

Self-Esteem Bingo

myfreebingocards.com

Safety First!

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 3 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/dcd38n

Play

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next page you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 3.

Virtual Bingo

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to myfreebingocards.com/virtual-bingo.

Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to <https://myfreebingocards.com/fag> where you will find solutions to most common problems.

Share

[Pin these bingo cards](#) on Pinterest, [share on Facebook](#), or post this link: mfbc.us/s/dcd38n

Edit and Create

To add more words or make changes to this set of bingo cards go to mfbc.us/e/dcd38n

Go to myfreebingocards.com/bingo-card-generator to create a new set of bingo cards.

Legal

The terms of use for these printable bingo cards can be found at myfreebingocards.com/terms.

Have Fun!

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

Bingo Caller's Card

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

Compliment the person to your left.	Talk about someone you admire.	Say something positive about yourself.	Name something you would like to be better at.	Talk about 3 things you are grateful for.	Name a personal accomplishment that made you proud.	Describe your perfect vacation.
Share a happy event in your life.	Compliment the person to your right.	I feel best when people ____.	I feel good about myself when ____.	Share a characteristic you admire in others.	I am good at ____.	I am happiest when I ____.
Share something you would like to do but haven't yet.	Describe something someone could do to make you happy.	Share the greatest compliment you ever received.	Give the person across from you a compliment.	Give someone in the group a high five.	My favorite part of the day is ____.	If you could be friends with any famous person in history who would it be and why?
Share a characteristic you admire in yourself.	Describe your greatest strength	Believe in yourself	Focus on your strengths not your weaknesses	Be comfortable with change	Enjoy healthy relationships	Be goal oriented
Laugh at yourself-Enjoy Life	Take care of yourself physically, emotionally, mentally and spiritually	Enjoy personal growth	Don't follow followers			

Self-Esteem Bingo

<p>If you could be friends with any famous person in history who would it be and why?</p>	<p>Believe in yourself</p>	<p>Share a happy event in your life.</p>	<p>Give someone in the group a high five.</p>	<p>Talk about 3 things you are grateful for.</p>
<p>Describe something someone could do to make you happy.</p>	<p>I am happiest when I ____.</p>	<p>Share something you would like to do but haven't yet.</p>	<p>Enjoy personal growth</p>	<p>Laugh at yourself-Enjoy Life</p>
<p>I am good at ____.</p>	<p>I feel best when people ____.</p>	<p>FREE SPACE</p>	<p>Take care of yourself physically, emotionally, mentally and spiritually</p>	<p>Compliment the person to your right.</p>
<p>My favorite part of the day is ____.</p>	<p>Share the greatest compliment you ever received.</p>	<p>Be goal oriented</p>	<p>Describe your greatest strength</p>	<p>Name something you would like to be better at.</p>
<p>Say something positive about yourself.</p>	<p>Don't follow followers</p>	<p>Share a characteristic you admire in yourself.</p>	<p>Share a characteristic you admire in others.</p>	<p>Be comfortable with change</p>

Self-Esteem Bingo

Laugh at yourself- Enjoy Life	I feel best when people ____.	Give the person across from you a compliment.	Share a characteristic you admire in yourself.	If you could be friends with any famous person in history who would it be and why?
Talk about someone you admire.	Don't follow followers	Enjoy personal growth	Describe your greatest strength	Share something you would like to do but haven't yet.
I feel good about myself when ____.	Describe something someone could do to make you happy.	FREE SPACE	My favorite part of the day is ____.	Say something positive about yourself.
Take care of yourself physically, emotionally, mentally and spiritually	Share a happy event in your life.	Share the greatest compliment you ever received.	Compliment the person to your left.	Enjoy healthy relationships
Compliment the person to your right.	Be goal oriented	Believe in yourself	Focus on your strengths not your weaknesses	Name something you would like to be better at.

Self-Esteem Bingo

Laugh at yourself- Enjoy Life	I feel good about myself when ____.	I am good at ____.	Share the greatest compliment you ever received.	Talk about 3 things you are grateful for.
Take care of yourself physically, emotionally, mentally and spiritually	Enjoy healthy relationships	Share something you would like to do but haven't yet.	Focus on your strengths not your weaknesses	Share a happy event in your life.
Share a characteristic you admire in yourself.	Name a personal accomplishment that made you proud.	FREE SPACE	Describe something someone could do to make you happy.	Name something you would like to be better at.
Give the person across from you a compliment.	Describe your greatest strength	Believe in yourself	Share a characteristic you admire in others.	Be goal oriented
If you could be friends with any famous person in history who would it be and why?	Describe your perfect vacation.	I feel best when people ____.	Be comfortable with change	My favorite part of the day is ____.

