#### **Healthy Relationships Bingo**

#### myfreebingocards.com

#### Safety First!

Before you print all your bingo cards, please print a test page to check they come out the right size and color. Your bingo cards start on Page 3 of this PDF.

If your bingo cards have words then please check the spelling carefully.

If you need to make any changes go to mfbc.us/e/a856ab

#### Play

Once you've checked they are printing correctly, print off your bingo cards and start playing! On the next page you will find the "Bingo Caller's Card" - this is used to call the bingo and keep track of which words have been called. Your bingo cards start on Page 3.

#### **Virtual Bingo**

Please do not try to split this PDF into individual bingo cards to send out to players. We have tools on our site to send out links to individual bingo cards. For help go to <u>myfreebingocards.com/virtual-bingo</u>.

#### Help

If you're having trouble printing your bingo cards or using the bingo card generator then please go to <u>https://myfreebingocards.com/faq</u> where you will find solutions to most common problems.

#### Share

Pin these bingo cards on Pinterest, share on Facebook, or post this link: mfbc.us/s/a856ab

#### **Edit and Create**

To add more words or make changes to this set of bingo cards go to mfbc.us/e/a856ab

Go to myfreebingocards.com/bingo-card-generator to create a new set of bingo cards.

#### Legal

The terms of use for these printable bingo cards can be found at <u>myfreebingocards.com/terms</u>.

#### Have Fun!

If you have any feedback or suggestions, drop us an email on hello@myfreebingocards.com.

#### **Bingo Caller's Card**

Use your Bingo Caller's Card to call the bingo and keep track of which words you have already called.

Print two copies of the caller's card. Cut one copy up, fold the squares in half, and put them in a hat. To call the bingo, pull a square out of the hat, unfold it and read it out.

When you have called a word/number, tick it off on the second copy of the caller's card. You can use the second copy of the caller's card to check if a player has a winning card during a game.

Open Communication	Feeling left out	Safety	Comparing yourself	Respecting differences	Dependence	Trust
Dishonesty	Problem- solving	Compromising	Control	Balancing relationship and self- care	FREE SPACE	Non- judgmental
Focusing on strengths	Jealousy	Supporting goals	Working together not against eachother	Blaming	Understanding boundaries	Taking time to learn about one another
Having some of the same interests	Ignoring	Being nervous to talk about your feelings	Keeping promises			

Respecting differences	Blaming	lgnoring	Control	Non- judgmental
Focusing on strengths	Open Communication	Safety	Keeping promises	Compromising
Supporting goals	Dependence	Trust	Being nervous to talk about your feelings	Understanding boundaries
FREE SPACE	Balancing relationship and self- care	Having some of the same interests	Working together not against eachother	Feeling left out
Dishonesty	Comparing yourself	Problem- solving	Jealousy	Taking time to learn about one another
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Safety	Jealousy	Open Communication	Respecting differences	FREE SPACE
Focusing on strengths	Dependence	Problem- solving	Supporting goals	Control
Understanding boundaries	Feeling left out	Comparing yourself	Being nervous to talk about your feelings	Having some of the same interests
Compromising	Blaming	Trust	Balancing relationship and self- care	lgnoring
Non- judgmental	Dishonesty	Taking time to learn about one another	Keeping promises	Working together not against eachother
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Problem- solving	Keeping promises	Safety	Feeling left out	Having some of the same interests
Taking time to learn about one another	Control	Working together not against eachother	Blaming	Trust
Dependence	Jealousy	Respecting differences	Being nervous to talk about your feelings	Open Communication
Dishonesty	Supporting goals	Balancing relationship and self- care	FREE SPACE	Understanding boundaries
Non- judgmental	Ignoring	Focusing on strengths	Compromising	Comparing yourself

Trust	Ignoring	Supporting goals	Compromising	Jealousy
Being nervous to talk about your feelings	Keeping promises	Non- judgmental	Understanding boundaries	Safety
Respecting differences	Problem- solving	Working together not against eachother	Dependence	Comparing yourself
Feeling left out	FREE SPACE	Control	Taking time to learn about one another	Focusing on strengths
Open Communication	Blaming	Having some of the same interests	Balancing relationship and self- care	Dishonesty

