

# Dad Guilt Bingo

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On the next page is a sheet for the bingo caller that contains of all the words that appear on the cards.

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## Have Fun!

If you have any feedback or suggestions, drop us an email on [hello@myfreebingocards.com](mailto:hello@myfreebingocards.com).

# Bingo Caller's Card

had a great night's sleep	can't breastfeed	forgot kid's date of birth	got home late
didn't put kid(s) to bed	shouted at kid	hummm...	that's about it
no more guilt I can think of	life's pretty good	maybe I'll watch some TV	is that a kid crying?
shall I pretend I can't hear it?	just need to wait it out a bit	yep she's got it	life is sweet

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