Self-Esteem Bingo

Name something you would like to be better at.	Share the greatest compliment you ever received.	My favorite part of the day is ____.	Give someone in the group a high five.	Give the person across from you a compliment.
Compliment the person to your right.	Share something you would like to do but haven't yet.	Share a characteristic you admire in yourself.	Be goal oriented	I am good at ____.
I am happiest when I ____.	Talk about someone you admire.	FREE SPACE	Say something positive about yourself.	Describe your greatest strength
I feel good about myself when ____.	If you could be friends with any famous person in history who would it be and why?	Laugh at yourself- Enjoy Life	Share a characteristic you admire in others.	Take care of yourself physically, emotionally, mentally and spiritually
Compliment the person to your left.	Share a happy event in your life.	Enjoy healthy relationships	Don't follow followers	Describe something someone could do to make you happy.

Self-Esteem Bingo

Give someone in the group a high five.	Compliment the person to your right.	Name something you would like to be better at.	Be comfortable with change	Share something you would like to do but haven't yet.
Describe your greatest strength	Take care of yourself physically, emotionally, mentally and spiritually	Don't follow followers	Laugh at yourself-Enjoy Life	Name a personal accomplishment that made you proud.
Be goal oriented	I feel best when people ----.	FREE SPACE	Believe in yourself	Share a characteristic you admire in others.
Focus on your strengths not your weaknesses	Say something positive about yourself.	Enjoy personal growth	Compliment the person to your left.	Describe something someone could do to make you happy.
I am good at ----.	Enjoy healthy relationships	If you could be friends with any famous person in history who would it be and why?	Share a happy event in your life.	Share the greatest compliment you ever received.

Self-Esteem Bingo

Give someone in the group a high five.	Believe in yourself	Share the greatest compliment you ever received.	Talk about someone you admire.	If you could be friends with any famous person in history who would it be and why?
Compliment the person to your left.	Talk about 3 things you are grateful for.	Describe something someone could do to make you happy.	Share a characteristic you admire in others.	Take care of yourself physically, emotionally, mentally and spiritually
I feel best when people ____.	Describe your greatest strength	FREE SPACE	Laugh at yourself-Enjoy Life	Give the person across from you a compliment.
I am good at ____.	Be comfortable with change	Share something you would like to do but haven't yet.	Focus on your strengths not your weaknesses	I feel good about myself when ____.
I am happiest when I ____.	Share a characteristic you admire in yourself.	Don't follow followers	My favorite part of the day is ____.	Name something you would like to be better at.

Self-Esteem Bingo

Compliment the person to your left.	Say something positive about yourself.	My favorite part of the day is _____.	I am happiest when I _____.	Share a characteristic you admire in others.
Share the greatest compliment you ever received.	Take care of yourself physically, emotionally, mentally and spiritually	Laugh at yourself- Enjoy Life	I feel best when people _____.	Describe your perfect vacation.
Talk about 3 things you are grateful for.	Share a happy event in your life.	FREE SPACE	Describe something someone could do to make you happy.	Focus on your strengths not your weaknesses
Enjoy personal growth	I am good at _____.	Describe your greatest strength	Be goal oriented	I feel good about myself when ____.
Share a characteristic you admire in yourself.	Give someone in the group a high five.	Enjoy healthy relationships	Give the person across from you a compliment.	Be comfortable with change

Self-Esteem Bingo

Say something positive about yourself.	If you could be friends with any famous person in history who would it be and why?	Enjoy personal growth	Talk about 3 things you are grateful for.	Don't follow followers
Be comfortable with change	Compliment the person to your left.	Name something you would like to be better at.	Be goal oriented	Share something you would like to do but haven't yet.
Talk about someone you admire.	Give someone in the group a high five.	FREE SPACE	Share a characteristic you admire in yourself.	Compliment the person to your right.
Share the greatest compliment you ever received.	I feel good about myself when ____.	Laugh at yourself- Enjoy Life	I am good at ____.	Name a personal accomplishment that made you proud.
Believe in yourself	Share a happy event in your life.	Describe your greatest strength	Describe something someone could do to make you happy.	Share a characteristic you admire in others.