Ignoring	Compromising	Trust	Dependence	Balancing relationship and self- care
FREE SPACE	Safety	Open Communication	Being nervous to talk about your feelings	Taking time to learn about one another
Working together not against eachother	Blaming	Understanding boundaries	Focusing on strengths	Having some of the same interests
Control	Comparing yourself	Keeping promises	Feeling left out	Respecting differences
Dishonesty	Supporting goals	Problem- solving	Jealousy	Non- judgmental
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Ignoring	Blaming	Respecting differences	Control	Working together not against eachother
Comparing yourself	Open Communication	Dependence	Jealousy	Safety
Keeping promises	Balancing relationship and self- care	Problem- solving	Non- judgmental	Having some of the same interests
FREE SPACE	Supporting goals	Trust	Understanding boundaries	Focusing on strengths
Feeling left out	Taking time to learn about one another	Compromising	Being nervous to talk about your feelings	Dishonesty

Understanding boundaries	Comparing yourself	Non- judgmental	Supporting goals	Working together not against eachother
Dishonesty	Safety	Open Communication	Control	Having some of the same interests
Dependence	Problem- solving	Focusing on strengths	Being nervous to talk about your feelings	Keeping promises
Ignoring	Jealousy	Feeling left out	Balancing relationship and self- care	Trust
Respecting differences	FREE SPACE	Compromising	Taking time to learn about one another	Blaming
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Understanding boundaries	Respecting differences	FREE SPACE	Focusing on strengths	Balancing relationship and self- care
Comparing yourself	Trust	Being nervous to talk about your feelings	lgnoring	Compromising
Safety	Problem- solving	Keeping promises	Dependence	Control
Taking time to learn about one another	Blaming	Working together not against eachother	Having some of the same interests	Non- judgmental
Feeling left out	Dishonesty	Open Communication	Jealousy	Supporting goals

FREE SPACE	Feeling left out	Jealousy	Supporting goals	Being nervous to talk about your feelings
Ignoring	Compromising	Control	Having some of the same interests	Respecting differences
Problem- solving	Keeping promises	Understanding boundaries	Dependence	Open Communication
Taking time to learn about one another	Dishonesty	Non- judgmental	Comparing yourself	Focusing on strengths
Balancing relationship and self- care	Safety	Blaming	Working together not against eachother	Trust

Trust	Supporting goals	Non- judgmental	Blaming	Comparing yourself
Open Communication	Dishonesty	Dependence	Being nervous to talk about your feelings	Balancing relationship and self- care
Jealousy	Working together not against eachother	Respecting differences	Feeling left out	Safety
Having some of the same interests	Understanding boundaries	Ignoring	Taking time to learn about one another	Compromising
Focusing on strengths	Problem- solving	FREE SPACE	Control	Keeping promises

Blaming	Taking time to learn about one another	Respecting differences	Being nervous to talk about your feelings	Control
Keeping promises	FREE SPACE	Ignoring	Jealousy	Safety
Dishonesty	Understanding boundaries	Non- judgmental	Working together not against eachother	Having some of the same interests
Open Communication	Problem- solving	Supporting goals	Comparing yourself	Trust
Balancing relationship and self- care	Dependence	Compromising	Focusing on strengths	Feeling left out

Open Communication	Dishonesty	Keeping promises	Blaming	Dependence
Feeling left out	Jealousy	Focusing on strengths	Taking time to learn about one another	Control
Having some of the same interests	Safety	Being nervous to talk about your feelings	Working together not against eachother	Understanding boundaries
Ignoring	Trust	Respecting differences	FREE SPACE	Comparing yourself
Balancing relationship and self- care	Problem- solving	Non- judgmental	Supporting goals	Compromising

