP	DIABETES	YOGURT
CARBOHYDRATE	OBESITY	AVOCADO	SODA
EXERCISE	DIET	OLIVE OIL	CALCIUM
SUGAR	WATER	MAYONNAISE	BURPEE

FAST FOOD PLACE	SODA	CO- OP	SHRIMP
WATER	SUPERMARKET	GNOCCI	TORTILLAS
ARTIFICIAL FLAVORS	AVOCADO	SPINACH	OLIVE OIL
ORGANIC	TOMATO	CALCIUM	EXERCISE

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# Nutrition

MUSHROOM	SODA	DIET	MAYONNAISE
YOGA	SUPERMARKET	CARBOHYDRATE	WATER
SUGAR	SHRIMP	ORGANIC	OLIVE OIL
ARTIFICIAL FLAVORS	TOMATO	BURPEE	MILK

WATER	DIET	SUGAR	BASKETBALL
ORGANIC	SUPERMARKET	YOGA	TORTILLAS
ARTIFICIAL FLAVORS	CALCIUM	CO- OP	AVOCADO
EXERCISE	BURPEE	CROISSANT	TOMATO

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# Nutrition

CO- OP	HOT DOG	AVOCADO	CARBOHYDRATE
HDL	SHRIMP	OLIVE OIL	CALORIES
SUPERMARKET	SODA	DIET	TOMATO
MUSHROOM	YOGURT	CALCIUM	GNOCCI