Self-Esteem Bingo

Talk about someone you admire.	Don't follow followers	Share a characteristic you admire in yourself.	Give the person across from you a compliment.	Enjoy healthy relationships
Talk about 3 things you are grateful for.	My favorite part of the day is ____.	Share something you would like to do but haven't yet.	Be goal oriented	Describe something someone could do to make you happy.
Compliment the person to your right.	Focus on your strengths not your weaknesses	FREE SPACE	Give someone in the group a high five.	I am good at ____.
I feel good about myself when ____.	If you could be friends with any famous person in history who would it be and why?	Describe your greatest strength	Share a happy event in your life.	Say something positive about yourself.
I feel best when people ____.	Describe your perfect vacation.	Name a personal accomplishment that made you proud.	Take care of yourself physically, emotionally, mentally and spiritually	I am happiest when I ____.

Self-Esteem Bingo

Name something you would like to be better at.	I am happiest when I ____.	My favorite part of the day is ____.	Believe in yourself	I feel best when people ____.
Compliment the person to your left.	Share the greatest compliment you ever received.	Share a characteristic you admire in yourself.	Describe your perfect vacation.	Describe your greatest strength
Share something you would like to do but haven't yet.	Be goal oriented	FREE SPACE	Share a happy event in your life.	Be comfortable with change
Give the person across from you a compliment.	Share a characteristic you admire in others.	Enjoy healthy relationships	If you could be friends with any famous person in history who would it be and why?	Laugh at yourself- Enjoy Life
Talk about someone you admire.	Say something positive about yourself.	Focus on your strengths not your weaknesses	Give someone in the group a high five.	Name a personal accomplishment that made you proud.

Self-Esteem Bingo

Talk about someone you admire.	Believe in yourself	Name a personal accomplishment that made you proud.	Talk about 3 things you are grateful for.	Be goal oriented
If you could be friends with any famous person in history who would it be and why?	Describe something someone could do to make you happy.	I am good at ____.	Share the greatest compliment you ever received.	Don't follow followers
Describe your perfect vacation.	Laugh at yourself-Enjoy Life	FREE SPACE	Give someone in the group a high five.	Give the person across from you a compliment.
Take care of yourself physically, emotionally, mentally and spiritually	Say something positive about yourself.	Focus on your strengths not your weaknesses	I am happiest when I ____.	Share a characteristic you admire in others.
I feel best when people ____.	My favorite part of the day is ____.	I feel good about myself when ____.	Compliment the person to your left.	Share a characteristic you admire in yourself.

Self-Esteem Bingo

I feel best when people ____.	Describe your perfect vacation.	I am good at ____.	Give the person across from you a compliment.	Believe in yourself
Describe your greatest strength	Enjoy healthy relationships	Share something you would like to do but haven't yet.	Enjoy personal growth	Talk about 3 things you are grateful for.
Describe something someone could do to make you happy.	Name a personal accomplishment that made you proud.	FREE SPACE	Focus on your strengths not your weaknesses	Be goal oriented
Laugh at yourself- Enjoy Life	Share a characteristic you admire in others.	Say something positive about yourself.	Talk about someone you admire.	Share the greatest compliment you ever received.
Give someone in the group a high five.	If you could be friends with any famous person in history who would it be and why?	Name something you would like to be better at.	Don't follow followers	Share a happy event in your life.

Self-Esteem Bingo

Laugh at yourself- Enjoy Life	Compliment the person to your right.	Share a characteristic you admire in others.	Don't follow followers	Enjoy healthy relationships
Give the person across from you a compliment.	Compliment the person to your left.	Describe something someone could do to make you happy.	Talk about 3 things you are grateful for.	Share a characteristic you admire in yourself.
Say something positive about yourself.	I am good at ____.	FREE SPACE	Talk about someone you admire.	If you could be friends with any famous person in history who would it be and why?
My favorite part of the day is ____.	I feel best when people ____.	Describe your greatest strength	Describe your perfect vacation.	Be goal oriented
I am happiest when I ____.	Be comfortable with change	Name something you would like to be better at.	Enjoy personal growth	Believe in yourself

Self-Esteem Bingo

Enjoy healthy relationships	Compliment the person to your right.	Share a characteristic you admire in others.	Share the greatest compliment you ever received.	Focus on your strengths not your weaknesses
Talk about someone you admire.	Compliment the person to your left.	Laugh at yourself- Enjoy Life	Give the person across from you a compliment.	I feel good about myself when ____.
Enjoy personal growth	I am good at ____.	FREE SPACE	Describe your greatest strength	Share a happy event in your life.
Name a personal accomplishment that made you proud.	Be comfortable with change	Give someone in the group a high five.	I feel best when people ____.	I am happiest when I ____.
Be goal oriented	Name something you would like to be better at.	My favorite part of the day is ____.	Describe something someone could do to make you happy.	If you could be friends with any famous person in history who would it be and why?