Safety	Working together not against eachother	Compromising	FREE SPACE	Feeling left out
Jealousy	Comparing yourself	Control	Understanding boundaries	Keeping promises
Open Communication	Supporting goals	Respecting differences	Dependence	Dishonesty
Balancing relationship and self- care	Non- judgmental	Being nervous to talk about your feelings	Focusing on strengths	Trust
Blaming	Having some of the same interests	Ignoring	Taking time to learn about one another	Problem- solving
Diaming			one	

Feeling left out	Working together not against eachother	Compromising	Having some of the same interests	Jealousy
Comparing yourself	Safety	Problem- solving	Focusing on strengths	Keeping promises
Dependence	Taking time to learn about one another	Open Communication	Balancing relationship and self- care	Ignoring
Non- judgmental	Being nervous to talk about your feelings	Trust	Control	Supporting goals
Respecting differences	Understanding boundaries	FREE SPACE	Dishonesty	Blaming

Dishonesty	FREE SPACE	Ignoring	Open Communication	Blaming
Problem- solving	Trust	Jealousy	Control	Being nervous to talk about your feelings
Keeping promises	Compromising	Supporting goals	Safety	Respecting differences
Working together not against eachother	Focusing on strengths	Dependence	Understanding boundaries	Balancing relationship and self- care
Taking time to learn about one another	Comparing yourself	Non- judgmental	Having some of the same interests	Feeling left out

Being nervous to talk about your feelings	Keeping promises	Having some of the same interests	Understanding boundaries	Dependence
Trust	Taking time to learn about one another	Safety	Working together not against eachother	Jealousy
Problem- solving	Non- judgmental	Balancing relationship and self- care	Ignoring	Feeling left out
Open Communication	Respecting differences	Focusing on strengths	FREE SPACE	Supporting goals
Compromising	Dishonesty	Blaming	Control	Comparing yourself

Ignoring	Keeping promises	Control	Understanding boundaries	Working together not against eachother
Compromising	Dishonesty	Blaming	Supporting goals	FREE SPACE
Feeling left out	Jealousy	Balancing relationship and self- care	Focusing on strengths	Open Communication
Having some of the same interests	Comparing yourself	Taking time to learn about one another	Non- judgmental	Problem- solving
Respecting differences	Trust	Being nervous to talk about your feelings	Dependence	Safety

Having some of the same interests	Blaming	Balancing relationship and self- care	Compromising	Safety
Jealousy	Respecting differences	Keeping promises	Non- judgmental	Problem- solving
Trust	Ignoring	Focusing on strengths	Feeling left out	FREE SPACE
Supporting goals	Dependence	Dishonesty	Control	Comparing yourself
Being nervous to talk about your feelings	Open Communication	Taking time to learn about one another	Understanding boundaries	Working together not against eachother

Dependence	Focusing on strengths	Working together not against eachother	Having some of the same interests	Feeling left out
Comparing yourself	FREE SPACE	Compromising	Jealousy	Non- judgmental
Problem- solving	Understanding boundaries	Respecting differences	Control	Supporting goals
Open Communication	Dishonesty	Safety	Being nervous to talk about your feelings	Balancing relationship and self- care
Ignoring	Taking time to learn about one another	Keeping promises	Trust	Blaming

Jealousy	Supporting goals	Dependence	Keeping promises	Balancing relationship and self- care
Open Communication	Non- judgmental	Dishonesty	lgnoring	Blaming
Working together not against eachother	Taking time to learn about one another	Focusing on strengths	Having some of the same interests	FREE SPACE
Safety	Comparing yourself	Trust	Understanding boundaries	Problem- solving
Being nervous to talk about your feelings	Control	Compromising	Feeling left out	Respecting differences
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Supporting goals	Non- judgmental	Keeping promises	Dishonesty	Respecting differences
Problem- solving	Ignoring	Trust	Compromising	Being nervous to talk about your feelings
Comparing yourself	Control	Understanding boundaries	Working together not against eachother	Feeling left out
Open Communication	Safety	Balancing relationship and self- care	Jealousy	Having some of the same interests
Dependence	Blaming	Focusing on strengths	Taking time to learn about one another	FREE SPACE
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Having some of the same interests	Balancing relationship and self- care	Compromising	Feeling left out	Non- judgmental
Ignoring	Open Communication	Blaming	FREE SPACE	Being nervous to talk about your feelings
Understanding boundaries	Safety	Taking time to learn about one another	Focusing on strengths	Respecting differences
Comparing yourself	Jealousy	Supporting goals	Control	Dishonesty
Trust	Working together not against eachother	Problem- solving	Keeping promises	Dependence
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Focusing on strengths	Feeling left out	Balancing relationship and self- care	Open Communication	Comparing yourself
Supporting goals	Understanding boundaries	Problem- solving	Trust	FREE SPACE
Safety	Having some of the same interests	Dependence	Dishonesty	Working together not against eachother
Jealousy	Taking time to learn about one another	Non- judgmental	Keeping promises	Compromising
Control	Respecting differences	Being nervous to talk about your feelings	Blaming	Ignoring