Self-Esteem Bingo

Describe your perfect vacation.	Don't follow followers	Give someone in the group a high five.	I feel best when people ____.	Believe in yourself
I feel good about myself when ____.	Give the person across from you a compliment.	Name something you would like to be better at.	I am good at ____.	Describe something someone could do to make you happy.
Be goal oriented	Share the greatest compliment you ever received.	FREE SPACE	Compliment the person to your right.	Share something you would like to do but haven't yet.
My favorite part of the day is ____.	Enjoy personal growth	Talk about 3 things you are grateful for.	If you could be friends with any famous person in history who would it be and why?	Laugh at yourself-Enjoy Life
Share a characteristic you admire in others.	Describe your greatest strength	Take care of yourself physically, emotionally, mentally and spiritually	Say something positive about yourself.	Be comfortable with change

Self-Esteem Bingo

I am good at ____.	Focus on your strengths not your weaknesses	Be goal oriented	Describe your greatest strength	Say something positive about yourself.
Share a characteristic you admire in yourself.	Name something you would like to be better at.	Name a personal accomplishment that made you proud.	Take care of yourself physically, emotionally, mentally and spiritually	Share the greatest compliment you ever received.
Laugh at yourself-Enjoy Life	Share a happy event in your life.	FREE SPACE	Share a characteristic you admire in others.	Give the person across from you a compliment.
Be comfortable with change	I am happiest when I ____.	I feel good about myself when ____.	Give someone in the group a high five.	I feel best when people ____.
If you could be friends with any famous person in history who would it be and why?	Enjoy healthy relationships	Enjoy personal growth	Share something you would like to do but haven't yet.	Talk about someone you admire.

Self-Esteem Bingo

Give someone in the group a high five.	I am good at ____.	Talk about 3 things you are grateful for.	Compliment the person to your right.	Describe something someone could do to make you happy.
Share a characteristic you admire in others.	Say something positive about yourself.	Talk about someone you admire.	Believe in yourself	Describe your perfect vacation.
My favorite part of the day is ____.	Don't follow followers	FREE SPACE	Enjoy healthy relationships	Share the greatest compliment you ever received.
Be comfortable with change	Enjoy personal growth	Give the person across from you a compliment.	I feel best when people ____.	Focus on your strengths not your weaknesses
Share a characteristic you admire in yourself.	Share a happy event in your life.	Compliment the person to your left.	Name a personal accomplishment that made you proud.	I am happiest when I ____.

Self-Esteem Bingo

Focus on your strengths not your weaknesses	Believe in yourself	Be comfortable with change	Laugh at yourself-Enjoy Life	Compliment the person to your right.
Give the person across from you a compliment.	If you could be friends with any famous person in history who would it be and why?	I am good at ____.	Talk about someone you admire.	I am happiest when I ____.
I feel good about myself when ____.	Name something you would like to be better at.	FREE SPACE	Give someone in the group a high five.	Enjoy healthy relationships
Enjoy personal growth	My favorite part of the day is ____.	Don't follow followers	Describe your greatest strength	Share a characteristic you admire in yourself.
Share a happy event in your life.	Talk about 3 things you are grateful for.	Describe something someone could do to make you happy.	Describe your perfect vacation.	Share something you would like to do but haven't yet.

Self-Esteem Bingo

Describe your greatest strength	Share a characteristic you admire in yourself.	Enjoy personal growth	Enjoy healthy relationships	Share a characteristic you admire in others.
Compliment the person to your left.	Focus on your strengths not your weaknesses	Don't follow followers	Share the greatest compliment you ever received.	Compliment the person to your right.
I am happiest when I ____.	Give the person across from you a compliment.	FREE SPACE	Talk about someone you admire.	I feel good about myself when ____.
If you could be friends with any famous person in history who would it be and why?	Say something positive about yourself.	Share a happy event in your life.	My favorite part of the day is ____.	I feel best when people ____.
Describe something someone could do to make you happy.	Laugh at yourself- Enjoy Life	Be goal oriented	Describe your perfect vacation.	Talk about 3 things you are grateful for.

Self-Esteem Bingo

Describe your greatest strength	Take care of yourself physically, emotionally, mentally and spiritually	My favorite part of the day is _____.	Give the person across from you a compliment.	I am good at _____.
Be comfortable with change	I feel best when people _____.	Describe your perfect vacation.	Share something you would like to do but haven't yet.	I am happiest when I _____.
Believe in yourself	Give someone in the group a high five.	FREE SPACE	Share a characteristic you admire in others.	Talk about 3 things you are grateful for.
Share a happy event in your life.	Name a personal accomplishment that made you proud.	Don't follow followers	Laugh at yourself-Enjoy Life	Focus on your strengths not your weaknesses
Enjoy personal growth	Compliment the person to your left.	Name something you would like to be better at.	Talk about someone you admire.	Say something positive about yourself.

Self-Esteem Bingo

My favorite part of the day is _____.	Share the greatest compliment you ever received.	I am happiest when I _____.	Describe your perfect vacation.	I am good at _____.
If you could be friends with any famous person in history who would it be and why?	I feel good about myself when ____.	Name something you would like to be better at.	Give someone in the group a high five.	Be goal oriented
Share a characteristic you admire in yourself.	Compliment the person to your right.	FREE SPACE	Share a happy event in your life.	Describe something someone could do to make you happy.
Compliment the person to your left.	Share a characteristic you admire in others.	Enjoy healthy relationships	Say something positive about yourself.	Share something you would like to do but haven't yet.
Talk about someone you admire.	I feel best when people _____.	Laugh at yourself- Enjoy Life	Talk about 3 things you are grateful for.	Be comfortable with change

Self-Esteem Bingo

Focus on your strengths not your weaknesses	Be comfortable with change	Compliment the person to your right.	Enjoy healthy relationships	I am happiest when I ____.
Give someone in the group a high five.	I feel best when people ____.	Believe in yourself	Be goal oriented	Don't follow followers
Laugh at yourself- Enjoy Life	Say something positive about yourself.	FREE SPACE	Share a characteristic you admire in yourself.	Enjoy personal growth
If you could be friends with any famous person in history who would it be and why?	Name a personal accomplishment that made you proud.	Compliment the person to your left.	Give the person across from you a compliment.	Share something you would like to do but haven't yet.
Take care of yourself physically, emotionally, mentally and spiritually	Share the greatest compliment you ever received.	My favorite part of the day is ____.	Share a happy event in your life.	Talk about 3 things you are grateful for.

Self-Esteem Bingo

Enjoy healthy relationships	Enjoy personal growth	Be comfortable with change	Share a happy event in your life.	I feel best when people ____.
Compliment the person to your left.	My favorite part of the day is ____.	I feel good about myself when ____.	Say something positive about yourself.	Don't follow followers
Name something you would like to be better at.	Laugh at yourself-Enjoy Life	FREE SPACE	Take care of yourself physically, emotionally, mentally and spiritually	Focus on your strengths not your weaknesses
Talk about 3 things you are grateful for.	Share the greatest compliment you ever received.	Describe your greatest strength	Describe your perfect vacation.	Give the person across from you a compliment.
Share a characteristic you admire in others.	Share a characteristic you admire in yourself.	Name a personal accomplishment that made you proud.	I am happiest when I ____.	Share something you would like to do but haven't yet.

Self-Esteem Bingo

Describe your greatest strength	I feel good about myself when ____.	Name a personal accomplishment that made you proud.	Believe in yourself	Take care of yourself physically, emotionally, mentally and spiritually
Share a happy event in your life.	I am happiest when I ____.	I am good at ____.	Enjoy personal growth	Give someone in the group a high five.
Name something you would like to be better at.	Share a characteristic you admire in others.	FREE SPACE	Give the person across from you a compliment.	Describe your perfect vacation.
Compliment the person to your right.	Focus on your strengths not your weaknesses	Don't follow followers	I feel best when people ____.	Be comfortable with change
Compliment the person to your left.	Share a characteristic you admire in yourself.	Enjoy healthy relationships	Describe something someone could do to make you happy.	Share something you would like to do but haven't yet.

Self-Esteem Bingo

I feel good about myself when ____.	Give the person across from you a compliment.	Name something you would like to be better at.	Share a happy event in your life.	Compliment the person to your right.
Compliment the person to your left.	Share the greatest compliment you ever received.	Focus on your strengths not your weaknesses	Don't follow followers	Be comfortable with change
Enjoy healthy relationships	Say something positive about yourself.	FREE SPACE	Share something you would like to do but haven't yet.	Enjoy personal growth
Take care of yourself physically, emotionally, mentally and spiritually	I am good at ____.	Share a characteristic you admire in yourself.	Talk about 3 things you are grateful for.	Talk about someone you admire.
Believe in yourself	My favorite part of the day is ____.	Laugh at yourself-Enjoy Life	Name a personal accomplishment that made you proud.	Share a characteristic you admire in others.