Taking time to learn about one another	Problem- solving	Dependence	Blaming	Focusing on strengths
Non- judgmental	Keeping promises	Working together not against eachother	Trust	lgnoring
Jealousy	Dishonesty	Compromising	Having some of the same interests	FREE SPACE
Open Communication	Balancing relationship and self- care	Comparing yourself	Feeling left out	Control
Respecting differences	Supporting goals	Being nervous to talk about your feelings	Safety	Understanding boundaries

Problem- solving	Jealousy	Trust	Compromising	Comparing yourself
FREE SPACE	Having some of the same interests	Balancing relationship and self- care	Feeling left out	Understanding boundaries
Focusing on strengths	Keeping promises	Blaming	Supporting goals	Taking time to learn about one another
Safety	Working together not against eachother	Control	Respecting differences	Non- judgmental
Dishonesty	Ignoring	Open Communication	Being nervous to talk about your feelings	Dependence

Balancing relationship and self- care	Dishonesty	Feeling left out	Safety	Dependence
Being nervous to talk about your feelings	Understanding boundaries	Having some of the same interests	Supporting goals	Focusing on strengths
Compromising	Open Communication	Ignoring	Comparing yourself	Non- judgmental
Problem- solving	Taking time to learn about one another	Jealousy	Working together not against eachother	Keeping promises
Respecting differences	FREE SPACE	Blaming	Control	Trust

Ignoring	Dishonesty	Understanding boundaries	Trust	Jealousy
Supporting goals	Being nervous to talk about your feelings	Balancing relationship and self- care	Working together not against eachother	Taking time to learn about one another
Compromising	Problem- solving	Having some of the same interests	Comparing yourself	Respecting differences
FREE SPACE	Non- judgmental	Keeping promises	Feeling left out	Focusing on strengths
Blaming	Open Communication	Safety	Control	Dependence
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Focusing on strengths	Respecting differences	Understanding boundaries	Open Communication	Dependence
Supporting goals	Taking time to learn about one another	Trust	Balancing relationship and self- care	Keeping promises
Comparing yourself	Problem- solving	Safety	Feeling left out	FREE SPACE
Compromising	Blaming	Dishonesty	Control	Jealousy
Working together not against eachother	Non- judgmental	Being nervous to talk about your feelings	Having some of the same interests	Ignoring

Focusing on strengths	Blaming	Taking time to learn about one another	Balancing relationship and self- care	Compromising
Dishonesty	Being nervous to talk about your feelings	Comparing yourself	Having some of the same interests	FREE SPACE
Jealousy	Keeping promises	Working together not against eachother	Trust	Dependence
Problem- solving	Safety	Supporting goals	Control	Understanding boundaries
Non- judgmental	Open Communication	Respecting differences	Feeling left out	lgnoring
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Non- judgmental	Dishonesty	Being nervous to talk about your feelings	Dependence	Trust
Control	Keeping promises	Supporting goals	Focusing on strengths	Understanding boundaries
Respecting differences	Jealousy	Ignoring	Compromising	Blaming
Having some of the same interests	Safety	Problem- solving	Feeling left out	Comparing yourself
Balancing relationship and self- care	Taking time to learn about one another	Open Communication	FREE SPACE	Working together not against eachother