Self-Esteem Bingo

Be comfortable with change	Describe your perfect vacation.	Enjoy healthy relationships	Talk about someone you admire.	Describe your greatest strength
Laugh at yourself-Enjoy Life	Be goal oriented	Say something positive about yourself.	Focus on your strengths not your weaknesses	Enjoy personal growth
My favorite part of the day is ____.	Compliment the person to your right.	FREE SPACE	Share a characteristic you admire in yourself.	Take care of yourself physically, emotionally, mentally and spiritually
I feel best when people ____.	Compliment the person to your left.	Give someone in the group a high five.	I am happiest when I ____.	I feel good about myself when ____.
Name a personal accomplishment that made you proud.	Give the person across from you a compliment.	Share a characteristic you admire in others.	Share the greatest compliment you ever received.	Share something you would like to do but haven't yet.

Self-Esteem Bingo

Give someone in the group a high five.	Say something positive about yourself.	Describe your perfect vacation.	Name something you would like to be better at.	Take care of yourself physically, emotionally, mentally and spiritually
Share a happy event in your life.	Give the person across from you a compliment.	Share the greatest compliment you ever received.	Be comfortable with change	Be goal oriented
Share a characteristic you admire in others.	My favorite part of the day is _____.	FREE SPACE	Name a personal accomplishment that made you proud.	Share something you would like to do but haven't yet.
Compliment the person to your right.	Focus on your strengths not your weaknesses	I feel good about myself when ____.	Compliment the person to your left.	Talk about 3 things you are grateful for.
Share a characteristic you admire in yourself.	Talk about someone you admire.	Don't follow followers	If you could be friends with any famous person in history who would it be and why?	I am happiest when I _____.

Self-Esteem Bingo

If you could be friends with any famous person in history who would it be and why?	Say something positive about yourself.	Enjoy personal growth	I feel best when people ____.	Talk about 3 things you are grateful for.
Share a happy event in your life.	Describe your greatest strength	Take care of yourself physically, emotionally, mentally and spiritually	Share a characteristic you admire in yourself.	Name something you would like to be better at.
Name a personal accomplishment that made you proud.	My favorite part of the day is ____.	FREE SPACE	Be comfortable with change	Share something you would like to do but haven't yet.
Compliment the person to your left.	I feel good about myself when ____.	Laugh at yourself- Enjoy Life	I am good at ____.	Don't follow followers
Believe in yourself	Compliment the person to your right.	Enjoy healthy relationships	Describe something someone could do to make you happy.	Give the person across from you a compliment.

Self-Esteem Bingo

Take care of yourself physically, emotionally, mentally and spiritually	Enjoy personal growth	Share a characteristic you admire in yourself.	Believe in yourself	Name a personal accomplishment that made you proud.
Share a happy event in your life.	Talk about 3 things you are grateful for.	Share the greatest compliment you ever received.	Be comfortable with change	Compliment the person to your right.
Describe your perfect vacation.	Be goal oriented	FREE SPACE	Focus on your strengths not your weaknesses	Compliment the person to your left.
Don't follow followers	Share something you would like to do but haven't yet.	Give the person across from you a compliment.	I am good at ____.	Share a characteristic you admire in others.
Name something you would like to be better at.	Laugh at yourself- Enjoy Life	Describe your greatest strength	I feel good about myself when ____.	Describe something someone could do to make you happy.

Self-Esteem Bingo

Describe your perfect vacation.	I am happiest when I ____.	Be goal oriented	Describe your greatest strength	I am good at ____.
Name something you would like to be better at.	My favorite part of the day is ____.	Describe something someone could do to make you happy.	Share a happy event in your life.	Say something positive about yourself.
Enjoy personal growth	Share something you would like to do but haven't yet.	FREE SPACE	If you could be friends with any famous person in history who would it be and why?	Talk about someone you admire.
Compliment the person to your right.	Give the person across from you a compliment.	Give someone in the group a high five.	Share the greatest compliment you ever received.	Believe in yourself
Focus on your strengths not your weaknesses	Laugh at yourself- Enjoy Life	I feel good about myself when ____.	Enjoy healthy relationships	Compliment the person to your left.